



**MARK OFF YOUR
COMPLETED WORK**

WEEKLY STUDY SCHEDULE



PALM BEACH
CURRUMBIN
STATE HIGH

SUBJECT 1:	SUBJECT 2:	SUBJECT 3:
SUBJECT 4:	SUBJECT 5:	SUBJECT 6:

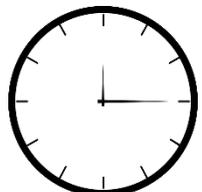
Make sure you get 6-8 hours of sleep each night



Feed your body the right fuel for work



Plan timeframes and use them efficiently



Set time aside to enjoy the things you love

