

Rutgers Student Health Policy Medical Excuse Notes

Rutgers Student Health does not provide medical excuse notes for minor illness or injury or notes verifying a visit to a health center. If you will be absent from a class, lab, or exam for any reason, please report your absence using the online student absence reporting system <https://sims.rutgers.edu/ssra/>.

It is up to your instructors to determine how to handle your absence from classes, labs, or exams. Reporting your absence does not "excuse" you. It notifies your instructors, a courtesy that provides an opportunity for you to contact your instructor directly about missed work. In addition to reporting your absence online, we encourage you to contact your instructors directly.

If your absence creates an issue that cannot be resolved with the professor directly, we encourage you to contact the Dean of Students at 848-932-2300 for assistance.

For students with significant prolonged illnesses, such as chickenpox when the student must be out until all lesions are scabbed over or a hospitalization, we do provide notes. The current policy to not provide medical excuse notes for students with minor illness or injury has been in place since 2010 and is consistent with recommendations from the American College Health Association (ACHA) and is similar to policies at other universities.