

The Adult Psychotherapy

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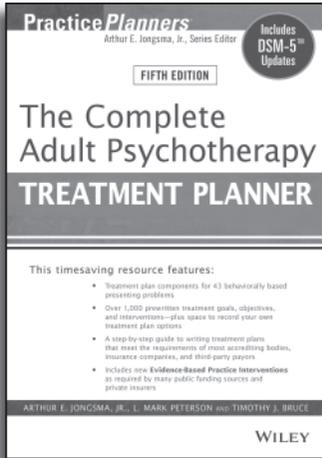
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ARTHUR E. JONGSMA, JR. AND DAVID J. BERGHUIS

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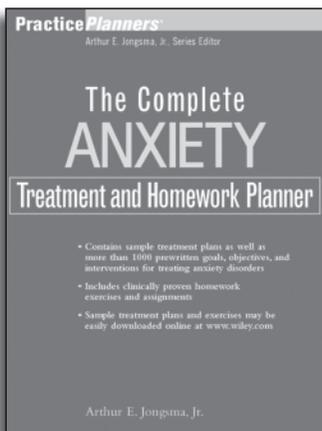
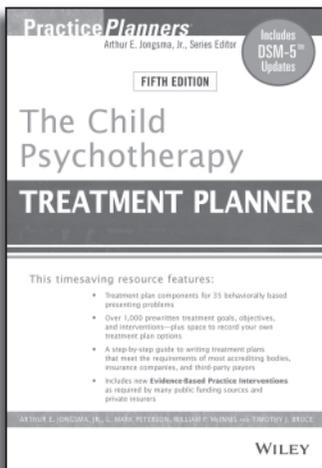
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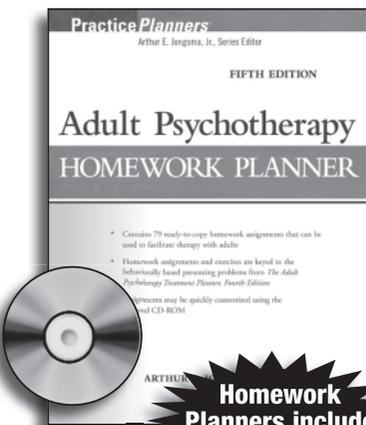


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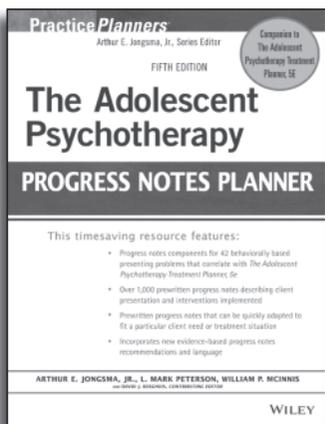
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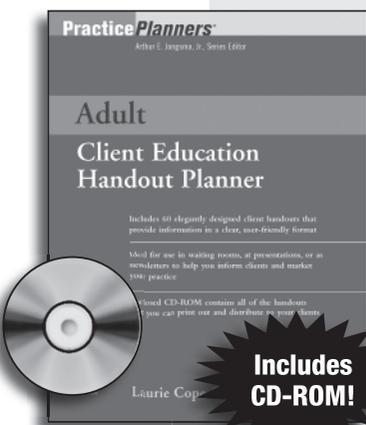
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PracticePlanners®

The Adult Psychotherapy Progress Notes Planner

Fifth Edition

Arthur E. Jongsma, Jr.

David J. Berghuis

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Published simultaneously in Canada.

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Library of Congress Cataloging-in-Publication Data:

Jongsma, Arthur E., Jr., 1943- author.

The adult psychotherapy progress notes planner / Arthur E. Jongsma, Jr., David J. Berghuis. -- Fifth edition.

1 online resource. -- (Practice planners series)

ISBN 978-1-118-41872-7 (ebk.) -- ISBN 978-1-118-41586-3 (ebk.) -- ISBN 978-1-118-06675-1 (pbk.)

1. Psychotherapy--Handbooks, manuals, etc. 2. Medical records--Handbooks, manuals, etc. 3. Adulthood--Psychological aspects--Handbooks, manuals, etc. 4. Mental illness--Treatment--Handbooks, manuals, etc. I. Berghuis, David J., author. II. Title.

RC480.5

616.89'14--dc23

2013034489

Printed in the United States of America

10 9 8 7 6 5 4 3 2 1

*To my manuscript manager, Sue Rhoda, who has brought to the task wonderful organizational skills
and a genuine warmth and pleasantness.*

Arthur E. Jongsma, Jr.

To my wife, Barbara, with all my love.

David J. Berghuis

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PRACTICEPLANNERS® SERIES PREFACE

Accountability is an important dimension of the practice of psychotherapy. Treatment programs, public agencies, clinics, and practitioners must justify and document their treatment plans to outside review entities in order to be reimbursed for services. The books and software in the *PracticePlanners*® series are designed to help practitioners fulfill these documentation requirements efficiently and professionally.

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ARTHUR E. JONGSMA, JR.
Grand Rapids, Michigan

ACKNOWLEDGMENTS

Again, I am deeply indebted to David Berghuis, who managed the project of updating this fifth edition of *The Adult Psychotherapy Progress Notes Planner*. He is responsible for modifying the evidence-based chapters to make them coordinate exactly with the new fifth edition of *The Complete Adult Psychotherapy Treatment Planner*. Thank you, Dave, for your fine work.

A.E.J.