



## Earn a Yoga Specialty Certification

- 1) Purchase and complete NETA's Yoga Teacher Training home study course, 12 credits, course #9212, \$139
- 2) Obtain 18 CEC's from the following home study courses:
  - a) Dancing with Divinity Positive Affirmations, 4 credits, course #9111, \$59
  - b) Yoga Anatomy, 6 credits, course #9125, \$79
  - c) Hatha Yoga, Course, 6 credits, course#935, \$79
  - d) The Vinyasa Specialist, 12 credits, course #9133, \$149
  - e) Movement Through The Chakras, 4 credits, course #9147, \$69
  - f) Enlighten Your Body, 20 credits, course #9103, \$219
  - g) Holistic Fitness, 20 credits, course #9131, \$239
  - h) Practical Yoga for Personal Trainers, 22 credits, course #949, \$219
  - i) The Mind/Body Guide to Wellness, 4 credits, course #9169, \$59
  - j) Yoga for Menopause, 20 credits, course #9207, \$229
  - k) New Ideas for today's Yoga Class, 12 credits, course #9174, \$139
  - l) Yoga for Wellness Coaching, 14 credits, course #9228, \$209
  - m) Dynamic Alignment Through Imagery, 20 credits, course #9205, \$199
- 3) Provide proof of completion to NETA

### To get your Specialty Yoga Certification:

- Fill out this form completely
- Submit a certificate of completion for the Intro to Teaching Yoga Correspondence Course
- Submit copies of a minimum of 18 CEC credits from the yoga courses listed under step 2 above

<b>Name:</b>	<b>Customer #:</b>	<b>Phone #:</b>	
<b>Street Address:</b>			
<b>City:</b>		<b>State:</b>	<b>Zip:</b>

Course #	Completion Date	# of CEC's Awarded

### Send to NETA (choose one of the following):

- Mail to NETA 5955 Golden Valley Road, Suite 240 Minneapolis, MN 55422.
- Fax to: 763-545-2524.

Your Yoga Specialty Certificate will be mailed to you. Please allow 2-4 weeks for processing.

For more information, contact customer service at 1-800-237-6242 (1-800-AEROBIC)