



Cosmetology (COS)

Program Information

Cosmetology is the study or art of cosmetics and its use. However, in the last 35 years, the word cosmetology has become the study or art of cosmetics and its use. However, in the last 35 years, the word cosmetology has come to be accepted as the study and art of improving a person's appearance. This includes hair, nails, and make-up. Cosmetologists today must know not only how to improve their client's appearance, but also about the chemicals being used that affect the skin, hair and health of the client.

The doors of opportunity are more open today in this career than at any time in history. A cosmetologist, as in any other profession of artistry, is limited only by imagination and education. Cosmetologists' shampoo, cut, style, relax, permanently wave, and color hair. Additionally, cosmetologists are trained and educated to give manicures and pedicures, as well as scalp and facial treatments.

Work ethics are an integral part of the cosmetology program at Trenholm State Community College. Courses such as Business of Cosmetology and Career and Personal Development are essential for the student to own and manage a business as well as work with the public. The goal of the Trenholm State Cosmetology program is to educate students with the knowledge needed to obtain an Alabama State Board of Cosmetology and Barbering license and to maintain and build a great means of providing for themselves and their families.

The Alabama State Board of Cosmetology and Barbering requires a written and practical examination to obtain a license to provide cosmetology services to the public in Alabama. To be eligible to apply for this license, the student must successfully complete 1,200 credit unit hours or 1,500 actual clock hours at an accredited cosmetology school. *If a student begins, but does not complete the Cosmetology program, earned hours or grades are only valid or

transferrable for up to one year from the date of the last term hours were earned. If the student returns to complete the program, and they have not been enrolled for more than twelve months from the term of the last earned hours, the student must start the program from the beginning.

Note: This is a clock hour program subject to the U. S. Department of Education revised regulations regarding Pell grant disbursement, effective July 1, 2011.

*Additional information regarding Cosmetology Instructor Training: Applicants for the CIT program must submit a departmental application and complete both an oral and a practical interview and score satisfactorily on these items before being admitted to the program. You must also have a minimum of four years' salon experience as a licensed Cosmetologist in an ABOCB registered salon. *The CIT program is an independent study program.

Occupational Choices

Licensed cosmetologists in the state of Alabama are qualified to work in hair salons, nail salons, skin care facilities, day spas, and full service salons both private and public. The number of hours required to obtain the Alabama Cosmetology license, is the same number required for several other states within the United States.

Sources: Bureau of Labor and Statistics Occupational Outlook Handbook, 2015-2016 Edition, 2014 Survey; Alabama Board of Cosmetology Statutes and Regulations, 2015 Edition; www.beautyschooldirectory.com

Average Full-Time Wage

The earning capacity of a cosmetologist is open-ended. One may hold varied skills or may specialize in one of two fields. In 2015, the average full-time annual wage for a cosmetologist was \$23,660 to \$47,410. However, there are many whose earnings can and do exceed this base of earnings many times over.

Source: Bureau of Labor and Statistics Occupational Outlook Handbook, 2015-2016 Edition, 2014 Survey

Estimated Program Length & Cost *

Award	Length	Credit Hours	Tuition Fees	Books	Tools	Supplies
Certificate	5 Terms	58	\$8,410	\$1,115	\$860	\$485
Short Term Certificate	2-3 Terms	25	\$3,625	\$530	\$860	\$485
Short Term Certificate	2-3 Terms	22	\$3,190	\$518	\$860	\$485
Short Term Certificate	2-3 Terms	19	\$2,755	\$244	\$860	\$485

* Tax not included. Prices are subject to change without prior notice; cost of books may vary considerably among suppliers. Cost of general education books is in addition to the total listed above. The length of the program is based on full-time status of 12-15 credit hours per term. Enrollment in transitional level general education courses will alter the length of the program.

Additional Requirements

A student shall be at least 16 years of age and shall have an education equivalent to the completion of 10 grades in school.

Awards Available

Certificate

Cosmetology

Short Term Certificate

Cosmetology

Cosmetology Hairshaping and Cosmetic
Applications Concentration

Cosmetology Chemical Applications
Concentration

Short Term Certificate

Cosmetology Instructor Training
(Not Pell Grant Eligible)

Program Contact

Tamara Ward

Program Coordinator/Instructor
334-420-4354

Location: Service Occupations Building
6240 Brewbaker Blvd

As part of ongoing planning and evaluation, the
College regularly evaluates student learning
outcomes for each program.

Certificate Cosmetology

General Education Requirements (9 hours)

Area I - Written Composition (3 hours)

ENG-100	Vocational Technical English I *	3
ENG-101	English Composition I	3
ENG-102	English Composition II	3
ENG-130	Technical Report Writing	3

Area II - Humanities & Fine Arts (3 hours)

(Humanities and Arts disciplines include but are not limited to: Area/Ethnic Studies, Art and Art History, Foreign Languages, Music and Music History, Philosophy, Ethics, Religious Studies, Theater and Dance.)

Note: If SPH-103, SPH-106, SPH-107, SPA-101 or SPA-102 has been taken an additional 3 semester hours in Humanities and Fine Arts must be taken to satisfy requirements in Area II.

Arts:

ART-100	Art Appreciation	3
MUS-101	Music Appreciation	3

Humanities:

PHL-106	Intro to Philosophy	3
PHL-200	Ethics in the Workplace	3
PHL-206	Ethics & Society	3
PHL-210	Ethics and the Health Sciences	3
REL-100	History of World Religions	3
REL-151	Survey of Old Testament	3
REL-152	Survey of New Testament	3
SPA-101	Intro Spanish I	3
SPA-102	Intro Spanish II	3
SPC-103	Oral Communication Skills *	3
SPH-106	Fundamentals of Oral Comm	3
SPH-107	Fundamentals of Public Speaking	3

Literature:

ENG-251	American Literature I	3
ENG-252	American Literature II	3
ENG-261	English Literature I	3
ENG-262	English Literature II	3
ENG-271	World Literature I	3
ENG-272	World Literature II	3

Area III - Natural Science & Mathematics (3 hours)

(In addition to Mathematics, disciplines in the Natural Sciences include: Astronomy, Biological Sciences, Chemistry, Geology, Physical Geography, Earth Science, Physics, and Physical Science.)

Note: 3 semester hours in MTH must be completed.

Mathematics:

MAH-101	Introductory Mathematics I *	3
MTH-100	Intermediate Algebra	3
MTH-103	Intro to Technical Mathematics	3
MTH-104	Plane Trigonometry	3
MTH-110	Finite Mathematics	3
MTH-112	Precalculus Algebra	3
MTH-116	Mathematical Applications	3

Natural Sciences:

BIO-101	Introduction to Biology I	4
BIO-102	Introduction to Biology II	4
BIO-103	Principles of Biology I	4
BIO-104	Principles of Biology II	4
BIO-201	Human Anatomy & Physiology I	4
BIO-202	Human Anatomy & Physiology II	4
PHS-111	Physical Science I	4

PHS-112	Physical Science II	4
PHY-120	Introduction to Physics	4

Area IV - History, Social & Behavioral Sciences**(0 hours):**

(Social and Behavioral Sciences include, but are not limited to: Anthropology, Economics, Geography, Political Science, Psychology, and Sociology.)

History:

HIS-101	Western Civilization I	3
HIS-102	Western Civilization I	3
HIS-121	World History I	3
HIS-122	World History II	3
HIS-201	United States History I	3
HIS-202	United States History II	3

Social and Behavioral Sciences:

PSY-200	General Psychology	3
PSY-210	Human Growth and Development	3
SOC-200	Introduction to Sociology	3
POL-200	Introduction to Political Science	3
POL-211	American National Government	3

* These courses are required for students without a high school diploma or GED.

Area V: Pre-Professional/College Requirements:

(Courses appropriate to the degree requirements and major of the individual student and electives.)

College Requirements:

ORI-101	Orientation to College	1
CIS-103	Intro to Computer Skills II * or CIS-149 Microcomputer Applctns	3

COS-111	Introduction to Cosmetology	3
COS-112	Introduction to Cosmetology Lab	3
COS-113	Theory of Chemical Services	3
COS-114	Chemical Services Lab	3
COS-115	Hair Coloring Theory	3
COS-116	Hair Coloring Lab	3
COS-117	Basic Spa Techniques	3
COS-118	Basic Spa Techniques Lab	3
COS-119	Business of Cosmetology	3
COS-125	Career and Personal Development	3
COS-142	Applied Chemistry for Cosmo Lab	3
COS-144	Hair Shaping and Design	3
COS-150	Manicuring	3
COS-167	State Board Review	3
COS-190	Internship	3
	OR COS-191 Co-op	

Area V Credit Hours: 49

Total Credit Hours: 58

Short Term Certificate Cosmetology Hairshaping & Cosmetic Applications Concentration

Area V: Pre-Professional/College Requirements:

(Courses appropriate to the degree requirements and major of the individual student and electives.)

College Requirements:

ORI-101	Orientation to College	1
COS-111	Introduction to Cosmetology	3
COS-112	Introduction Cosmetology Lab	3
COS-117	Basic Spa Techniques	3
COS-118	Basic Spa Techniques Lab	3
COS-125	Career and Personal Development	3
COS-142	Applied Chemistry for Cosmo Lab	3
COS-144	Hair Shaping and Design	3
COS-150	Manicuring	3

Total Credit Hours: 25

Short Term Certificate Cosmetology Chemical Applications Concentration

Area V: Pre-Professional/College Requirements:

(Courses appropriate to the degree requirements and major of the individual student and electives.)

College Requirements:

ORI-101	Orientation to College	1
COS-113	Theory of Chemical Services	3
COS-114	Chemical Services Lab	3
COS-115	Hair Coloring Theory	3
COS-116	Hair Coloring Lab	3
COS-119	Business of Cosmetology	3
COS-167	State Board Review	3
COS-190	Internship	3
	OR COS-191 Co-op	

Total Credit Hours: 22

Short Term Certificate Cosmetology Instructor Training *

(This award is not Pell Grant Eligible)

Area V: Pre-Professional/College Requirements:

(Courses appropriate to the degree requirements and major of the individual student and electives.)

College Requirements:

ORI-101	Orientation to College	1
CIT-211	Teaching & Curriculum Development	3
CIT-212	Teacher Mentorship	3
CIT-213	Lesson Plan Development	3
CIT-221	Lesson Plan Implementation	3
CIT-222	Instructional Materials & Methods	3
CIT-223	Instrctnl Materials/Methods Apps	3

Total Credit Hours: 19

* The CIT Program is an independent study program. Applicants for the CIT program must submit a departmental application and complete both an oral and a practical interview and score satisfactorily on these items before being admitted to the program. You must also have a minimum of four years' salon experience as a licensed Cosmetologist in an ABOCB registered salon.

Course Descriptions for Cosmetology (COS)

Course #	Course Title	Credit Hours
COS-111	INTRODUCTION TO COSMETOLOGY	3
PREREQUISITE: None. (COREQUISITE: COS-112 or permission of instructor.)		
This course is designed to provide students with an overview of the history and development of cosmetology and standards of professional behavior. Students receive basic information regarding principles and practices of infection control, diseases, and disorders. Additionally students receive introductory information regarding hair design. The information presented in this course is enhanced by hands-on application performed in a controlled lab environment. Upon completion, students should be able to apply safety rules and regulations and write procedures for skills identified in this course. This is a CORE course.		
COS-112	INTRODUCTION TO COSMETOLOGY LAB	3
PREREQUISITE: None. (COREQUISITE: COS-111 or permission of instructor.)		
In this course, students are provided the practical experience for sanitation, shampooing, hair shaping, and hairstyling. Emphasis is placed on disinfection, shampooing, hair shaping, and hairstyling for various types of hair for men and women. This course offers opportunities for students to put into practice concepts learned in the theory component from COS-111. This is a CORE course.		
COS-113	THEORY OF CHEMICAL SERVICES	3
PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-114 or permission of instructor.)		
During this course students learn concepts of theory of chemical services related to the chemical hair texturing. Specific topics include basics of chemistry and electricity, properties of the hair and scalp, and chemical texture services. Safety considerations are emphasized throughout this course. This course is foundational for other courses providing more detailed instruction on these topics. This is a CORE course.		
COS-114	CHEMICAL SERVICES LAB	3
PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-113 or permission of instructor.)		
During this course students perform various chemical texturing activities. Emphasis is placed on cosmetologist and client safety, chemical use and handling, hair and scalp analysis, and client consulting. This is a CORE course.		
COS-115	HAIR COLORING THEORY	3
PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-116 or permission of instructor.)		
In this course, students learn the techniques of hair coloring and hair lightening. Emphasis is placed on color application, laws, levels and classifications of color and problem solving. Upon completion, the student should be able to identify all classifications of hair coloring and the effects of the hair. This is a CORE course.		
COS-116	HAIR COLORING LAB	3
PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-115 or permission of instructor.)		
In this course, students apply hair coloring and hair lightening techniques. Topics include consultation, hair analysis, skin test and procedures and applications of all classifications of hair coloring and lightening. Upon completion, the student should be able to perform procedures for hair coloring and hair lightening. This is a CORE course.		
COS-117	BASIC SPA TECHNIQUES	3
PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-118 or permission of instructor.)		
This course is the study of cosmetic products, massage, skin care, and hair removal, as well as identifying the structure and function of various systems of the body. Topics include massage, skin analysis, skin structure, disease and disorder, light therapy, facials, facial cosmetics, anatomy, hair removal, and nail care. Upon completion, the student should be able to state procedures for analysis, light therapy, facials, hair removal, and identify the structures, functions, disorders of the skin, and nail care. This is a CORE course.		
COS-118	BASIC SPA TECHNIQUES LAB	3
PREREQUISITE: COS-111, COS-112 (COREQUISITE: COS-117 or permission of instructor.)		
This course provides practical applications related to the care of the skin and related structure. Emphasis is placed on facial treatments, product application, skin analysis, massage techniques, facial make-up, hair removal, and nail care. Upon completion, the student will be able to prepare clients, assemble sanitized materials, follow procedures for product application, recognize skin disorders, demonstrate facial massage movement, cosmetic application, and hair removal using safety and sanitary precautions, and nail care. This is a CORE course.		
COS-119	BUSINESS OF COSMETOLOGY	3
PREREQUISITE: NONE		
This course is designed to develop job-seeking and entry-level management skills for the beauty industry. Topics include job seeking, leadership and entrepreneurship development, business principles, business laws, insurance, marketing, and technology issues in the workplace. Upon completion, the student should be able to list job seeking and management skills and the technology that is available for use in the salon.		

Course #	Course Title	Credit Hours
COS-125	CAREER AND PERSONAL DEVELOPMENT	3
PREREQUISITE: None.		
This course provides the study and practice of personal development and career building. Emphasis is placed on building and retaining clientele, communication skills, customer service, continuing education, and goal setting. Upon completion, the student should be able to communicate effectively and practice methods for building and retaining clientele.		
COS-142	APPLIED CHEMISTRY FOR COSMETOLOGY LAB	3
PREREQUISITE: As required by college.		
This course provides practical applications of the knowledge and skin learned in reference to chemical reactions, as well as the chemical application to the hair and skin. Emphasis is placed on knowledge of basic chemistry, pH scale, cosmetic chemistry, and physical and chemical changes in the hair and skin structure. Upon completion, the student should be able to determine the proper chemical product for each prescribed service.		
COS-144	HAIR SHAPING AND DESIGN	3
PREREQUISITE: COS-111, COS-112		
In this course, students learn the art and techniques of hair shaping. Topics include hair sectioning, correct use of hair shaping implements, and elevations used to create design lines. Upon completion, the student should be able to demonstrate the techniques and procedures for creating hair designs.		
COS-150	MANICURING	3
PREREQUISITE: None.		
This course focuses on the theory and practice of nail care. Topics include sanitation, nail structure, nail disorders and diseases, manicuring, pedicuring, nail wrapping, sculptured nails and acrylic overlays.		
COS-167	STATE BOARD REVIEW	3
PREREQUISITE: Permission of Instructor		
Students are provided a complete review of all procedures and practical skills pertaining to their training in the program. Upon completion, the student should be able to demonstrate the practical skills necessary to complete successfully the required State Board of Cosmetology examination and entry-level employment. Course may be repeated.		
COS-190	INTERNSHIP IN COSMETOLOGY	3
PREREQUISITE: As required by college.		
This course is designed to provide exposure to cosmetology practices in non-employment situations. Emphasis is on dependability, attitude, professional judgment, and practical cosmetology skills. Upon completion, the student should have gained skills necessary for entry-level employment.		
COS-191	CO-OP	3
PREREQUISITE: As required by college.		
This course provides work experience with a college-approved employer in an area related to the student's program of study. Emphasis is placed on integrating classroom learning with related work experience. Upon completion, students should be able to evaluate career selection, demonstrate employability skills, and satisfactorily perform work-related competencies.		
*CIT-211	TEACHING AND CURRICULUM DEVELOPMENT	3
PREREQUISITE: Licensed cosmetologist (with 4 years' experience in ABOCB registered salon).		
This course focuses on principles of teaching, teaching maturity, personality conduct, and the development of cosmetology curriculum. Emphasis is placed on teacher roles, teaching styles, teacher challenges, aspects of curriculum development, and designing individual courses. Upon completion, the student should be able to describe the role of teacher, identify means of motivating students, develop a course outline, and develop lesson plans. This is a CORE course for CIT.		
*CIT-212	TEACHER MENTORSHIP	3
PREREQUISITE: Licensed cosmetologist (4 years' experience in ABOCB registered salon).		
(COREQUISITE: CIT-211 or permission of instructor.)		
This course is designed to provide the practice through working with a cosmetology instructor in a mentoring relationship. Emphasis is placed on communication, student assessment, and assisting students in the lab. Upon completion, the student should be able to communicate with students, develop a course of study, and apply appropriate teaching methods. This is a CORE course for CIT.		
*CIT-213	COSMETOLOGY INSTRUCTOR CO-OP	3
PREREQUISITE: Licensed cosmetologist (4 years' experience in ABOCB registered salon).		
(COREQUISITE: CIT-211, CIT-212 or permission of instructor.)		
The course provides students with additional opportunities to observe instructors and develop teaching materials and skills.		

Course #	Course Title	Credit Hours
*CIT-221	LESSON PLAN IMPLEMENTATION	3
PREREQUISITE: Licensed cosmetologist (4 years' experience in ABOCB registered salon). This course is designed to provide practice in preparing and using lesson plans. Emphasis is placed on organizing, writing, and presenting lesson plans using the four-step teaching method. Upon completion, students should be able to prepare and present a lesson using the four step teaching method. This is a CORE course for CIT.		
*CIT-222	AUDIO VISUAL MATERIALS AND METHODS	3
PREREQUISITE: Licensed cosmetologist (4 years' experience in ABOCB registered salon). (COREQUISITE: CIT-223 or permission of instructor.) This course focuses on visual and audio aids and materials. Emphasis is placed on the use and characteristics of instructional aids. Upon completion, students should be able to prepare teaching aids and determine their most effective use. This is a CORE course for CIT.		
*CIT-223	AUDIO VISUAL MATERIALS AND METHODS APPLICATIONS	3
PREREQUISITE: Licensed cosmetologist (4 years' experience in ABOCB registered salon). (COREQUISITE: CIT-222 or permission of instructor.) This course is designed to provide practice in preparing and using visual and audio aids and materials. Emphasis is placed on the preparation and use of different categories of instructional aids. Upon completion, the student should be able to prepare and effectively present different types of aids for use with a four step lesson plan. .		
*ALL CIT courses are taught as independent study courses. Since the program is a combination of theory/practical preparation, the CIT student is required to attend classes daily. Therefore, the CIT student is to use the time actually spent in the department from Monday thru Thursday: 1) for observation of instruction, 2) to work on assignments, and 3) to prepare for tests.		