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**On the Past and Future of Null
Hypothesis Significance Testing**

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Abstract

Criticisms of null hypothesis significance testing (NHST) have appeared recently in wildlife research journals (Anderson, Burnham, & Thompson, 2000; Anderson, Link, Johnson, & Burnham, 2001; Cherry, 1998; Guthery, Lusk, & Peterson, 2001; Johnson, 1999). In this essay we discuss these criticisms with regard to both current usage of NHST and plausible future use. We suggest that the historical usage of such procedures was not unreasonable and hence that current users might spend time profitably reading some of Fisher's applied work. However, we also believe that modifications to NHST and to the interpretations of its outcomes might better suit the needs of modern science. Our primary conclusion is that NHST is most often useful as an adjunct to other results (e.g., effect sizes) rather than as a stand-alone result. We cite some examples, however, where NHST can be profitably used alone. Last, we find considerable experimental support for a less slavish attitude toward the precise value of the probability yielded from such procedures.

Key words: null hypothesis testing, significance testing, statistical significance testing, p-values, effect sizes, Bayesian statistics

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Introduction

In the almost 300 years since its introduction by Arbuthnot (1710), null hypothesis significance testing (NHST) has become an important tool for working scientists. In the early 20th century, the founders of modern statistics (R. A. Fisher, Jerzy Neyman, and Egon Pearson) showed how to apply this tool in widely varying circumstances, often in agriculture, that were almost all very far afield from Dr. Arbuthnot's noble attempt to prove the existence of God. Cox (1977) termed Fisher's procedure "significance testing" to differentiate it from Neyman and Pearson's "hypothesis testing." He drew distinctions between the two ideas, but those distinctions are sufficiently fine that modern users lose little if they ignore them. The ability of statisticians to construct schemes that require human users to make distinctions that appear to be smaller than the threshold of comprehension for most humans is a theme we shall return to when we discuss α levels.

With the advantage of increasing use, practitioner's eyes became accustomed to the darker reality and the shortcomings of NHST became more apparent. The reexamination of the viability of NHST was described by Anderson, Burnham, and Thompson (2000), who showed that over the past 60 years an increasing number of articles have questioned the utility of NHST. It is revealing to notice that Thompson's database, over the same time period (Figure 1), showed a concomitant increase in the number of articles defending the utility of NHST. In view of the breadth of the current discussion concerning the utility of NHST in wildlife research (see also Anderson, Link, Johnson, & Burnham, 2001; Cherry, 1998; Guthery, Lusk, & Peterson, 2001; Johnson, 1999), it seems worthwhile to examine both the criticisms and the evidence and try to provide a balanced, up-to-date summary of the situations for which NHST still remains a viable tool and to describe those situations for which alternative procedures seem better suited. We conclude with some recommendations for improving the practice of NHST.

The decade of the 1990s has seen a big increase in articles defending NHST

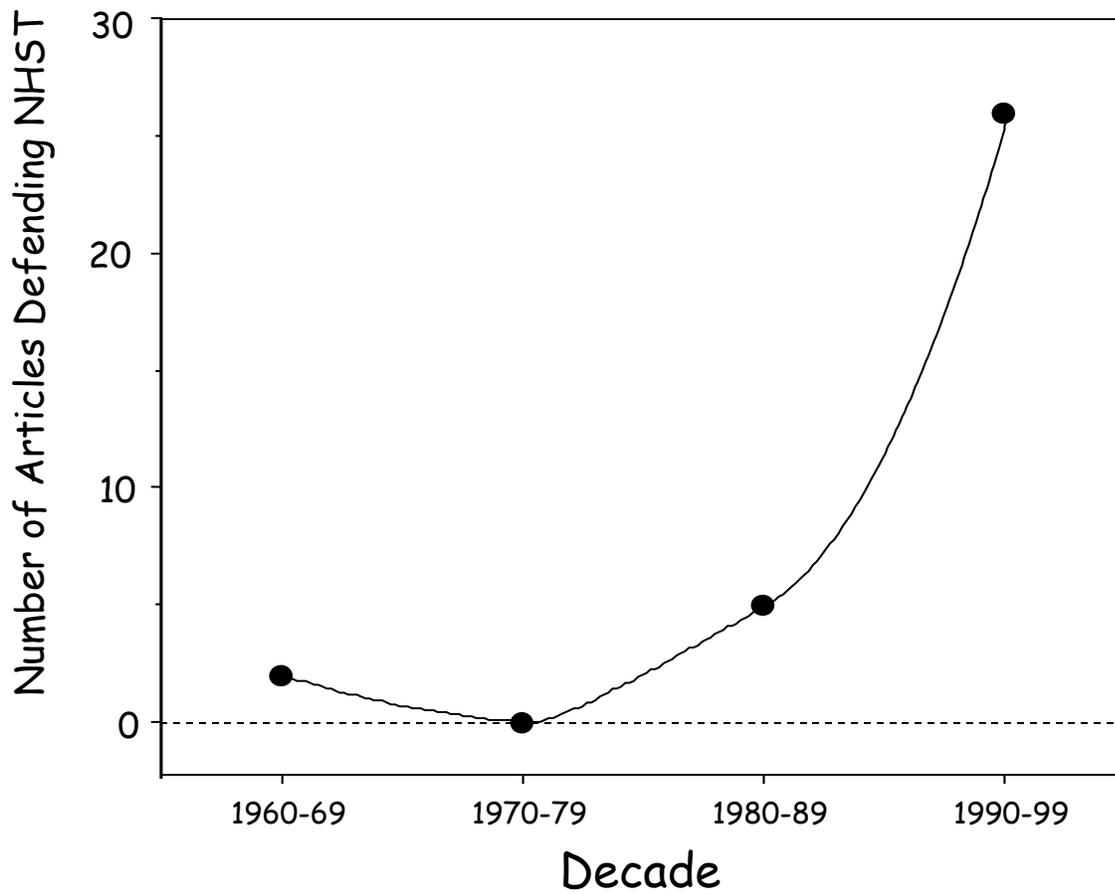


Figure 1. Number of articles appearing in journals that have defended the utility of NHST.

Most of the criticisms of NHST tend to focus on its misuse by researchers rather than on inherent weaknesses. Johnson (1999) claimed that misuse was an intrinsic weakness of NHST and that somehow the tool itself encourages misuse. However, Johnson, perhaps because of a well-developed sense of polite diplomacy, chose not to cite specific circumstances of individual scientists misusing NHST. We agree that any statistical procedure, including NHST, can be misused, but we have seen no evidence that NHST is misused any more often than any other procedure. For example, the most common statistical measure, the mean, is usually inappropriate when the underlying distribution contains outliers. This is an easy mistake; indeed such an error was made by Graunt (1662) and took more than 300 years to be uncovered (Zabell, 1976).

The possibility of erroneous conclusions generated by the misuse of statistical procedures suggests several corrective alternatives. One draconian extreme might be to ban all such procedures from professional or amateur use. Another approach might be to adopt the free marketer's strict caveat emptor. Both seem unnecessarily outlandish, and it is hard to imagine any thinking person adopting either extreme—the former because it would essentially eliminate everything; the latter because some quality control over scientific discourse is essential. We favor a middle path—a mixed plan that includes both enlightened standards for journal editors as well as a program to educate users of statistical procedures. This article is an attempt to contribute to that education.

Some in the past (Schmidt, 1996) have felt that the misuse of NHST was sufficiently widespread to justify its being banned from use within the journals of the American Psychological Association (APA). The APA formed a task force in 1997 to make recommendations about appropriate statistical practice. As a small part of its deliberations, the task force briefly considered banning NHST as well. Johnson (1999), citing Meehl (1997), surmised that the proposal to ban NHST was ultimately rejected due to the appearance of censorship and not because the proposal was without merit. This was not the case; banning NHST was not deemed to be a credible option by the APA.

Aristotle in his *Metaphysics* pointed out that we understand best those things that we see grow from their very beginnings. Thus in our summary of both the misuses and

proper uses of NHST, let us begin with the original intent of one of its earliest modern progenitors, Sir Ronald Fisher.

Fisher's Original Plan for NHST

Fisher understood science as a continuous process and viewed NHST in that context. He often used NHST to test the potential usefulness of agricultural innovations. He understood that science begins with small-scale studies designed to discover phenomena. Small-scale studies typically do not have the power to yield results of unquestioned significance. Moreover, Fisher recognized that the cost of getting rid of a false positive was small in comparison to the cost of missing something that was potentially useful. He knew that if someone incorrectly found that some sort of innovation improved yields, others would quickly try to replicate it. If replication repeatedly failed, the innovation would be dismissed.

Fisher (1926, p. 504) adopted a generous α of 0.05 to screen for potentially useful innovations “and ignore entirely all results which fail to reach that level. A scientific fact should be regarded as experimentally established only if a properly designed experiment *rarely fails* to give this level of significance.” He understood that if a smaller α were used, say 0.001, then less dramatic improvements would be missed and might not be rediscovered for a long time. Thus, 0.05 was used in the context of screening for innovations that would then be replicated if found to be significant. Fisher (1929) went on to say,

In the investigation of living beings by biological methods, statistical tests of significance are essential. Their function is to prevent us being deceived by accidental occurrences, due not to causes we wish to study, or are trying to detect, but to a combination of many other circumstances which we cannot control. An observation is judged significant, if it would rarely have been produced, in the absence of a real cause of the kind we are seeking. It is common practice to judge a result significant, if it is of such a magnitude that it would have been produced by chance not more frequently than once in twenty trials. This is an arbitrary, but convenient, level of significance for the practical investigator, but it does not mean

that he allows himself to be deceived once every twenty experiments. The test of significance only tells him what to ignore, namely all experiments in which significant results are not obtained. He should only claim that a phenomenon is experimentally demonstrable when he knows how to design an experiment so that it will rarely fail to give a significant result. Consequently, isolated significant results which he does not know how to reproduce are left in suspense pending further investigation. (p. 189)

There are two key parts to this quote—the trivial “once in twenty trials” and the more important phrase, “he knows how to design an experiment so that it will rarely fail to give a significant result.” Fisher believed NHST only made sense in the context of a continuing series of experiments that were aimed at nailing down the effects of specific treatments. Throughout Fisher's work, he used statistical tests to come to one of three conclusions. When p was small (less than 0.05), he declared that an effect has been demonstrated; when it is large ($p > 0.2$), he concluded that if there is an effect, it is too small to be detected with an experiment this size; and he discussed how to design the next experiment to estimate the effect better when p lies between these two extremes.

NHST as it is used today hardly resembles Fisher's original idea. Its critics worry that researchers too commonly interpret results where $p > 0.05$ as indicating no effect and rarely replicate results where $p < 0.05$ in a series of experiments designed to confirm the direction of the effect and better estimate its size. This conception is of a science built largely of single-shot studies where researchers choose to reach conclusions based on these obviously arbitrary criteria. We should mention, however, that a strong countercurrent to this concept is reflected in the Cochrane Collaboration, a database containing more than 250,000 random assignment medical experiments in which all of the included studies provide the information necessary for a meta-analysis. Such meta-analyses allow the formal concatenation of results, which then can yield more powerful inferences than would be possible from a single study. Robert Boruch at the University of Pennsylvania is currently organizing a parallel database for social science; this effort is called the Campbell Collaboration.

We find it curious that NHST has been criticized by Anderson et al. (2000) and Johnson (1999) for using arbitrary cutoff levels when at the same time Anderson et al. (2001) recommended that authors should report the $(1 - \alpha)$ confidence level, also an arbitrary cutoff level of precision. And we agree with Guthery et al. (2001) that even if researchers were to adopt the information-theoretic methods recommended by Anderson et al. (2001), an arbitrary numerical criterion is still used to judge the strength of evidence in single studies. This practice of basing scientific conclusions on single studies using arbitrary criteria, if widespread, could naturally give NHST or any other method a bad name that could be avoided if researchers simply emulated Fisher's original plan. Nevertheless, there are additional ways in which NHST can be improved still further. Let us now examine how NHST has been misused and/or criticized unfairly and how it might be improved or used more appropriately.

Silly Null Hypotheses

Anderson et al. (2000), Anderson et al. (2001), Cherry (1998), and Johnson (1999) echo a common complaint (Schmidt, 1996; Thompson, 1996) that the typical null hypothesis is almost always false. We agree that NHST is being misused when it tests a null hypothesis in which the effect can only go in one direction. Reporting a p value for a correlation that was computed for reliability and validity coefficients represents vacuous information (Abelson, 1995) and constitutes what Brennan (2001, p. 172) called "excessive use of p values." If p values add nothing to the interpretation of results, leave them out, although sometimes a significant p value may just be scientific shorthand for a substantial effect size. This occurs if one's reaction on seeing a significant p value is to say to oneself, "If the difference is statistically significant with that small a sample, it must be a huge effect." Obviously communicating effect size with p value and sample size is indirect, but sometimes such shorthand aids in efficient communication.

Not all p values, however, are unimportant. Wainer (1999) mentioned several examples of research hypotheses where simply being able to reject the null would be a considerable contribution to science. For example, if physicists had been able to design an experiment that could reject the null hypothesis that the speed of light is equal in two

reference frames that are moving at very different speeds, a young Swiss patent clerk who suggested otherwise might have remained obscure. Nevertheless, we agree that many of the null hypotheses tested in the research literature are false only in the *statistical* sense of the word, but as a practical matter they could be treated as if they were true with little likelihood of any negative consequences. Newtonian physics jumps to mind as one example of a false hypothesis that under very broad conditions could profitably be treated as true. Guthery et al. (2001) also argued that although most statistical null hypotheses are false, many research null hypotheses in wildlife science state no effect constitutes a legitimate challenge to untested assumptions.

The probabilistic appendage to a statement like, “The foraging patterns were not the same for all months ($p < 0.05$),” seems unnecessary because everyone would agree that it is extraordinarily unlikely that 12 population means would be identical. Usually, if large enough samples are obtained, p values can be made arbitrarily small.

This criticism of NHST seems to be a valid one. If the only purpose of a hypothesis test is to canonize a small difference whose size and direction are of no interest, NHST is unnecessary. Further, we generally agree with critics who suggest that it is exactly the size and direction of observed differences that ought to be reported and not “naked p values” (Anderson et al., 2001). We depart from complete agreement with such sentiments for those (admittedly more rare) circumstances where such differences are of secondary importance (e.g., H_0 : I am pregnant) and simply being able to reject the null hypothesis (or not) is what is of principal interest.

We also depart from the critics in our belief that we ought to modify NHST to suit our modern understanding rather than to eliminate it. We shall discuss some plausible modifications in later sections.

The Role of Effect Sizes in NHST

An ordinal claim regarding the direction of the difference or relationship can be a substantial contribution (Frick, 1996). In some cases, however, knowing the direction of the effect is not sufficient in deciding whether an intervention is cost-effective. In these situations, calculating the size of the effect can be quite useful. Conducting NHST does not

preclude the researcher from calculating effect sizes. Whereas NHST is useful in determining statistical significance, effect sizes are useful in determining practical importance. Of course, we would prefer to see all effect sizes accompanied with a confidence interval that indicates the precision (or imprecision) with which that effect has been estimated. Nonetheless, we find it absurd that one must somehow choose between conducting NHST or calculating effect sizes and confidence intervals. Both a frying pan and butter are useful on their own, but together they can do things that neither can do alone. So, too, it is with NHST, effect sizes, and confidence intervals. Researchers should feel free to use any statistical technique that will help to shed light on the interesting aspects of their data. Tukey (1969, p. 83) recommended that “we ought to try to calculate what will help us most to understand our data, and their indications. We ought not to be bound by preconceived notions—or preconceived analyses.”

Thompson (2000) reported that over the past few years, more than a dozen journals in education-related fields have instituted policies that require authors to provide effect sizes in addition to *p* values (e.g., *Contemporary Educational Psychology*, *Educational and Psychological Measurement*, *Journal of Agricultural Education*, *Journal of Applied Psychology*, *Journal of Consulting & Clinical Psychology*, *Journal of Early Intervention*, *Journal of Experimental Education*, *Journal of Learning Disabilities*, *Language Learning, Measurement and Evaluation in Counseling and Development*, *The Professional Educator*, and *Research in the Schools*). The reporting of effect sizes matches one recommendation of the APA Task Force on Statistical Inference that authors “always present effect sizes [and] add brief comments that place these effect sizes in a practical and theoretical context” (Wilkinson and the APA Task Force on Statistical Inference, 1999, p. 599). However, the most recent edition of the *APA Style Manual* stops short of recommending that authors “always” present effect sizes because the issue of whether such a requirement is necessary is far from being declared resolved. The APA follows the policies of other successful institutions that understand that canonization not only requires that you be dead, but you must have been dead for a sufficiently long period of time.

Obviously one should provide effect sizes or, for that matter, any other type of statistical information that yields useful insights into the characteristics of data. However,

requiring authors to always provide effect size information may be overkill in those situations in which such information adds little to the correct interpretation of the data, and more dangerously, if it distracts or misleads readers. For example, a major use of NHST is in testing model fit, such as using a likelihood ratio to compare a restricted model to its more general parent. What does effect size mean in this context? Also, in some instances (e.g., medical research) it is a practical impossibility to obtain good estimates of effect size because once a treatment is determined to be superior, researchers are ethically forbidden from using the inferior one. This particular circumstance provides a good illustration of two important ideas.

First, Will Rogers' colorful caveat, "What we don't know won't hurt us; it's what we do know that ain't," has important application in hypothesis testing. Indeed, finding a significant but inaccurate direction of a difference or relationship was called a Type III Error by Henry Kaiser in his 1970 Psychometric Society presidential address and was discussed many years earlier by Wald (1947). Kaiser and Wald suggest that accompanying an effect size by a suitably small p value is more than just an adornment.

The second issue worth mentioning is the question, "What is the effect whose size we are reporting?" In medical research, one measure of a treatment's effectiveness might be the number of people who don't get the disease who would have otherwise or the number of people cured who would not have been; in short, the causal effect of the treatment. Let us consider the ethical conundrum of trying to get a good estimate of the effect of a treatment. Obviously, we want to know the direction of the effect of the treatment, and once we know it with reasonable certainty, we are ethically bound not to use the inferior treatment. But how far can we continue with the experiment to be "sure enough"? In 1963, Anscombe proposed a modification to the typical Neyman-Pearson formulation that is more in keeping with medical needs and forms a model for the flexibility of approach we support. Anscombe pointed out that we are not interested in the asymptotic probability of error; rather he observed that for any medical treatment there would be a finite number of patients treated. A small number of them will be treated as part of the clinical trial; the rest will be given the treatment that the clinical trial decides is "best." If we use too small a number of patients in the trial, the decision of which treatment

is best is more likely to be in error and all of the rest of the patients will be given the wrong treatment. If we use too many patients in the trial, then all the patients in the trial on the other treatments will have been mistreated unnecessarily. Anscombe proposed that one criterion of analysis, one “effect,” should be minimizing the total number of patients (both those in the trial and those treated afterwards) who are given the poorer treatment.

Finally, in some situations obtaining a large or practical effect is not necessary or useful. I. McKeachie (personal communication, 2001) noted that effect sizes are mostly useful for

...research that is directed toward decisions with some immediate practical consequences. As I see it, much research is concerned with developing or testing theory. If it is to test an existing theory, even a small difference should increase one’s confidence that the theory has some validity. Similarly if you are contributing to theory development, the size of the result is not so important as its heuristic value in stimulating thinking, which may then be tested by further research.

Thus, in some cases, researchers can or should only look for significance of direction and not effect size.

In fact, there are even very practical situations in which effect size is known in advance to be very small and only direction is of interest. For example, consider an application of what Box and Wilson (1951) called “evolutionary variation in operations” (EVOP), in which slight variations in manufacturing procedures are tried and the direction of their effect noted (does it improve matters or make them worse?). The variations are never large because the costs of a major mistake are too serious. If the direction of change is an improvement, then further changes of that sort are made. If things get worse, subsequent changes are made in another direction. As an example, suppose a manufacturer of paper is using EVOP and introduces experiments into the production run. The humidity, speed, sulfur, and temperature are modified slightly in various ways. The resulting change in paper strength cannot be great and still produce a salable product. Yet some of these slight modifications may yield a significant increase, which becomes then the stage for another experiment. The results of each stage in EVOP are compared to previous stages. Experiments with seemingly anomalous results are rerun. The experiments continue

indefinitely for there is no final “correct” solution. This scenario matches closely the scientific enterprise in which the sequence of experiments followed by examination and reexamination of data has no end.

Thus there are circumstances in which requiring authors to provide effect size information may be inappropriate. It is worse than inappropriate if that information subsequently misleads readers about the accuracy of the results. Anderson et al. (2001, p. 374) argued “emphasizing estimation over hypothesis testing . . . helps protect against pitfalls associated with the failure to distinguish between statistical significance and biological significance.” They went on to say that if a test yields a nonsignificant p value, authors should discuss the estimated effect size and then give the estimate and a measure of precision. Unfortunately, this recommendation may be potentially dangerous if readers fail to distinguish between significant and nonsignificant effects for single study conclusions. For example, suppose a small, spurious effect is reported with a confidence interval and the author goes on to discuss the size of the effect as if it were meaningful. This mismatch between the results of statistical tests and researchers’ interpretations of them has been termed a Type IV Error (Marascuilo & Levin, 1970). We recommend authors follow a two-step procedure where first the unlikelihood of an effect (small p value) is established before discussing how impressive it is (effect size) (Robinson & Levin, 1997).

Requiring authors to provide effect size information may also be inappropriate if that information subsequently misleads readers about the importance of the results. Robinson, Fouladi, Williams, and Bera (in press) had college students read research abstracts and found the inclusion of effect sizes led readers to overestimate the importance of research results. We suspect that while effect sizes are often an important facet of an experiment, sometimes they may not be and that the authors (with editorial guidance) may be the ones best suited to choose both when and what type of effect size information ought to be included.

Arbitrary α Levels

Both Anderson et al. (2000) and Johnson (1999) complained that NHST involves using an arbitrary cutoff point. We agree that researchers should not be bound by the chains

of $\alpha = 0.05$. The fact that many persons misuse NHST by simply making reject/fail-to-reject decisions on single studies is probably due to the Neyman-Pearson legacy of such dichotomous decisions. We recommend that p values should be reported as Fisher suggested. But researchers and readers still have to interpret those p values. Researchers should select an α level for a statistical test a priori and explain why it was chosen. The level of α chosen should correspond to the researcher's "threshold for the dismissal of the idea of chance" (Alberoni, 1962) for that particular null hypothesis. A person's threshold may certainly change given the stakes of the hypothesis that is tested. Fisher (1925) himself stated that

no scientific worker has a fixed level of significance at which from year to year, and in all circumstances, he rejects hypotheses; he rather gives his mind to each particular case in the light of his evidence and his ideas.

Tukey (1969) discussed the potential problems of using different α levels for different contexts.

Need we—should we—stick to $p = 0.05$ if what we seek is a relatively pure list of appearances? No matter where our cutoff comes, we will not be sure of all appearances. Might it not be better to adjust the critical p moderately—say to .03 or .07—whenever such a less standard value seems to offer a greater fraction of presumably real appearances among those significant at the critical p ? We would then use different modifications for different sets of data. No one, to my knowledge, has set himself the twin problems of how to do this and how well doing this in a specific way performs. (p. 85)

If researchers are conducting small-scale studies that are to be included as part of a continuing series of studies, then using 0.05 as an α level seems appropriate as a screening device. However, if researchers are conducting one-time studies that have high stakes involved concerning the consequences of errors, then much smaller α levels should certainly be used. But it is likely to be an unusual circumstance indeed in which any high stakes decisions were to be based on a single study.

What if $p = 0.06$?

Anderson et al. (2000) and Johnson (1999) properly complain that referring to outcomes where $p < 0.05$ as significant and where $p > 0.05$ as nonsignificant is problematic when p values are close to 0.05, like 0.06. As previously noted, Fisher used the 0.05 level as a heuristic because he knew that if a potentially useful treatment were discovered, someone would replicate it and show it to be useful. We feel that p values should be interpreted in the context of a series of experiments. If $p = 0.06$, then the researcher should ask if the effect is of potential interest to explore further. Fisher always attempted to improve the design when p values were between 0.05 and 0.2.

In quantitative research, consistent smallish probabilities from several studies in the same direction allow one to conclude the direction of an effect. Statistically significant results that are replicated provide the basis of scientific advance (Tukey, 1969). As for describing results where p is greater than 0.05 but still small, say less than 0.25, Tukey (1991) proposed that we might use additional words besides significant or nonsignificant to describe our reluctance to bet on the direction of the true difference or relationship. For example, if p is greater than 0.05 but less than 0.15, we could say that the direction of an effect *leans* in a certain direction. If p is greater than 0.15 but less than 0.25, we could say that there is a *hint* about the true direction. Tukey was not suggesting that we should use 0.25 as the level of significance. Rather, he was telling us to stop treating statistical testing as an all or nothing procedure and instead use appropriate wording to describe degrees of uncertainty.

Tukey's advice incorporates a great deal about what modern psychological investigations have told us about how humans understand probability. Modern concepts of probability began with Kolmogorov's mathematical definition of probability as a measure of sets in an abstract space of events. While all mathematical properties of probability can be derived from this definition, it is of little value in helping us to apply probability to real life situations. Understanding how humans understand probability was helped enormously by the concept of "personal probability" that was proposed almost a half century ago by both de Finetti (1974/1970) and Savage (1954), who contended that probability is a common concept that people can use coherently if their inferences using it follow a few

simple rules. Unfortunately, in a series of ingenious experiments, the psychologists Kahneman and Tversky (summarized in Kahneman, Slovic, & Tversky, 1982) found no one whose probabilistic judgments met Savage's criteria for coherence. They found, instead, that most people did not have the ability to even keep a consistent view of what different numerical probabilities meant. They reported that the best humans could manage was a vastly simplified probability model (which they attribute to Suppes) that met Kolmogorov's axioms and fit their data. Suppes' model has only five probabilities:

Surely true

More probable than not

As probable as not

Less probable than not

Surely false

While Suppes' model has the benefit of fitting Kahneman and Tversky's data, it also leads to a remarkably uninteresting mathematical theory with only a few possible theorems. If Suppes' model is, in fact, the only one that fits personal probability, then many of the techniques of statistical analysis that are standard practice are useless because they only serve to produce distinctions below the level of human perception. In view of these results, Tukey's approach to interpreting p values may be the only sensible way to go; arguing about 0.04 or 0.05 or 0.06 is a poor use of one's time.

One Expanded View of NHST

Recently, Jones and Tukey (2000), expanding on an old idea (e.g., Lehmann, 1959; Wald, 1947), suggested a better way in which one could interpret significant and nonsignificant p values. If p is less than 0.05, researchers can conclude that the direction of a difference was determined (i.e., either the mean of group one is greater than the mean of group two or vice versa). If p is greater than 0.05, the conclusion is simply that the sign of the difference is not yet determined. This trinary decision approach (either $\mu_1 > \mu_2$, $\mu_2 > \mu_1$, or do not know yet) has the advantages of stressing that research is a continuing activity and of never having to "accept" a null hypothesis that is likely untrue. Fisher (1929) also commented on NHST's inability to support a null hypothesis as true:

For the logical fallacy of believing that a hypothesis has been proved to be true, merely because it is not contradicted by the available facts, has no more right to insinuate itself in statistical than in other kinds of scientific reasoning ... it would therefore, add greatly to the clarity with which the tests of significance are regarded if it were generally understood that tests of significance, when used accurately, are capable of rejecting or invalidating hypotheses, in so far as they are contradicted by the data: but that they are never capable of establishing them as certainly true.... (p. 192)

Rather than concluding that “there was no difference among the treatments ($p = 0.07$)” or that “the two variables were not correlated ($p = 0.06$),” authors should instead simply state that “the direction of the differences among the treatments was undetermined” or that “the sign of the correlation among the two variables was undetermined.” This language avoids leaving the impression that the null hypothesis was accepted and suggests rather that more data are needed before a determination can be made.

Conclusions and Recommendations

NHST, as currently constituted, is a tool of limited usefulness. It is useful in determining the direction of an effect. It can be a valued accompaniment to effect sizes and confidence intervals by providing information about the trustworthiness of estimates of the size of the effect. It is not very useful when sample sizes are extremely large. On the other hand, effect sizes are not particularly helpful when testing model fit. In addition, accurate estimates of effect sizes are sometimes impossible to obtain, as for example in medical research where the continued use of a control group is not ethical.

Modified versions of NHST can be used to good effect, as in tests on means with a trinary hypothesis. Such procedures have been in use for decades in sequential analysis (e.g., it’s better, it’s worse, or keep on testing).

NHST is well used in conjunction with a series of investigations. Replicated significant results serve as the foundation of scientific justification of the direction of an effect. Replications with extensions also serve to enhance the generalizability of results

while at the same time adding to the evidence for the effect. Research studies that are unique ventures are not well modeled by any statistical procedure whose goal is to predict long-term frequencies of occurrence.

Last, it has been our informal experience that many users of NHST interpret the result as the probability of the null hypothesis based upon the data observed. That is, $P(H_0|data)$, when formally what is actually yielded is $P(data|H_0)$. This error suggests that users really want to make a different kind of inference—a probabilistic statement of the likelihood of the hypothesis. To be able to make such inferences requires transforming the usual $P(data|H_0)$ with a straightforward application of Bayes' theorem. Bayesian hypothesis testing is reasonably well developed (Box & Tiao, 1973; Novick & Jackson, 1974; Winkler, 1993) and well worth inclusion in the arsenal of any salt-worthy data analyst.

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Notes

¹ This paper was collaborative in every respect, and the order of authorship is alphabetical.