

# Sample Firefly Retreat Schedule

## Friday

- 3:30-7:00 ARRIVE ANYTIME, UNPACK, BREATHE, GAZE AT THE LAKE, TAKE A BATH, TAKE A NAP, WRITE. A LIGHT BUFFET STYLE DINNER WILL BE AVAILABLE BETWEEN 6-7.
- 7:30-9:30 FIRST WORKSHOP, TO GET SETTLED AND GET THE CREATIVE WHEELS TURNING. BRING PAPER AND PEN.

## Saturday

- 8:30-9:30 DROP-IN BREAKFAST
- 9:30-12:00 MORNING CIRCLE (TO GET A BUNCH OF WRITING GOIN' ON). BRING PAPER AND PEN.
- 12:30 LUNCH
- 1:30 TINY PRE-SILENCE WORKSHOP, TO STEP INTO OUR AFTERNOON SILENT WRITING TIME TOGETHER WITH GRACE.
- 2:00 - 5 SILENT WRITING TIME
- 5 POST-SILENCE CHECK-IN
- 5-6:30 HANG OUT, WALK, NAP MORE, SOCIALIZE.
- 6:30 DINNER
- 7:30-9:30 EVENING WORKSHOP, TO SHARE WHAT WE WROTE IN THE AFTERNOON. BRING YOUR WRITING.

## Sunday

- 8:30-10 DROP-IN BREAKFAST
- 'TIL 11:00 SILENT MORNING WRITING AND BREAKFAST-EATING
- 11:00-12:30 FINAL WORKSHOP, TO LOOK BACK OVER THE WEEKEND AND FORWARD TO OUR WRITING PATHS. BRING PAPER AND PEN.
- 1:30-2PM LUNCH
- 2-2:30 ONE LAST CUP OF TEA, LABYRINTH-WALK, QUICK SWIM, PACK UP, HIT THE ROAD.