

## SAMPLE TRAINING PLAN

Candidates for the Approved Supervisor designation must complete a training program in order to apply for the designation. The Approved Supervisor mentor and supervisor candidate should carefully review the training requirements contained in this handbook, then discuss and develop a training plan. It is recommended that the plan be developed at the very beginning of the supervision candidate's training, and put in writing.

The Approved Supervisor mentor should regularly review the supervisor candidate's progress toward meeting the requirements. The training plan can be an invaluable tool in these reviews. Should circumstances require changes in the plan, those changes should be discussed and documented.

The training plan is separate from the mentoring contract. The mentoring contract details the parameters of the supervision mentoring relationship. The training plan specifically addresses the requirements that the supervisor candidate must meet before applying to become an Approved Supervisor, and how he/she plans to meet those requirements.

The following is an outline of issues that should be considered in the development of the training plan. (NOTE: The training plan is not sent to AAMFT).

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Timeframe: A supervisor candidate must be in training for a minimum of 18 months. When will the supervision training begin? \_\_\_\_\_

When do we anticipate that the training requirements will be completed? \_\_\_\_\_

**Supervision course: During the training process, supervisor candidates must complete a 30-hour course in marriage and family therapy supervision fundamentals.**

When and where does the supervisor candidate plan to complete the course? \_\_\_\_\_

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**The course must require a Philosophy of Supervision paper, which must eventually be evaluated by the Approved Supervisor mentor.**

When do we anticipate that the Philosophy of Supervision paper will be presented to the Approved Supervisor mentor? \_\_\_\_\_

**Provide supervision to trainees: The supervisor candidate must provide 180 hours of clinical supervision to two MFTs during the 18-month training period.**

What will be the primary source of supervisees; how will they be identified? \_\_\_\_\_

How many supervisees will be supervised? \_\_\_\_\_

Approximately how many hours of supervision will be provided each week? \_\_\_\_\_

At this rate, when will the 180 hours supervision requirement be met? \_\_\_\_\_

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**Receive supervision mentoring:** Supervisor candidates must receive at least 36 hours of supervision mentoring.

How often will supervision mentoring occur? (Details should be included in a supervision contract).

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At this rate, when will the 36 hour supervision mentoring requirement be met? \_\_\_\_\_

**Obtain AAMFT Clinical Fellow or Pre-Clinical Fellow (doctoral track only) membership:** Applicants for the Approved Supervisor designation must be AAMFT Clinical Fellow or Pre-Clinical Fellow member.

Is the candidate already an AAMFT Clinical Fellow or Pre-Clinical Fellow? ☐ Yes ☐ No

If not, does the candidate understand the requirements for Clinical Fellow/Pre-Clinical Fellow membership and is it likely that he/she will be able to complete those requirements before the training is complete? ☐ Yes ☐ No

When did (or when will) the candidate obtain an MFT license? \_\_\_\_\_

When did (or when will) the candidate obtain AAMFT Clinical Fellow or Pre- Clinical Fellow (doctoral track only) membership? \_\_\_\_\_

### Application Packet:

When do we anticipate that the requirements will be met, and the Approved Supervisor Application Packet will be completed and submitted to AAMFT? \_\_\_\_\_