Sample Study Plan

This is a one month sample study plan for a three-credit class that meets Mondays, Wednesdays, and Fridays. It is meant to illustrate how to study actively, even when there is no homework due. It can be modified to fit any class by varying the days and activities. It includes estimated times each activity might take. No matter how you modify this, the most important elements are to study ACTIVELY and OFTEN!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WEEK 1	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	Read pages – in textbook and take notes or highlight (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	Read pages – in textbook and take notes or highlight (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	
WEEK 2 Create one-page summary sheet from last week's lectures/readings OR predict test questions from last week's lectures/readings (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	Read pages – in textbook and take notes or highlight (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	Read pages – in textbook and take notes or highlight (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	

WEEK 3 Create one-page summary sheet from last week's lectures/readings OR predict test questions from last week's lectures/readings (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	Read pages – in textbook and take notes or highlight (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	Read pages – in textbook and take notes or highlight (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	
WEEK 4 Create one-page summary sheet from last week's lectures/readings OR predict test questions from last week's lectures/readings (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	Read pages – in textbook and take notes or highlight (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	Read pages – in textbook and take notes or highlight. (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes with classmate (30 minutes)	
WEEK 5 Create one-page summary sheet from last week's lectures/readings OR predict test questions from last week's lectures/readings (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes (30 minutes) Study for the exam by quizzing yourself on the summary sheets/predicted questions from weeks 1-2 (1 hour)	Read pages – in textbook and take notes or highlight (1 hour) Study for the exam by quizzing yourself on the summary sheets/predicted questions from weeks 3-5 (1 hour)	**Go to CLASS** Recopy lecture notes from Thursday OR orally read lecture notes (30 minutes) Study for the exam by quizzing yourself on the summary sheets/predicted test questions from weeks 1-5 (1 hour)	Study for the exam by doing some final review (2-3 hours) Relax!!	**Go to CLASS: EXAM!**	