

The Successful Entrepreneur's Habit Checklist

*Learn What You Can Do To Create Success Habits in the
Next 20 Minutes*

With Money Mindset & Success Coach, Brandy Middleton



Hi Lovely,

Creating successful habits is the name of the game. This checklist contains all the things you need with none of the fluff. I want to support you in getting the best results in your business and this is how it starts. Developing the habits of a successful entrepreneur.

Once you have completed reading this checklist, set aside 20 minutes with no distractions to structure a Daily Routine for you that includes these 7 habits. It takes time to develop a habit (at least 21 days). So, be patient with yourself, but diligent and relentless. Do not waiver. Do not stop. Be persistent.

It takes some willpower to develop new habits. So, focus on what you do want, not on what you don't want. This is how every successful entrepreneur wins. Where you place your focus matters.

Imagine what it would be like to effortlessly get the tasks on your list taken care of. To know exactly what is getting done each day and to confidently feel like all your goals are being met. This is what it feels like to have a success routine full of habits that support you in attaining your desired goals and dreams.

I am excited to see you on the other side.

Warmly,

Brandy^{xo}

Success Habit #1: **Write Down Your Goals**

Writing down our goals make them more real. The more senses you use when doing anything the better. The same applies to your goals. Additionally, **it forces you to get clear on your goal and frees up room in your mind for that next level of thinking.**

When you write down your goal, **use positive language and make it specific.** Then **read them every day;** both morning and night.

This is a ritual Daymond Johns of 'Shark Tank' adopted from "Think and Grow Rich" by Napoleon Hill (along with re-reading this book every year).

Success Habit #2: **Calendar Your Time**

Along with writing down your goals, calendar your time. This is a habit I learned from my coach and adopted not expecting much. I was wrong. This structure completely changed the chaos that was my day. **I was able to see how many hours I truly had and what I was able to realistically assign as tasks to my day and not get overwhelmed.**

Once you calendar your time, **honor your calendar.** Following your calendar will support you AND your business. **It will protect you from overwhelm, stress and frustration.**

As with anything, **calendar your time is a process.** Do not expect to get your time scheduled perfectly right out the gate. Just keep with it, make adjustments to it as you learn how long tasks truly take and give yourself permission to make changes as you go along.

Success Habit #3: **Develop a Fierce Mindset**

Thoughts become things. So, it is super important for us to guard our thoughts and install new thoughts that are congruent with what it is we desire. **Developing a Fierce Mindset will lay the foundation for the rest of the work that you do.**

If you don't think or believe that you can do, be or have something, then it is likely not to happen nor appear. So, if you do not think you can make \$5k or \$10k a month, you are shooting yourself in the foot. Why? Because, if you don't think that you can make that kind of money, you will not take the actions to achieve that kind of money.

Create a daily mindset routine. Starting with reading daily your new belief statements. Add reading personal development books like, "Think & Grow Rich" by Napoleon Hill. And, spend some time asking for divine guidance.

Success Habit #4: **Get Up Early**

Most successful people get up at least 3 hours before the start of their work day. As I write this, I have been up since 5 am. I have worked out AND completed my morning Mindset Practice all before sitting down to write out these habits for you.

Disruptions in your day happen. **Getting up early and knocking those top few things off you list at the start of the day will make you feel more confident and successful as your day comes to an end,** even if you did have to stay an extra hour at your 9-5 or got a flat tire on your way to work.

Set yourself up to win. Get up a few hours earlier. **Make it a non-negotiable in your calendar.**

Success Habit #5: **Exercise**

76% of the rich exercise at least 30 minutes a day. Proper exercise creates glucose which is brain fuel! This is why people get so many great ideas while they are exercising.

Exercising also creates energy which is much needed when your are working to build a business and balancing that with a job, family and a social life.

Make time in your calendar to exercise. Your body and business will thank you!

Success Habit #6: **Surround Yourself With a Community of other Successful Women**

You may have heard it said that "**you are as successful as the 5 people you hang around with the most**". It is true!

Find yourself a community of women that are like-minded and can support you with the goals that you have. Women that are where you want to go or are on the same path. Learn from them and give back in a way that only you can.

Join us over in my Facebook group: The Empowered Wealthy Woman Entrepreneur. **Set a goal to develop relationships with other success-minded women.**

Success Habit #7: **Find a Mentor**

This is a game changer. In fact, **93% of all wealthy individuals had a mentor** that helped them along on their path to success.

Some key reasons to get a mentor:

1. They help you avoid mistakes that they themselves have made and, thus, fast track your success.
2. They inspire and motivate you to stay on track towards your goals.
3. They can connect you with other people that can help you along on your journey.

If 93% of successful people have mentors, do you think it might be a game changer for you too? If so, I am available to support you. [Set up a discovery call with me and let's get you headed in the directions of your desires now.](#)

Official Bio

Brandy Middleton is a Money Mindset & Success Coach. She helps women get healthy financially so they can thrive in their business & live life joyfully with choice & freedom as their new normal.

She is passionate about helping women transform their relationship with money, feel confident in who they are so they are valuing themselves, and showing them how to create abundance in their life through changing the beliefs and perceptions that hold them back.



Brandy has over 12 years experience in finance work; 7.5 years in corporate accounting & audit and 4.5 years as a financial advisor. She has studied with some of the greats in personal development and mindset for the past 12 years. She is trained as a Master NLP Practitioner as well as being certified as a Yoga Teacher. She has started 5 other business in finance, health & wellness and book publishing prior to working as a Money Mindset coach. She has a BS Degree in Sociology with a Minor in Business Management and she holds a Certificate in Accounting.

To work with Brandy, [sign up for a discovery call](#).