

Southern Regional
Gymnastics
Association



Go for
2&5[®]
FRUIT VEG

SRGA Regional
Championships

2013

EVENT WORK PLAN

Katanning Recreation centre

Pemble Street, Katanning



Department of
Sport and Recreation



Southern Regional Gymnastics Association

Session 1

Level: WAG CL Level 2

Floor Manager: Helen Westley

Session Information	
<i>Registration</i>	9.00am
<i>Warm Up</i>	9.15am
<i>March On</i>	9.35am
<i>Competition</i>	9.40am
<i>Presentations</i>	11.55am
<i>Judge/ Coach Review</i>	11.50am
<i>Judges Meeting</i>	9.15am

Volunteers	Club
<i>Door Takings</i>	Esperance
<i>Door Registration</i>	Esperance
<i>Music</i>	Katanning
<i>Scoring x 2</i>	Narrogin Dumbleyung
<i>Announcer</i>	KA Gymsports
<i>Equipment Set Up</i>	Club Coaches
<i>Judges Assistant x 4</i>	Katanning KA Gymsports Dumbleyung Denmark

Competition Times				
Time	Vault	Bars	Beam	Floor
9.40am – 10.12am	A	B	C	D
10.12am – 10.44am	D	A	B	C
10.44am – 11.16am	C	D	A	B
11.16am – 11.48pm	B	C	D	A



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Southern Regional Gymnastics Association

Session 2

Level: WAG CL 3

Floor Manager: Helen Westley

Session Information	
Registration	11.55am
Warm Up	12.10am
March On	12.30 pm
Competition	12.35pm
Presentations	2.40pm
Judge/Coach Review	2.35pm
Judges Meeting	11.45pm

Volunteers	Club
Door Takings	Narrogin
Door Registration	Narrogin
Music	KA Gymsports
Scoring x 2	Katanning Esperance
Announcer	Dumbleyung
Equipment Set Up	Coaches
Judges Assistant x 4	Narrogin Dumbleyung Denmark KA Gymsports

Competition Times				
Time	Vault	Bars	Beam	Floor
12.35pm – 1.05pm	A	B	C	D
1.05pm – 1.35pm	D	A	B	C
1.35pm – 2.05pm	C	D	A	B
2.05pm – 2.35pm	B	C	D	A



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Southern Regional Gymnastics Championships

Session 3

Level: MAG CL 1, 2, 3

Floor Manager: Helen Westley

Session Information	
<i>Registration</i>	2.40pm
<i>Warm Up</i>	2.55pm
<i>March On</i>	3.15pm
<i>Competition</i>	3.20pm
<i>Presentations</i>	6.30pm
<i>Judge/Coach Review</i>	6.20pm
<i>Judges Meeting</i>	2.40 pm

Volunteers	Club
<i>Door Takings</i>	Esperance
<i>Door Registration</i>	Esperance
<i>Music</i>	-
<i>Scoring x 2</i>	KA Gymsports Narrogin
<i>Announcer</i>	Dumbleyung
<i>Equipment Set Up</i>	Coaches
<i>Runners x 3</i>	Narrogin KA Gymsports Esperance

Competition Times						
Time	Floor	Pommel	Rings	Vault	Parallel Bars	High Bars
3.20pm – 3.50pm	A	B	C			
3.50pm – 4.20pm	C	A	B			
4.20pm – 4.50pm	B	C	A			
4.50pm – 5.20pm				A	B	C
5.20pm – 5.50pm				C	A	B
5.50pm – 6.20pm				B	C	A



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Southern Regional Gymnastics Championships

Session 4

Level: WAG CL Level 1

Floor Manager:

Session Information	
<i>Registration</i>	8.00am
<i>Warm Up</i>	8.15am
<i>March On</i>	8.35am
<i>Competition</i>	8.40am
<i>Presentations</i>	10.30am
<i>Judge/Coach Review</i>	10.25am
<i>Judges Meeting</i>	8.35am

Volunteers	Club
<i>Door Takings</i>	Denmark
<i>Door Registration</i>	Denmark
<i>Music</i>	-
<i>Scoring x 2</i>	Katanning Narrogin
<i>Announcer</i>	Katanning
<i>Equipment Set Up</i>	All coaches
<i>Judges Assistant x 4</i>	Esperance Katanning Dumbleyung Denmark

Competition Times				
Time	Vault	Bars	Beam	Floor
8.45am – 9.10am	A	B	C	D
9.10am – 9.35am	D	A	B	C
9.35am – 10.00am	C	D	A	B
10.00am – 10.25am	B	C	D	A



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Southern Regional Gymnastics Championships

SUNDAY 23rd SEPTEMBER

Session 5

Level: WAG CL Level 4,5,6,7

Floor Manager:

Session Information	
<i>Registration</i>	10.30am
<i>Warm Up</i>	10.45am
<i>March On</i>	11.10am
<i>Competition</i>	11.15am
<i>Presentations</i>	1.25am
<i>Judge/Coach Review</i>	1.15pm
<i>Judges Meeting</i>	10.55am

Volunteers	Club
<i>Door Takings</i>	Katanning
<i>Door Registration</i>	Narrogin
<i>Music</i>	Katanning
<i>Scoring x 2</i>	Esperance x 2
<i>Announcer</i>	Narrogin
<i>Equipment Set Up</i>	All Coaches
<i>Judges Assistant</i>	Esperance x 2 Katanning Narrogin

Competition Times				
Time	Vault	Bars	Beam	Floor
11.15am – 11.45am	A	B	C	D
11.45am – 12.15am	D	A	B	C
12.15am – 12.45am	C	D	A	B
12.45am – 1.15am	B	C	D	A



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Please enjoy yourself at this SRGA Event

SRGA wishes you and your family a very warm welcome. We hope you enjoy today's event. Spectators are requested to remain in the seating area. Should you require assistance please speak to the Floor Manager or Marshall. Our events and competitions are brought to you by a dedicated group of volunteers.

Code of Conduct Participants' Code of Behavior

Play by the rules and be a good sport.
Never argue with an official.

Treat all participants as you would like to be treated.

Co-operate with your coach, team-mates and officials.

Respect the rights, dignity and worth of all participants.

Participate according to your own needs and not just to please parents and coaches.

Spectators' Code of Behaviour

Remember that young people participate in sport for their enjoyment, not yours.

Applaud good performances from all participants.

Respect the decisions of officials.

Never ridicule or scold a young person for making a mistake. Positive comments are motivational.

Support all efforts to remove verbal and physical abuse from sporting activities.

Focus on your child's effort and performance rather than on outcome.

Teach young people that an honest effort is as important as victory.

Encourage young people to always play according to the rules.

Remember that young people learn best from example.

Information

Event Staff

The Floor Manager is identifiable by either a Gymnastics WA polo shirt or black & gold 'Go for 2&5' t-shirt, and is responsible for organising and running the event. They are supported by the hardworking volunteers of the SRGA.

Judges

All of our judges are accredited and volunteer their time to attend courses and competitions. While routines can look similar to the untrained eye our judges know what to look for. If you are interested in becoming a judge please contact your club for more information.

Club Volunteers

Other competition duties are performed by club volunteers. Clubs are requested to provide volunteers for positions such as scorer, runner, music operator and judges' assistants. If you would like to assist at an event please contact your coach or club.

Photography & Video Policy Statement

All athletes competing in this event must have returned a completed GWA Photo Permission form prior to the commencement of the event. To this end all photographs and videos of GWA / SRGA Events may only be taken by either a SRGA/GWA Officially Sanctioned Photographer (see the Event Coordinator for Official Sanctioning), or by an immediate family member of an athlete competing in the event. Any persons seen contravening this policy should be reported to the Floor Manager immediately.

Please do not use flash photography during the competition as it may be distracting to the athletes.



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