BODY MEASUREMENT CHART

MISSES	6	8	10	12	14	16	18	20	SIZE
WELL-PROPORTIONED AND WELL-DEVELOPED IN ALL BODY AREAS, THIS FIGURE IS THE TALLEST TYPE, ABOUT 5’5” TO 5’6” TALL AND COULD BE CONSIDERED “AVERAGE.”	30 ½	31 ½	32 ½	34	36	38	40	42	BUST
	23	24	25	26 ½	28	30	32	34	WAIST
	32 ½	33 ½	34 ½	36	38	40	42	44	HIP
	15 ½	15 ¾	16	16 ¼	16 ½	16 ¾	17	17 ¼	BACK WAIST LENGTH
	9 ⅞	10 ⅛	10 ⅜	10 ⅝	10 ⅞	11 ⅛	11 ⅜	11 ⅝	SHOULDER TO BUST
	16 ⅝	17	17 ⅜	17 ¾	18 ⅛	18 ½	18 ⅞	19 ¼	FRONT WAIST LENGTH
	4 ⅝	4 ¾	4 ⅞	5	5 ⅛	5 ¼	5 ⅜	5 ½	SHOULDER LENGTH
	13 ¾	14	14 ¼	14 ⅝	15 ⅛	15 ⅜	16 ⅛	16 ⅝	BACK WIDTH
	14	14 ⅛	14 ¼	14 ⅜	14 ½	14 ⅝	14 ¾	14 ⅞	SHOULDER TO ELBOW
	22 ¾	22 ½	22 ¾	23	23 ½	23 ¾	24	24 ¼	ARM LENGTH

WOMEN’S	38/20W	40/22W	42/24W	44/26W	46/28W	48/30W	50/32W	52/34W	SIZE
LARGER AND MORE FULLY MATURE, THIS FIGURE IS THE SAME HEIGHT AS MISSES, ABOUT 5’5” TO 5’6” TALL, BUT ALL MEASUREMENTS ARE PROPORTIONATELY LARGER.	42	44	46	48	50	52	54	56	BUST
	35	37	39	41 ½	44	46 ½	49	51 ½	WAIST
	44	46	48	50	52	54	56	58	HIP
	17 ¼	17 ⅜	17 ½	17 ⅝	17 ¾	17 ⅞	18	18 ⅛	BACK WAIST LENGTH
	12	12 ¼	12 ½	12 ¾	13	13 ¼	13 ½	13 ¾	SHOULDER TO BUST
	19 ⅝	19 ⅞	20 ⅛	20 ⅜	20 ⅝	20 ⅞	21 ⅛	21 ⅜	FRONT WAIST LENGTH
	5	5	5 ⅛	5 ⅛	5 ¼	5 ¼	5 ⅜	5 ⅜	SHOULDER LENGTH
	16 ¼	16 ¾	17 ¼	17 ¾	18 ¼	18 ¾	19 ¼	19 ¾	BACK WIDTH
	14 ⅜	14 ½	14 ⅝	14 ¾	14 ⅞	15	15 ⅛	15 1/4	SHOULDER TO ELBOW
	23 ¾	24	24 ¼	24 ½	24 ¾	25	25 ¼	25 ½	ARM LENGTH

HALF-SIZE	10 ½	12 ½	14 ½	16 ½	18 ½	20 ½	22 ½	24 ½	SIZE
A FULLY DEVELOPED BUT SHORTER FIGURE, ABOUT 5’2” TO 5’3” TALL.	33	35	37	39	41	43	45	47	BUST
	27	29	31	33	35	37 ½	40	42 ½	WAIST
	35	37	39	41	43	45 ½	48	50 ½	HIP
	15	15 ¼	15 ½	15 ¾	15 ⅞	16	16 ⅛	16 ¼	BACK WAIST LENGTH
	10 ½	10 ¾	11	11 ¼	11 ½	11 ¾	12	12 ¼	SHOULDER TO BUST
	17	17 ⅜	17 ¾	18 ⅛	18 ⅜	18 ⅝	18 ⅞	19 ⅛	FRONT WAIST LENGTH
	4 ½	4 ⅝	4 ¾	4 ⅞	5	5 ⅛	5 ¼	5 ⅝	SHOULDER LENGTH
	14 ½	15	15 ½	16	16 ½	17	17 ½	18	BACK WIDTH
	14	14 ⅛	14 ¼	14 ⅜	14 ½	14 ⅝	14 ¾	14 ⅞	SHOULDER TO ELBOW
	22 ¼	22 ½	22 ¾	23	23 ½	23 ¾	24	24 ¼	ARM LENGTH

INFORMATION COURTESTY OF “SIMPLICITY’S SIMPLY THE BEST SEWING BOOK.”