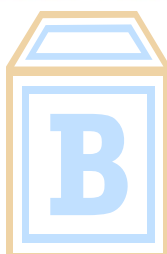




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Milestone Chart: 13 to 18 months

Child's Age	Mastered Skills (most kids can do)	Emerging Skills (half of kids can do)	Advanced Skills (a few kids can do)
13 months	<input type="checkbox"/> Uses two words skillfully (example: "hi" and "bye") <input type="checkbox"/> Bends over and picks up an object	<input type="checkbox"/> Enjoys gazing at his reflection <input type="checkbox"/> Holds out arm or leg to help you dress him	<input type="checkbox"/> Combines words and gestures to make needs known <input type="checkbox"/> Rolls a ball back and forth
14 months	<input type="checkbox"/> Eats with fingers <input type="checkbox"/> Empties containers of contents <input type="checkbox"/> Imitates others	<input type="checkbox"/> Toddles well <input type="checkbox"/> Initiates games <input type="checkbox"/> Points to one body part when asked <input type="checkbox"/> Responds to instructions (example: "give me a kiss")	<input type="checkbox"/> Uses a spoon or fork <input type="checkbox"/> Matches lids with appropriate containers <input type="checkbox"/> Pushes and pulls toys while walking
15 months	<input type="checkbox"/> Plays with ball <input type="checkbox"/> Uses three words regularly <input type="checkbox"/> Walks backward	<input type="checkbox"/> Scribbles with a crayon <input type="checkbox"/> Runs <input type="checkbox"/> Adopts "no" as his favorite word	<input type="checkbox"/> "Helps" around the house <input type="checkbox"/> Puts his fingers to his mouth and says, "shhh"
16 months	<input type="checkbox"/> Turns the pages of a book <input type="checkbox"/> Has temper tantrums when frustrated <input type="checkbox"/> Becomes attached to a soft toy or object	<input type="checkbox"/> Discovers the joy of climbing <input type="checkbox"/> Stacks three blocks <input type="checkbox"/> Uses spoon or fork <input type="checkbox"/> Learns the correct way to use common objects (example: the telephone)	<input type="checkbox"/> Takes off one piece of clothing by himself <input type="checkbox"/> Gets finicky about food <input type="checkbox"/> Switches from two naps to one
17 months	<input type="checkbox"/> Uses six words regularly <input type="checkbox"/> Enjoys pretend games <input type="checkbox"/> Likes riding toys	<input type="checkbox"/> Feeds doll <input type="checkbox"/> Speaks more clearly <input type="checkbox"/> Throws a ball underhand	<input type="checkbox"/> Dances to music <input type="checkbox"/> Sorts toys by color, shape, or size <input type="checkbox"/> Kicks ball forward
18 months	<input type="checkbox"/> Will "read" board books on his own <input type="checkbox"/> Scribbles well	<input type="checkbox"/> Strings two words together in phrases <input type="checkbox"/> Brushes teeth with help <input type="checkbox"/> Stacks four blocks	<input type="checkbox"/> Throws a ball overhand <input type="checkbox"/> Takes toys apart and puts them back together <input type="checkbox"/> Shows signs of toilet training readiness

For Healthy Beginnings Program Information, please contact
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