



Chart Your Baby's Habits

Your doctor will want to know about your baby's feeding and diapering habits, so take this chart with you for two-week checkup or first well-baby visit.

Feedings*				Diaper Changes**
Date	Time	Minutes per Breast Right Left		W=Wet D=Dirty

- * Average number of feedings: 8-12 per day
- ** Average number of wet diapers: between 1-5 for the first five days, then 6 or more per day
- ** Average number of dirty diapers: 2 on the first day, then 3 or more per day

