

SAMPLE SAFETY CONTRACT

The idea behind this kind of contract is that a formal, written commitment is more likely to be honored and remembered than an informal discussion about safety.

Family Centered Approach: The most effective way to promote your safety may be the family centered approach. Why?

- Emphasis on respecting the traditions and competencies of families.
- Empowering families to create their own solutions to the problems they face.
- Family centered practice builds solid relationships with families.
- Quality of relationships with people is what determines your personal safety.

Sample Safety Contract

I/We understand that my children and all members of the family and the social worker must be guaranteed physical safety during our work together. I/we agree to provide this safety for all members by separating rather than fighting. I/we guarantee to utilize the 10 minute cool down method to diffuse any anger that may arise between any parties involved. I/we guarantee that any firearms in the house will be disarmed and locked up. I/we guarantee the worker's safety and will accompany the worker in the community if necessary.

Parent _____

Parent _____

Child (ren) _____

Social Worker _____