

# Mental Health Certificate (MHC)

## First Year

	Note	Fall	Spring	
			Cr	Cr
CMP101	Composition 1	_____	3	
HUS101	The Human Services Worker	_____	3	
IDS205	Community Problems and Social Issues	_____	3	
MEH105	Introduction to Mental Health Work	_____	3	
PSY102	Introductory Psychology	_____	3	
HUS102	Helping Skills in Human Services		_____	3
HUS130	Life Changes & Crisis: Adaptation & Intervention		_____	3
HUS137	Field Placement 1: Human Services Practitioner		_____	3
OPN-ELECTIVE	Open Elective		_____	3
Total Semester Credits:			15	12
Total Program Credits:				27

## Program Information

- Communications and Mathematics proficiencies required to graduate.
- See guided pathway sheets for advising information specific to your area of focus.

## Additional Information

Please visit [www.northshore.edu/academics/programs](http://www.northshore.edu/academics/programs) for more information about this Program of Study.