

PATIENT SELF-ASSESSMENT FORM

Please complete the information below to the best of your ability.

Personal Information

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Email: _____

Name of referring physician: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Fax: _____

Name of primary care physician: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Fax: _____

Please list any additional physicians you would like reports from today's visit to be sent to:

Physician's Name	Address	Telephone
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

Reason for your visit: _____

Allergies

I have no known drug allergies

Please list medications that you are allergic to, if any:

1. _____ Reaction: _____

2. _____ Reaction: _____

3. _____ Reaction: _____

Medical History

Have you been or are you currently being treated for the following conditions?

Cancer Yes No

If yes, specify type(s) of cancer(s) and date(s) of diagnosis: _____

Other blood problem Yes No

If yes, specify type(s) of problem (s) and date(s) of diagnosis: _____

- | | | |
|-----------------------------|------------------------------|-----------------------------|
| Heart attack | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Congestive heart failure | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| High blood pressure | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| High cholesterol | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Peripheral vascular disease | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Dementia | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Stroke | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Pulmonary disease/COPD | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Autoimmune condition | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Diabetes | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Peptic ulcer disease | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Liver disease | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Viral hepatitis | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Paralysis | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Osteoporosis | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Kidney failure | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Psychiatric problems | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Race

Do you consider yourself (check all that apply):

- White
- Black
- Asian or Pacific Islander
- American Indian or Alaska Native

Ethnicity

Do you consider yourself of Hispanic or Latino or Spanish origin: yes no

Social History

Use of tobacco Yes Never Quit Passive

If “yes” or “quit”, how many packs per day? _____

For how many years? _____

Quit date: _____

Type of tobacco cigarettes cigars pipe chew snuff

Use of alcohol: Yes No

If “yes”, please specify amount consumed per week: _____

Use of recreational drugs: Yes No

If “yes”, please specify: _____

Socioeconomic History

Occupation: _____

Marital Status: Single Married Divorced Widowed

Spouse name: _____

Years of education: _____

Please list medications that you are currently taking, including anything over the counter:

Name of medication	Dose	Directions
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____

Please provide your pharmacy's information:

Pharmacy name: _____

Address: _____

Telephone: _____ Fax: _____

Review of Systems:

Please indicate if you currently experience any of the following signs and/or symptoms:

Constitutional	Yes	No	Respiratory	Yes	No
Weight change	<input type="checkbox"/>	<input type="checkbox"/>	Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>
Change in appetite	<input type="checkbox"/>	<input type="checkbox"/>	Wheezing	<input type="checkbox"/>	<input type="checkbox"/>
Fever	<input type="checkbox"/>	<input type="checkbox"/>	Chronic/frequent coughs	<input type="checkbox"/>	<input type="checkbox"/>
Night sweats	<input type="checkbox"/>	<input type="checkbox"/>	Coughing up blood	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	Coughing up sputum	<input type="checkbox"/>	<input type="checkbox"/>
Generalized weakness	<input type="checkbox"/>	<input type="checkbox"/>	Noisy breathing/snoring	<input type="checkbox"/>	<input type="checkbox"/>
Pain	<input type="checkbox"/>	<input type="checkbox"/>			
Eyes	Yes	No	Gastrointestinal	Yes	No
Wear glasses/contacts	<input type="checkbox"/>	<input type="checkbox"/>	Trouble swallowing	<input type="checkbox"/>	<input type="checkbox"/>
Blurry vision	<input type="checkbox"/>	<input type="checkbox"/>	Heartburn	<input type="checkbox"/>	<input type="checkbox"/>
Double vision	<input type="checkbox"/>	<input type="checkbox"/>	Reflux	<input type="checkbox"/>	<input type="checkbox"/>
Floaters	<input type="checkbox"/>	<input type="checkbox"/>	Nausea	<input type="checkbox"/>	<input type="checkbox"/>
Burning/itching/watery	<input type="checkbox"/>	<input type="checkbox"/>	Vomiting	<input type="checkbox"/>	<input type="checkbox"/>
Pain/redness/dryness	<input type="checkbox"/>	<input type="checkbox"/>	Vomiting blood	<input type="checkbox"/>	<input type="checkbox"/>
			Change in bowel movements	<input type="checkbox"/>	<input type="checkbox"/>
Ear/Nose/Throat	Yes	No	Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
Tinnitus/ringing	<input type="checkbox"/>	<input type="checkbox"/>	Constipation	<input type="checkbox"/>	<input type="checkbox"/>
Hearing loss	<input type="checkbox"/>	<input type="checkbox"/>	Blood in stools	<input type="checkbox"/>	<input type="checkbox"/>
Ear pain	<input type="checkbox"/>	<input type="checkbox"/>	Dark black stools	<input type="checkbox"/>	<input type="checkbox"/>
Recurrent ear infection	<input type="checkbox"/>	<input type="checkbox"/>	Bloating/gas	<input type="checkbox"/>	<input type="checkbox"/>
Nasal congestion	<input type="checkbox"/>	<input type="checkbox"/>	Abdominal pain	<input type="checkbox"/>	<input type="checkbox"/>
Sinus problem	<input type="checkbox"/>	<input type="checkbox"/>	Jaundice	<input type="checkbox"/>	<input type="checkbox"/>
Post-nasal drip	<input type="checkbox"/>	<input type="checkbox"/>			
Discharge	<input type="checkbox"/>	<input type="checkbox"/>	Musculoskeletal	Yes	No
Epistaxis/nose bleeds	<input type="checkbox"/>	<input type="checkbox"/>	Bone pain	<input type="checkbox"/>	<input type="checkbox"/>
Dental problem	<input type="checkbox"/>	<input type="checkbox"/>	Stiffness	<input type="checkbox"/>	<input type="checkbox"/>
Mouth sores	<input type="checkbox"/>	<input type="checkbox"/>	Backache	<input type="checkbox"/>	<input type="checkbox"/>
Sore throat	<input type="checkbox"/>	<input type="checkbox"/>	Muscular weakness	<input type="checkbox"/>	<input type="checkbox"/>
Hoarseness	<input type="checkbox"/>	<input type="checkbox"/>	Difficulty/pain in walking	<input type="checkbox"/>	<input type="checkbox"/>
Neck swelling	<input type="checkbox"/>	<input type="checkbox"/>	Fractures	<input type="checkbox"/>	<input type="checkbox"/>
			Muscle pain/cramps	<input type="checkbox"/>	<input type="checkbox"/>
Cardiovascular	Yes	No	Joint pain	<input type="checkbox"/>	<input type="checkbox"/>
Chest pain	<input type="checkbox"/>	<input type="checkbox"/>	Joint swelling	<input type="checkbox"/>	<input type="checkbox"/>
Palpitation	<input type="checkbox"/>	<input type="checkbox"/>			
Shortness of breath at night	<input type="checkbox"/>	<input type="checkbox"/>			
Difficulty breathing lying flat	<input type="checkbox"/>	<input type="checkbox"/>			
Swelling of feet/ankles/hands	<input type="checkbox"/>	<input type="checkbox"/>			
Pain in legs while walking	<input type="checkbox"/>	<input type="checkbox"/>			
Fainting spells	<input type="checkbox"/>	<input type="checkbox"/>			
Fast or slow heartbeat	<input type="checkbox"/>	<input type="checkbox"/>			

Genitourinary	Yes	No
Frequent urination	<input type="checkbox"/>	<input type="checkbox"/>
Urinating at night	<input type="checkbox"/>	<input type="checkbox"/>
Burning or painful urination	<input type="checkbox"/>	<input type="checkbox"/>
Blood in urine	<input type="checkbox"/>	<input type="checkbox"/>
Urgent urination	<input type="checkbox"/>	<input type="checkbox"/>
Incontinence	<input type="checkbox"/>	<input type="checkbox"/>
Dribbling	<input type="checkbox"/>	<input type="checkbox"/>
Reduced force of stream	<input type="checkbox"/>	<input type="checkbox"/>
Hesitancy	<input type="checkbox"/>	<input type="checkbox"/>
Infections	<input type="checkbox"/>	<input type="checkbox"/>

Integumentary	Yes	No
Rash	<input type="checkbox"/>	<input type="checkbox"/>
Itching	<input type="checkbox"/>	<input type="checkbox"/>
Sores	<input type="checkbox"/>	<input type="checkbox"/>
Ulcers	<input type="checkbox"/>	<input type="checkbox"/>
Changes in skin color	<input type="checkbox"/>	<input type="checkbox"/>
Changes in hair or nails	<input type="checkbox"/>	<input type="checkbox"/>
Varicose veins	<input type="checkbox"/>	<input type="checkbox"/>

Neurological	Yes	No
Fainting	<input type="checkbox"/>	<input type="checkbox"/>
Blackouts	<input type="checkbox"/>	<input type="checkbox"/>
Convulsions/seizures	<input type="checkbox"/>	<input type="checkbox"/>
Weakness	<input type="checkbox"/>	<input type="checkbox"/>
Paralysis	<input type="checkbox"/>	<input type="checkbox"/>
Numbness/loss of sensation	<input type="checkbox"/>	<input type="checkbox"/>
Tingling/pins and needles	<input type="checkbox"/>	<input type="checkbox"/>
Tremors	<input type="checkbox"/>	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>
Lightheaded/dizzy/vertigo	<input type="checkbox"/>	<input type="checkbox"/>
Memory loss	<input type="checkbox"/>	<input type="checkbox"/>

Endocrine	Yes	No
Heat intolerance	<input type="checkbox"/>	<input type="checkbox"/>
Cold intolerance	<input type="checkbox"/>	<input type="checkbox"/>
Excessive thirst	<input type="checkbox"/>	<input type="checkbox"/>
Excessive urination	<input type="checkbox"/>	<input type="checkbox"/>
Excessive hunger	<input type="checkbox"/>	<input type="checkbox"/>
Excessive urination	<input type="checkbox"/>	<input type="checkbox"/>
Excessive sweating	<input type="checkbox"/>	<input type="checkbox"/>
Glandular or hormone issues	<input type="checkbox"/>	<input type="checkbox"/>

Hematologic/Lymphatic	Yes	No
Easy bleeding	<input type="checkbox"/>	<input type="checkbox"/>
Easy bruising	<input type="checkbox"/>	<input type="checkbox"/>
Slow to heal after cuts	<input type="checkbox"/>	<input type="checkbox"/>
Low blood counts	<input type="checkbox"/>	<input type="checkbox"/>
Lump on breast/neck	<input type="checkbox"/>	<input type="checkbox"/>

Allergic/Immunologic:	Yes	No
Recurrent skin infections	<input type="checkbox"/>	<input type="checkbox"/>
Anaphylaxis	<input type="checkbox"/>	<input type="checkbox"/>
Lip swelling	<input type="checkbox"/>	<input type="checkbox"/>
Skin tightness	<input type="checkbox"/>	<input type="checkbox"/>
Hair loss	<input type="checkbox"/>	<input type="checkbox"/>
Morning stiffness	<input type="checkbox"/>	<input type="checkbox"/>
Raynaud's	<input type="checkbox"/>	<input type="checkbox"/>
Skin reactions or adverse reaction to:		
Drug/medication	<input type="checkbox"/>	<input type="checkbox"/>
Anesthesia	<input type="checkbox"/>	<input type="checkbox"/>
Food	<input type="checkbox"/>	<input type="checkbox"/>

Psychiatric:	Yes	No
Nervousness	<input type="checkbox"/>	<input type="checkbox"/>
Anxiety/panic attack	<input type="checkbox"/>	<input type="checkbox"/>
Tension	<input type="checkbox"/>	<input type="checkbox"/>
Memory loss/confusion	<input type="checkbox"/>	<input type="checkbox"/>
Sleep problems	<input type="checkbox"/>	<input type="checkbox"/>
Depressed mood	<input type="checkbox"/>	<input type="checkbox"/>
Hallucination	<input type="checkbox"/>	<input type="checkbox"/>

Male:	Yes	No	
Testicle pain/lumps	<input type="checkbox"/>	<input type="checkbox"/>	
Prostate problems	<input type="checkbox"/>	<input type="checkbox"/>	
Reduced libido/desire	<input type="checkbox"/>	<input type="checkbox"/>	

Female:	Yes	No	
Irregular periods	<input type="checkbox"/>	<input type="checkbox"/>	
Vaginal yeast infections	<input type="checkbox"/>	<input type="checkbox"/>	
Reduced libido/desire	<input type="checkbox"/>	<input type="checkbox"/>	
Pregnant or nursing	<input type="checkbox"/>	<input type="checkbox"/>	
Planning a pregnancy	<input type="checkbox"/>	<input type="checkbox"/>	

Current form of birth control: _____

Last menstrual cycle: _____

Age at onset of menstruation: _____

Age at onset of menopause: _____

Patient's signature	Date
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I have reviewed all information with the patient _____

Physician's signature	Date
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