



Loss of a Parent...

Understanding Grief

Saturday, May 13th

9:30 – 11:30am

**Knights of Columbus Hall,
1800 S. 92nd Street, West Allis
(Between National Ave. and Greenfield Ave.)**

Even as adults, we are still our parent's children. The death of our parent(s) can leave us with a broken heart, as well as with mixed feelings depending on our relationship. No matter the experience of our parent-child relationship, the death of a parent is a significant loss in our lives on many different levels.

Using the wisdom of a story entitled "Tear Soup," our time together will include:

- ❖ A discussion of the grief journey
- ❖ An exploration of the effects and expressions of loss
- ❖ Sharing some practical healing strategies
- ❖ A tribute to honor our parents

Presenters:

Sandy Wolf, RN, MSN, CT

Bereavement Coordinator for Froedtert Hospital & the Medical College of WI

Pete Reinl, CSG

Director of Grief Support Services for Church and Chapel Funeral Homes

Snacks and refreshments will be served.

RESERVATIONS are preferred for planning purposes, but are not essential. Call 414-651-2737 and leave a message (name, number attending and phone number) or email petereinl@churchandchapel.us with the same information.

This program is offered to the community by ***Church and Chapel Funeral Homes***

