



# Loss of a Parent...

## Understanding Grief

**Saturday, May 13<sup>th</sup>**

**9:30 – 11:30am**

**Knights of Columbus Hall,  
1800 S. 92<sup>nd</sup> Street, West Allis  
(Between National Ave. and Greenfield Ave.)**

Even as adults, we are still our parent's children. The death of our parent(s) can leave us with a broken heart, as well as with mixed feelings depending on our relationship. No matter the experience of our parent-child relationship, the death of a parent is a significant loss in our lives on many different levels.

Using the wisdom of a story entitled "Tear Soup," our time together will include:

- ❖ A discussion of the grief journey
- ❖ An exploration of the effects and expressions of loss
- ❖ Sharing some practical healing strategies
- ❖ A tribute to honor our parents

### **Presenters:**

***Sandy Wolf***, RN, MSN, CT

Bereavement Coordinator for Froedtert Hospital & the Medical College of WI

***Pete Reinl***, CSG

Director of Grief Support Services for Church and Chapel Funeral Homes

**Snacks and refreshments will be served.**

**RESERVATIONS** are preferred for planning purposes, but are not essential. Call 414-651-2737 and leave a message (name, number attending and phone number) or email [petereinl@churchandchapel.us](mailto:petereinl@churchandchapel.us) with the same information.

This program is offered to the community by ***Church and Chapel Funeral Homes***

