

GUIDANCE ON NHS APPRAISAL FOR PUBLIC HEALTH CONSULTANTS

INTRODUCTION

This set of documents reflects the agreement on appraisal for NHS consultants issued with Advance Letter (MD) 6/00. It is revised for public health consultants to reflect the standards laid out by the Faculty of Public Health Medicine in *Good Public Health Practice*. The AL said there would be standard documentation to ensure consistency:

"Appraisal must follow a standardised format if it is to be applied consistently and satisfy the GMC's requirements for revalidation. Standardised documentation will be issued in time for use as of April 2001. This documentation will support appraisal and will, in due course, be the vehicle for the delivery of the GMC's revalidation requirements. The use of standardised documentation will ensure that information from a variety of NHS employers will be recorded and expressed consistently.

"Employers, in liaison with the public health directorate, Medical Staff Committee (or equivalent), Local Negotiating Committee and where appropriate the university should consider whether they wish to retain any existing appraisal scheme for continued use. They should consider whether the existing scheme complies with the requirements of the attached agreement, bearing in mind the following:

- if local schemes are retained they must be adapted to comply with the requirements of the national agreement or be replaced in full;
- where an existing scheme is retained, it will be necessary to adopt the standardised documentation;
- it will be necessary for the purposes of revalidation that the doctor's work be considered under the headings of the GMC's "Good Medical Practice" set out in paragraph 3 of the attached agreement.

"Exceptionally, where the LNC cannot reach agreement (*ie with employers*) on those local schemes departing from the national model, referral should be made to the NHS Executive for advice and guidance. Every attempt should be made to resolve local difficulties before referral is made. While there is scope, within the national agreement, for discretion over the operation of appraisal locally, we intend before April 2001 to issue standardised documentation as described above."

The documentation foreshadowed in the Advance Letter is now attached. It is designed to provide a formal, supportive, consistent structure to the appraisal process. It covers the process in sequence and suggests the information and evidence which the parties to appraisal will wish to bring to the process.

APPRAISAL DOCUMENTATION

This documentation is part of an overall process which will include training for appraisers and appraisees. Completing the documents is an important facet of appraisal, not least as it provides a written agreement and encourages consistency, but the dialogue between individuals and the exchange of views is equally important.

Every consultant being appraised should prepare an *appraisal folder*. This is a systematically recorded set of all the documents: information, evidence and data which will help inform the appraisal process. Once the folder has been set up it can be updated as necessary. The documentation will allow access to the original documents in the folder in a structured way, record what the appraisal process concluded from them and, finally, what action was agreed as the outcome following discussion.

The appraisal process will not of itself result in the generation of significant amounts of new evidence or information, rather it will capture the information that already exists. What goes into the folder will, for the most part, be available from clinical governance activity, the job planning process and other existing sources. One result of the appraisal process will be to identify areas where there are gaps to be filled or where perhaps data needs to be better collated or presented. This is likely to be more apparent in the early years after appraisal is launched.

Consultants will need to consider which documents they will need to collect for the appraisal process, in the light of this guidance. Documents issued prior to the publication of this guidance may no longer be accessible and may, therefore, not be available for the first appraisal under this scheme.

PREPARING FOR APPRAISAL

Successful appraisal depends on both the parties giving their contribution some thought beforehand. Both parties should give themselves enough time to produce, exchange and consider any documents necessary for the appraisal – a few weeks rather than a few days in advance is best. Where, for whatever reason, a third party needs to contribute to an appraisal - or, indeed, where a special appraiser has to be called in - this should also be discussed and agreed well in advance.

We suggest that it would greatly help the process if both the appraiser and the appraisee thought through the following questions before the interview:

- how good a public health physician/public health specialist am I?
- how well do I perform?
- how up to date am I?

- how well do I work in a team?
- what resources and support do I need?
- how well am I meeting my service objectives?
- what are my development needs?

It is very important that the discussion, a vital component of appraisal, is planned in diaries well-ahead and protected. Ad hoc arrangements will fail the appraisee and the appraiser.

Essentially, the timing, location and people involved in the appraisal need to be discussed and confirmed about a month beforehand.

AL(MD)6/00, paragraph 13, explains that “To be successful, the appraisal scheme must be introduced with an appropriate level of support to appraisers and appraisees. Adequate time should be allocated for the preparation...”. It is essential, therefore, that adequate time is allocated for preparation, both for the appraiser and the appraisee. Employers must recognise that preparation time and time for carrying out the appraisal are instead of, rather than additional to the consultant’s existing duties and workload, and therefore should take place during usual working hours. In order to prepare for appraisals individuals should be explicitly released from other duties for a specified period of time. In the first year of the scheme it must be recognised that appraisees will require further time for work involved in setting up their appraisal folders.

USING THE DOCUMENTATION

The chief executive has overall accountability for ensuring appraisal takes place and will receive copies of the forms *summarising* the outcome of the appraisal. This means that Appraisal **Forms 1-4** only will be forwarded to the chief executive.

JOB PLANNING AND COMPARATIVE DATA

The introduction of an appraisal scheme for consultants is linked closely with objective setting arrangements. The appraisal process and the interview provide an important opportunity to draw together information and data from which the objectives and a work programme are shaped. The documentation here - **Form 5** –provides for a record of the basic information underpinning discussion of the job plan - including any pertinent internal and external comparative information – so that it can be used as a cross-reference between this and the other parts of the appraisal process.

SHOULD CONCERNS ARISE DURING APPRAISAL

Both the appraiser and the appraisee need to recognise that as registered medical or dental practitioners they must protect patients when they believe that a colleague's health, conduct or performance is a threat to patients (*GMC Good Medical Practice paragraph 23; GDC Maintaining Standards paragraph 2.4*). If, as a result of the appraisal process, the appraiser believes that the activities of the appraisee are such as to put individuals or communities at risk, the appraisal process should be stopped and action taken. If the situation is then

remedied the appraisal process can continue. Nothing in the operation of the appraisal process can over-ride the basic professional obligation to protect the public's health.

PUBLIC HEALTH PHYSICIANS

The Advance Letter (AL(MD)6/00) covers consultants in public health medicine. However, the nature of their practice means that the information and evidence brought to the appraisal process will in some respects differ from colleagues in other clinical specialties. For example, public health consultants will wish to refer to *Good Public Health Practice* published by the Faculty of Public Health Medicine of the RCP(UK). References to good medical practice and to maintaining good medical practice clearly refer in the case of public health consultants to public health medicine practice.

We provide at appropriate points on **Forms 4 and 6** space for public health consultants to comment on and record action against any other headings of *Good Public Health Practice* not covered elsewhere.

GMC REVALIDATION

The documentation has been prepared in the light of proposals by the GMC to introduce revalidation for all doctors.

Briefly, the GMC's proposals call for a five-yearly demonstration of all doctors' fitness to practise. Under the scheme currently being proposed, this will be based on information and evidence to be seen by GMC panels. As far as is possible, we have designed the documentation to allow the information and evidence gathering processes of appraisal and the summaries of outcomes to fulfil the requirements of revalidation as soon as it is introduced. This means that doctors will be able to produce the evidence they need for revalidation as part of a seamless process which avoids complexity and duplication. For example, **Forms 1-4** should be able to provide the evidence required for revalidation.

While there is a clear connection between revalidation and appraisal there are also differences. In general, revalidation concerns itself with a standard measured against the framework of the GMC's guidance *Good Medical Practice* while NHS appraisal takes, in addition to this, a broader look at a doctor's work and service delivery. For public health practice this needs to be interpreted in the light of *Good Public Health Practice*.

It is UK Health Departments' policy to support the GMC's plans to introduce revalidation and to make sure that the practical arrangements are as simple and straightforward to operate as possible. We expect that further guidance will be issued by the GMC on revalidation before its scheme is introduced.

PUBLIC HEALTH PHYSICIANS

APPRAISAL FOLDER - FORM 1 – BACKGROUND DETAILS

The aim of this form is to provide:

- the basic background information to identify you individually;
- brief details of your career and professional status;
- the opportunity for you to supplement this with other information you think is helpful. You can provide at **1ii** any other personal details which help describe your current practice, for example, membership of medical and specialist societies.

i. Personal Details

Name:

Registered address (and contact address if different):

Main employer

Other employers/places of work

Date of primary medical or dental qualification (in the UK or elsewhere)

GMC/GDC registration (type of registration currently held, registration number and date of first full registration)

Starting date of first appointment as a substantive consultant in the NHS, including honorary appointment (pre 1997 please also give specialty; 1997 and after, please also give date of specialist registration, and specialties in which registered)

Date of appointment to post currently held, if different

Title of post currently held (for example, consultant public health physician)

Date and country of grant of any specialist registration/qualification outside the UK and specialty in which you were registered

Any other specialties or sub-specialties in which you are registered

Has your registration been called into question since your last appraisal? *(If this is the first appraisal, is your registration currently in question?)*

Date of last revalidation (if applicable)

List all the posts in which you have been employed (including honorary and part-time posts) in the NHS and elsewhere in the past five years

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ii. Other relevant personal details

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FORM 2 – DETAILS OF YOUR CURRENT PUBLIC HEALTH ACTIVITIES, INCLUDING CLINICAL PRACTICE

The aim of this form is to provide you with an opportunity to describe your post(s) in the NHS, in other public sector bodies, or in the private sector, including titles and grades of any posts currently held, or held in the past year. You should explain what you do and where you practise.

Your descriptions should cover your practice at all locations since your last appraisal. You may wish to comment on the environment in which you practise, including:

- factors which you believe affect the promotion of good health and the provision of good health care, including your views (supported by information and evidence) on the resources available;
- action taken by you to address any obstacles to promoting good health and the provision of good health care.

You should keep a copy of your job plan in this section of your folder.

Please provide:

1. A short description of your work in your specialty and your actual practice. What different types of activity do you undertake?

2. Sub-specialist skills and commitments

3. Details of emergency, on-call and out-of-hours responsibilities

4. Details of any other work including non-NHS practice

5. Details of work that you undertake as a consultant, for example, teaching/academic work, management activities, research, examining

6. Work for regional, national or international organisations

7. Other professional activities.

FORM 3 – RECORD OF REFERENCE DOCUMENTATION SUPPORTING THE APPRAISAL AND REPORT ON DEVELOPMENT ACTION IN THE PAST YEAR

The aim of this form is to record the background evidence and information that will help to inform your appraisal discussions. You should list at **3i** the documents in your appraisal folder. These provide evidence in the terms set out in the GMC's *Good Medical Practice*. You should at **3ii** set out your personal development activity for the past year. This will provide a baseline for discussion of future needs.

You should do this for all fields of practice within which you work for the NHS. If you have management or research responsibilities or if you work in more than one specialty then you will need to include information - under the headings of *Good Public Health Practice* - for each field.

You should include relevant information and evidence from your practice outside the NHS; this should cover activities relevant to your NHS role, to help give an overall picture of you and your development needs.

RECORD OF REFERENCE DOCUMENTATION

GOOD PUBLIC HEALTH PRACTICE

1. Good public health practice

This will be defined with reference to the ten key areas of Good Public Health Practice¹. Examples of documentation which may be appropriate:

- current job plan/work programme/or objectives (*this will be kept behind Form 2 in your folder*);
- indicative information regarding annual caseload/workload;
- up to date audit data including information on audit methodology if available;
- record of how results of audit have resulted in changes to practice (if applicable);
- evidence of any resource shortfalls which may have compromised your ability to meet your objectives;
- evidence of how any in-service educational activity may have affected service delivery;

¹ FPHM (2001) Ten Key Areas of Good Public Health Practice

- records of outcome of any investigated formal complaints in which the investigation has been completed in the past twelve months, or since your last appraisal;
- a description of how the outcome of any complaints has resulted in changes to practice;
- outcome of external reviews (peer and otherwise);
- a description of any issues arising in relation to adherence to employer clinical governance policies;
- record of how relevant clinical or other relevant practice guidelines are reviewed by the appraisee and his/her team and how these have affected practice;
- records of any relevant critical incident reports;
- any other routine indicators of the standards of your care which *you yourself* use.

List below each document, in the order they appear in your folder. Continue on a separate sheet if necessary.

1.
2.
3.
4.
5. etc
-
-

2. Maintaining good public health practice

The purpose of this section is to record CPD/CME activities undertaken since the last appraisal. Any difficulties in attending CPD/CME activities should be recorded, with reasons.

Examples of documentation which may be appropriate (*if available*):

- examples of participation in appropriate continuing professional development. This might include individual development activity, locally-based development and participation in Faculty of Public Health Medicine activities. List all CPD courses attended, and points awarded for each attendance.

List below each document, in the order they appear in your folder. Continue on a separate sheet if necessary.

1.
2.
3.
4.
- 5.etc
-
-

3. Teaching and training

The purpose of this section is to reflect on your teaching and training activities since your last appraisal. Any difficulties in arranging cover for your work whilst undertaking teaching and training (including educational activities for the NHS generally) should be recorded.

Examples of documentation which may be appropriate:

- a summary of formal teaching/lecturing activities, supervision/mentoring duties, any recorded feedback from those taught.

List below each document, in the order they appear in your folder. Continue on a separate sheet if necessary.

1.
2.
3.
4.
- 5.etc
-
-

4. Relations with individuals and communities

The purpose of this section is to reflect on your relationships with individuals/the public.

Examples of documentation which may be appropriate:

- any examples of good practice or concern in your relationships with individuals/the public;
- newspaper articles written by or about you.

This might include validated population-based surveys, your assessment of any changes in your practice as a result of any investigated complaint, compliments from individuals or the public, peer reviews/surveys.

List below each document, in the order they appear in your folder. Continue on a separate sheet if necessary.

1.
2.
3.
4.
- 5.etc
-

5. Working with colleagues

The purpose of this section is to reflect on your relationships with your colleagues. Examples of documentation which may be appropriate:

- a description of the setting within which you work and the team structure within which you practise;
- any other documentary evidence that may be available (such as records of any formal peer reviews or discussions) should be included here. Otherwise a record of the discussion and any action agreed should form part of the summary in **Form 4**.

List below each document, in the order they appear in your folder. Continue on a separate sheet if necessary.

1.
2.
3.
4.
5. etc
-
-

- 6. Probity }**
- 7. Health }**

You should note here any concerns raised or problems encountered during the year on either of these issues and include any records.

List below each document, in the order they appear in your folder. Continue on a separate sheet if necessary

Probity

1.
2.
3.
- etc

Health

1.
2.
3.
4. etc

MANAGEMENT ACTIVITY

Examples of documentation which may be appropriate:

- information about your formal management commitments, records of any noteworthy achievements and any recorded feedback if available.

You will already have covered much or all of your management activity in earlier sections of **Form 3**. This section provides an opportunity to add any further information, including any difficulties in arranging cover for your work whilst undertaking management activity (including activities for the NHS regionally and nationally). To avoid duplication you should cross-reference here any documents listed earlier which refer to your management activity.

List below each document, in the order they appear in your folder. Continue on a separate sheet if necessary

1.
2.
3.
4.
-
-

see also documents... .. above.

RESEARCH

Examples of documentation which may be appropriate:

- evidence of formal research commitments;
- record of any research ongoing or completed in the previous year;
- record of funding arrangements for research;
- record of noteworthy achievements;
- confirmation that appropriate ethical approval has been secured for all research undertaken.

You will already have covered much or all of your research activity earlier on **Form 3**. To avoid duplication you should cross-reference here any documents already listed which refer to your research activity.

List below each document, in the order they appear in your folder. Continue on a separate sheet if necessary.

1.
2.
3.
4.
-

See also documents..... above.

REPORT ON DEVELOPMENT ACTION IN THE PAST YEAR

You should summarise here the development action agreed at the last appraisal (or at any interim meeting) or include your personal development plan. This will facilitate discussion on progress towards development goals. You should record where it is agreed that goals have been achieved or where further action is required. It is assumed that where a development need has not been met in full it will remain a need and will either be reflected in the coming year's plan or have resulted in other action.

SIGN OFF

We confirm that the above information is an accurate record of the documentation provided by the appraisee and used in the appraisal process, and of the appraisee's position with regard to development action in the course of the past year.

Signed:

Appraisee:

Appraiser:

Date:

FORM 4 – SUMMARY OF APPRAISAL DISCUSSION WITH AGREED ACTION AND PERSONAL DEVELOPMENT PLAN

The aim of this section is to provide an agreed summary of the appraisal discussion based on the documents listed in **Form 3** and a description of the action agreed in the course of the appraisal, including those forming the personal development plan.

This form should be completed by the appraiser and agreed by the appraisee. Under each heading the appraiser should explain which of the documents listed in **Form 3** informed this part of the discussion, the conclusion reached and say what, if any, action has been agreed.

SUMMARY OF APPRAISAL DISCUSSION

1. Good public health practice

Commentary:

Action agreed:

2. Maintaining good public health practice

Commentary:

Action agreed:

3. Teaching and training

Commentary:

Action agreed:

4. Relations with individuals and communities

Commentary:

Action agreed:

5. Working with colleagues

Commentary:

Action agreed:

6. Probity

Commentary:

Action agreed:

7. Health

Commentary:

Action agreed:

8. Any other points

Commentary:

Action agreed:

PERSONAL DEVELOPMENT PLAN

In this section the appraiser and appraisee should identify key development objectives for the year ahead, which relate to the appraisee's personal and/or professional development. This will include action identified in the summary above but may also include other development activity, for example, where this arises as part of discussions on objectives and job planning. Please indicate clearly the timescale within which these objectives should be met on the template provided here.

Public health physicians approaching retirement age may well wish to consider their retirement intentions and actions which could be taken to retain their contribution to the NHS.

The important areas to cover are:

- action to maintain skills and the level of service to the public
- action to develop or acquire new skills
- action to change or improve existing practice.

PERSONAL DEVELOPMENT TEMPLATE

*This should be used to inform discussion on development provided for on **Form 4**. It should be updated whenever there has been a change – either when a goal is achieved or modified or where a new need is identified.*

What development needs have I?	How will I address them?	Date by which I plan to achieve the development goal	Outcome	Completed
<i>Explain the need.</i>	<i>Explain how you will take action, and what resources you will need?</i>	<i>The date agreed with your appraiser for achieving the development goal.</i>	<i>How will your practice change as a result of the development activity?</i>	<i>Agreement from your appraiser that the development need has been met.</i>
1.				
2.				
3.				
4. etc				

SIGN OFF

We agree that the above is an accurate summary of the appraisal discussion and agreed action, and of the agreed personal development plan.

Appraiser: _____ (GMC/GDC Number)

Appraisee:

Date:

Record here the names of any third parties who contributed to the appraisal and indicate the capacity in which they did so:

FORM 5 - PERSONAL AND ORGANISATIONAL EFFECTIVENESS

The aim of this form is to describe your effectiveness on a personal level and within the NHS organisation where you work, with a view to informing job plan review. For example:

- the contribution you make to the development of services;
- the delivery of service outcomes;
- your identification of the resources needed to improve personal effectiveness.

The appraiser should prepare workload summary with the appraisee.

Examples of documentation which may be appropriate:

- agreed service-related objectives and work programme (if not included elsewhere);
- relevant comparative performance data;
- any advice from the appropriate royal college, faculty or specialty association on workload or productivity;
- nationally or locally agreed comparators or performance standards;
- current available waiting list data;
- any local policies, goals or service standards which influence or affect performance;
- a note of any difficulties you may have had in obtaining your entitlements to annual leave, leave in lieu of bank holidays worked and free time when not on leave and appropriate staff to cover such absences;
- a note of any changes in the job plan proposed either by the appraisee or the appraiser (but other changes may, of course, emerge during the discussion)

Documents listed here may be introduced into the discussion by either the appraisee or the appraiser.

List documents here:

1.

2.

3.

4.

5. etc

.....

.....

The appraiser should record any points of agreement or concern not covered elsewhere, for example, specific to service objectives and any other agreed action not included in the personal development plan.

Appraiser:

Appraisee:

Date:

FORM 6 - DETAILED CONFIDENTIAL ACCOUNT OF APPRAISAL INTERVIEW

Aim – to provide the opportunity, *if required*, to record a fuller, more detailed account of the appraisal discussion than is recorded on **Form 4** and which both parties feel may inform or help the next appraisal round.

This form is confidential and is not intended to form part of the documentation going to the chief executive (see Introduction). However, as is made clear in the Introduction, there is a duty to pass on any serious concerns arising during appraisal that could affect patient care.

You should exercise great caution in commenting on third parties. Any comments you make about third parties should be supported by firm evidence. You should not use this form to record concerns about the performance of colleagues for which action should be taken under a separate procedure, for example, GMC fitness to practise procedures (see Introduction, ‘Should concerns arise during appraisal’).

Completion of this form is not obligatory.

1. Good public health practice

2. Maintaining public health practice

3. Teaching and training

4. Relations with individuals and communities

5. Working with colleagues

6. Probity

7. Health

8. Any other points

Appraiser:

Appraisee:

Date: