
Office Visit Report

Date of Visit: August 5, 2024

Patient Information:

- **Name:** John Doe
- **Date of Birth:** January 15, 1985
- **Gender:** Male
- **Contact Information:** 123-456-7890

Visit Details:

- **Appointment Time:** 10:00 AM
- **Physician:** Dr. Jane Smith
- **Nurse/Assistant:** Mary Johnson

Reason for Visit:

- Routine annual check-up

Medical History:

- **Current Medications:** Lisinopril 10mg daily, Atorvastatin 20mg daily
- **Allergies:** Penicillin
- **Past Medical History:** Hypertension, Hyperlipidemia
- **Family Medical History:** Father with coronary artery disease, mother with type 2 diabetes

Vital Signs:

- **Blood Pressure:** 130/85 mmHg
- **Heart Rate:** 72 bpm
- **Respiratory Rate:** 16 breaths/min

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- **Temperature:** 98.6°F
 - **Weight:** 180 lbs
 - **Height:** 5'10"
 - **BMI:** 25.8

Physical Examination:

- **General Appearance:** Well-nourished, no acute distress
- **Head and Neck:** No lymphadenopathy, thyroid normal
- **Cardiovascular:** Regular rate and rhythm, no murmurs
- **Respiratory:** Clear to auscultation bilaterally
- **Abdomen:** Soft, non-tender, no hepatosplenomegaly
- **Musculoskeletal:** Full range of motion, no swelling or tenderness
- **Neurological:** Alert and oriented, cranial nerves intact
- **Skin:** No rashes or lesions

Laboratory and Diagnostic Tests:

- **Tests Ordered:** CBC, Lipid panel, HbA1c
- **Results:** Pending

Assessment and Plan:

- **Assessment:**
 - Hypertension, controlled
 - Hyperlipidemia, controlled
- **Plan:**
 - Continue Lisinopril 10mg daily
 - Continue Atorvastatin 20mg daily
 - Follow-up in 6 months for blood pressure and lipid panel recheck
 - Referral to dietitian for dietary counseling
 - Patient education on lifestyle modifications (diet, exercise)

Notes:

- Patient advised to monitor blood pressure at home and keep a log
- Discussed importance of regular exercise and a heart-healthy diet

Physician's Signature: _____

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