

Self Assessment Essay

In order for you to measure how successful you are being in preparing yourself for the application to your selected professional program, write a reflective essay (to be given to a member of the Pre–Professional Health Committee for inclusion in your file). The Committee will use these essays to chart your development while at Wagner College, and to construct the best possible letter of evaluation for when you apply to your selected program. It is in your best interest to be honest and critical as you write this essay as it will help you discover both your strengths and weaknesses and guide your future work at Wagner. The reflective essay should answer some, or all, of the following questions and may include other items as well:

Are you taking the required classes for the program?

Are you making satisfactory progress in your major?

Do you enjoy your major?

Do you make an impression on your professors?

Are you learning from your classes, or do you just memorize notes?

Do you review your notes from classes taken before the current semester?

Are you preparing for you professional exam (MCAT, DAT, GRE)?

Have you secured an appropriate work/research experience?

Are you involved in community services?

Are you becoming involved merely to pad your resume?

What roles of leadership have you taken?

Are you developing outside interests?

Have you considered what you will do if you fail to enter your chosen professional program?

Have you researched what professional schools you would like to attend?

Have you started preparing your personal statement?

Once you have completed this essay, please give it to a member of the Pre–Professional Health Committee. Make sure that the essay has your name and date on it.