

## Parenting Plan Outline

(Per Parenting Act-Neb. Rev. Stat. 43-2913- (1998) only non-financial matters should be included)

- A. Acknowledgement:** We are both dedicated parents, who although separated, want the best for our child/ren. This involves the child/ren having a meaningful and positive relationship with each of us. In light of our common concern for our child/ren, we are entering into this parenting plan.
- B. Custody and Primary Residence:** Mother/Father will have Legal custody (decision making) of the child/ren. Mother/Father will have Physical Custody (primary residence) of the child/ren.
- C. Regular Parenting Time – Specific pick up and return times for regular time-sharing** (a default arrangement the parents agree to follow unless they mutually decide otherwise): Weekends, weekdays, transportation responsibilities; notice of change of plans; flexibility; three and four day weekends; snow days.
- D. Holiday Schedule – Specific pick up and return times and definition of the time frames for holidays** so the parties have the same understanding of what constitutes the time structure for each holiday:
- Memorial Day
  - Fourth of July
  - Labor Day
  - Halloween
  - Thanksgiving
  - Hanukkah / Kwanzaa
  - Christmas Eve
  - Christmas Day
  - New Year's
  - Passover / Easter
  - Mother's Day
  - Father's Day
  - Birthdays - Children's / Mother's / Father's
  - Others?
- E. Vacation – Specific amounts of vacation time for both parents.** The amount of notice to be given for intended vacation dates, emergency phone numbers where the vacationing parent may be reached, and frequency of phone calls to the non-vacationing parent by the child/ren. **An “up to” or cap on the time** indicates the maximum time either parent may take:
- Amount of time
  - Notification

## **F. Transportation and Transition Plan**

*The following paragraphs (G-O) are standard paragraphs in parenting plans. Any questions or changes can be discussed during the mediation session.*

## **G. Telephone Contact**

- While the child is at the other parent's home

**H. School and Medical**

- Names of both parents will appear on all school records and medical records
- Both parents acknowledge that regular and continuous school attendance and progress is required for school-aged child/ren.
- Both parents may initiate emergency medical care
- Both parents will be aware of current physician and dentist
- Agree to consult with each other on medical concerns and emergencies

**I. Decision Making**

- Both parents have a right of access to medical and dental records and to make emergency decisions when the child/ren is with that parent.
- Parents agree to make joint (or sole) decisions in reference to:
  - School
  - Medical Care
  - Activities
- (List major areas of parenting such as education, religion, special needs, etc)

**J. Parental Communication**

- Business-like communication
- Not speaking negatively of each other around children; respecting child/ren's dignity and feelings
- All parenting issues will take place directly between the parents, without involving the child/ren
- Communication process: a) between biological parents  
b) detailed communication plan

**K. Activities**

- Keeping each other informed of activities
- Agreement to not schedule activities during other parent's time

**L. Current Information**

- Keeping each other informed of contact information

**M. Extended Family**

- Extended family access during each parents own parenting time

**N. Change of Residence:** The parents agree that if one of them changes their residence, the new address shall be provided to the other parent prior to the move. A parent may not move a child from Nebraska without court permission.

**O. Remediation**

- Prior to filing legal action

**P. Additional Paragraphs** (which may be addressed):

- a. Childcare & Childcare emergencies
- b. Formal rules for future parenting communications
- c. Other:\_\_\_\_\_