Personal Basketball Trainer Job Description

Personal trainers are passionate about basketball, wellness and exercise Personal basketball trainers design customized one-on-one training programs, and group training programs, while helping motivate clients to become better basketball players. They monitor skill progress and are used by people who want to improve their basketball skill set. Trainers work with people from many different backgrounds and abilities, from High School athletes, to grade school beginners. A job as a trainer can be rewarding and fulfilling, as you help enrich the lives of young athletes in your area

Personal Trainer Job and Education Requirements

Personal trainers must have a high school diploma, be a minimum of 18 years-old, and have coached or trained for a minimum of 2 years. (There potentially may be coaching opportunities for trainers in the winter and summer sessions)

Personal Trainer Salary and Wages

Trainers will be paid a minimum $10 per hour and as much as $20 dependent upon they type of sessions, and experience. Trainers will be paid on a weekly basis and have bonus potential available to them. Trainers will have gym made available to them, but potentially could be asked to train in different facilities

Personal Trainer Certifications

Applicants will be subject to a background check.

Trainer Job Duties

Conduct hour long individual skill training sessions
Conduct hour long group skill training sessions
Formulate training programs for athletes of all ages and abilities
Market and grow training business
Demonstrate a variety of offensive and defensive basketball techniques
Teach shooting fundamentals
Teach ball-handling techniques
Conduct endurance/cardio workouts

Trainer Job Requirements

Excellent Communicator
Strong Motivator of others
Self-motivated
Organized and responsible
Manage time wisely and effectively
Have flexible working hours, willing to work weekends
Coaching and training experience recommended

If you feel you meet the requirements, send your resume and contact information to HMC, PO Box 75165, Wichita, KS 67275.