

Caregiver Resume for Elderly

Maria Rodriguez

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Objective

Compassionate and dedicated caregiver with over 5 years of experience in elderly care. Skilled in assisting seniors with daily living activities, medication management, and companionship. Committed to improving the overall well-being and health of elderly clients through attentive care and emotional support.

Professional Experience

Senior Caregiver

Comfort Care Agency, Springfield, IL - June 2018 to Present

- Provide daily care to elderly clients, including personal hygiene, dressing, and nutrition assistance.
- Administer medications and monitor health conditions, liaising with healthcare providers to ensure comprehensive care.
- Develop engaging activities to enhance mental engagement and physical health.
- Maintain detailed records of patient care, condition, progress, and concerns.

Home Health Aide

Springfield Healthcare Services, Springfield, IL - January 2015 to May 2018

- Assisted elderly patients with mobility, transfers, and transportation to medical appointments.
- Performed household tasks such as laundry, cooking, and cleaning, ensuring a safe and clean environment.
- Supported family members with care planning and updates on health improvements or concerns.

Education

Springfield Community College, Springfield, IL

Associate Degree in Geriatric Care - May 2015

- Relevant Coursework: Gerontology, Basic Nursing Skills, Psychology of Aging

Certifications

- Certified Nursing Assistant (CNA), Illinois, 2015
- CPR and First Aid Certified, American Red Cross, 2015

Skills

- Empathetic and patient-focused care
- Excellent communication and interpersonal skills
- Proficiency in electronic health record systems
- Strong organizational and time-management skills

Volunteer Experience

Volunteer

Springfield Senior Center, Springfield, IL - February 2013 to December 2014

- Organized and led group activities for seniors, including workshops, exercises, and social events.

- Provided companionship and conversational support to enhance social interaction among residents.

Languages

- English (Native)
- Spanish (Fluent)