



## REGISTERED PROFESSIONAL NURSE JOB DESCRIPTION *PEDIATRIC PSYCHIATRIC/MENTAL HEALTH*

### **Job Summary:**

The Pediatric Psychiatric/Mental Health RN is responsible for managing the care of toddler, preschool, school age or adolescent patient experiencing psychiatric/mental health disorders including substance abuse or addiction. Care management for these patients would require psychosocial, physical and behavioral assessments related to specific conditions, and behavioral therapies and interventions. The Pediatric Psychiatric/Mental Health RN is responsible to the Clinical Manager for assigned Pediatric Psychiatric/Mental Health Unit.

### **Qualifications**

- Graduate of an accredited school of nursing
- Current licensure in good standing in the state of practice
- Evidence of 1 year of pediatric psychiatric/mental health nursing experience within the past two years
- Evidence of BLS credential mandatory
- Additionally, the RN may have professional certifications, including but not limited to RNBC-PMH, RNC-PMH or CARN

### **Responsibilities**

- Conducts an individualized patient assessment, prioritizing the data collection based on the toddler, preschool, school age or adolescent patient's immediate condition or needs within timeframe specified by client facility's policies, procedures or protocols.
- Conducts ongoing assessments as determined by the toddler, preschool, school-age or adolescent patient's condition and/or the client facility's policies, procedures or protocols and reprioritizes care accordingly.
- Develops plan of care that is individualized for the toddler, preschool, school age or adolescent patient reflecting collaboration with other members of the healthcare team.
- Performs appropriate interventions as ordered by physician in an accurate and timely manner.
- Performs therapeutic nursing interventions as established by individualized plan of care for the toddler, preschool, school age or adolescent patient and his/her family.
- Provides individualized patient/family education customized to the toddler, preschool, school age or adolescent patient and his/her family.
- Documents patient assessment findings, behavioral/psychosocial responses to nursing intervention and progress towards problem resolution.
- Initiates emergency resuscitative measures according to pediatric resuscitation protocols.
- Maintains confidentiality in matters related to patient, family and client facility staff.
- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the toddler, preschool, school age or adolescent patient's and family's diversity, preserving their autonomy, dignity and rights.
- Reports patient condition to appropriate personnel during each shift.
- Maintains current competency in pediatric psychiatric/mental health nursing including the safe use of restraints and seclusion.

RN Name: \_\_\_\_\_

RN Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## REGISTERED PROFESSIONAL NURSE JOB DESCRIPTION *ADULT PSYCHIATRIC/MENTAL HEALTH*

### **Job Summary:**

The Adult Psychiatric/Mental Health RN is responsible for managing the care of adult or geriatric patients experiencing psychiatric/mental health disorders including substance abuse or addiction. Care management for these patients would require psychosocial, physical and behavioral assessments related to specific conditions, and behavioral therapies and interventions. The Adult Psychiatric/Mental Health RN is responsible to the Clinical Manager for assigned Adult Psychiatric/Mental Health Unit.

### **Qualifications:**

- Graduate of an accredited school of nursing
- Current licensure in good standing in the state of practice
- Evidence of 1 year of adult psychiatric/mental health nursing experience within the past two years
- Evidence of BLS credential mandatory
- Additionally, the RN may have professional certifications, including but not limited to RNBC-PMH, RNC-PMH or CARN

### **Responsibilities:**

- Conducts an individualized patient assessment, prioritizing the data collection based on the adult or geriatric patient's immediate condition or needs within timeframe specified by client facility's policies, procedures or protocols.
- Conducts ongoing assessments as determined by the adult or geriatric patient's condition and/or the client facility's policies, procedures or protocols and reprioritizes care accordingly.
- Develops plan of care that is individualized for the adult or geriatric patient reflecting collaboration with other members of the healthcare team.
- Performs appropriate interventions as ordered by physician in an accurate and timely manner.
- Performs therapeutic nursing interventions as established by individualized plan of care for the adult or geriatric patient and his/her family.
- Provides individualized patient/family education customized to the adult or geriatric patient and his/her family.
- Documents patient assessment findings, behavioral/psychosocial responses to nursing intervention and progress towards problem resolution.
- Initiates emergency resuscitative measures according to adult resuscitation protocols.
- Maintains confidentiality in matters related to patient, family and client facility staff.
- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the adult or geriatric patient's and family's diversity, preserving their autonomy, dignity and rights.
- Reports patient condition to appropriate personnel during each shift.
- Maintains current competency in adult psychiatric/mental health care nursing including the safe use of restraints and seclusion.

RN Name: \_\_\_\_\_

RN Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# PSYCHIATRIC NURSING: ADULT & PEDIATRIC KNOWLEDGE & SKILLS CHECKLIST

|            |      |           |
|------------|------|-----------|
| First Name | MI   | Last Name |
| SSN        | Date |           |

**Instructions:** Please check the appropriate column that best describes your experience level for each knowledge competency and skill. Choose 1 for Limited Experience through 4 for Very Experienced. Evaluate yourself based on experiences within the last two years.

**Self-Assessed Experience Rating Scale**  
 Limited Experience 1    2    3    4    Very Experienced

|  | 1 | 2 | 3 | 4 |  | 1 | 2 | 3 | 4 |
|--|---|---|---|---|--|---|---|---|---|
| <b>ASSESSMENT &amp; CARE OF PATIENT W/ OR REQUIRING:</b> |   |   |   |   |  |   |   |   |   |
| 1. Affective Disorders                                   |   |   |   |   | 10. Intravenous Therapy                |   |   |   |   |
| 2. Alcohol Dependency                                    |   |   |   |   | a) Angiocath insertion                 |   |   |   |   |
| 3. Bipolar Disorder                                      |   |   |   |   | b) Butterfly insertion                 |   |   |   |   |
| 4. Delirium Tremens                                      |   |   |   |   | c) IV site maintenance                 |   |   |   |   |
| 5. Detoxification  |   |   |   |   | d) Heparin lock maintenance            |   |   |   |   |
| 6. Drug Dependency                                       |   |   |   |   | e) Hyperalimentation infusion          |   |   |   |   |
| 7. Dual Diagnosis  |   |   |   |   | f) Blood & blood products infusion     |   |   |   |   |
| 8. Eating Disorder                                       |   |   |   |   | g) Venous blood draw                   |   |   |   |   |
| 9. Electroconvulsive Therapy                             |   |   |   |   | 11. Isolation Procedures               |   |   |   |   |
| 10. Extrapramidal Syndrome                               |   |   |   |   | 12. Locked Unit Routine                |   |   |   |   |
| 11. Hallucinations                                       |   |   |   |   | 13. Lumbar Puncture (assist)           |   |   |   |   |
| 12. Medical-Psychiatric Disorder                         |   |   |   |   | 14. Milieu Therapy                     |   |   |   |   |
| 13. Neuroleptic Malignant Syndrome                       |   |   |   |   | 15. Multidisciplinary Team Rx Planning |   |   |   |   |
| 14. Obsessive-Compulsive Disorder                        |   |   |   |   | 16. Neurological Assessment            |   |   |   |   |
| 15. Organic Disorder                                     |   |   |   |   | 17. Nursing Assessment Care Planning   |   |   |   |   |
| 16. Seizure Disorder                                     |   |   |   |   | 18. Open Unit Routine                  |   |   |   |   |
| 17. Schizoaffective Disorder                             |   |   |   |   | 19. Oro-Naso-Pharyngeal Suctioning     |   |   |   |   |
| 18. Schizophrenia  |   |   |   |   | 20. Oxygen Therapy Administration      |   |   |   |   |
| 19. Suicidal Behavior                                    |   |   |   |   | a) Face mask                           |   |   |   |   |
| 20. Tardive Dyskinesia                                   |   |   |   |   | b) Nasal cannula                       |   |   |   |   |
| <b>SKILLS</b>  |   |   |   |   | c) Portable O <sub>2</sub> tank        |   |   |   |   |
| 1. Admission Process                                     |   |   |   |   | d) Bag & mask                          |   |   |   |   |
| 2. Assaultive Behavior Management                        |   |   |   |   | 21. Patient Teaching (Group)           |   |   |   |   |
| 3. Behavior Modification Techniques                      |   |   |   |   | a) Anger management                    |   |   |   |   |
| 4. Charge Nurse Routine                                  |   |   |   |   | b) Cognitive behavioral therapy        |   |   |   |   |
| 5. Charting  |   |   |   |   | c) Depression education                |   |   |   |   |
| a) Behavioristic   |   |   |   |   | d) Dialectical behavioral therapy      |   |   |   |   |
| b) Treatment/goal-oriented                               |   |   |   |   | e) Discharge issues                    |   |   |   |   |
| 6. Contraband Search                                     |   |   |   |   | f) Family education                    |   |   |   |   |
| 7. Electroconvulsive Therapy (assist)                    |   |   |   |   | g) Medication education                |   |   |   |   |
| 8. Elopement Precautions                                 |   |   |   |   | h) Relapse prevention                  |   |   |   |   |
| 9. Foley Catheter Insertion & Care                       |   |   |   |   | i) Relaxation techniques               |   |   |   |   |
| a) Female  |   |   |   |   | 22. Psychotherapy                      |   |   |   |   |
| b) Male  |   |   |   |   | a) Group                               |   |   |   |   |
|  |   |   |   |   | b) Individual                          |   |   |   |   |

|                                    | 1 | 2 | 3 | 4 |
|------------------------------------|---|---|---|---|
| 23. Rapid Tranquilization          |   |   |   |   |
| 24. Restraints                     |   |   |   |   |
| a) Wrist restraints                |   |   |   |   |
| b) Full restraints                 |   |   |   |   |
| 25. Seclusion Procedures           |   |   |   |   |
| 26. Suicide Precautions            |   |   |   |   |
| 27. Time-out/Quiet Time Management |   |   |   |   |
| 28. Tube Feedings                  |   |   |   |   |
| 29. Vital Signs                    |   |   |   |   |

|   | 1 | 2 | 3 | 4 |
|---|---|---|---|---|
| <b>MEDICATIONS</b>  |   |   |   |   |
| 1. Dosage, route & side effects of currently prescribed meds in the following drug categories |   |   |   |   |
| a) Antianxiety agents   |   |   |   |   |
| b) Antidepressants  |   |   |   |   |
| c) Antipsychotics   |   |   |   |   |
| d) CNS stimulants   |   |   |   |   |
| e) Hypnotics  |   |   |   |   |
| f) Mood stabilizers   |   |   |   |   |
| <b>EQUIPMENT</b>  |   |   |   |   |
| 1. Infusion Pumps (Specify manufacturer)  |   |   |   |   |
| a)  |   |   |   |   |
| b)  |   |   |   |   |
| c)  |   |   |   |   |

### Age Appropriate Nursing Care

Please check the appropriate box(es) for each age group and activity for which you have had experience within the last year.

| Age Specific Experiences   | Preschool Child (4-5 yrs) | School Age Child (6-12 yrs) | Adolescent (13-18 yrs) | Young Adult (19-39 yrs) | Middle Adults (40-64 yrs) | Older Adult (65+ yrs) |
|--|---------------------------|-----------------------------|------------------------|-------------------------|---------------------------|-----------------------|
| 1. Understands the normal growth and development for each age group and adapts care accordingly  |                           |                             |                        |                         |                           |                       |
| 2. Understands the different communication needs for each age group and changes communication methods and terminology accordingly        |                           |                             |                        |                         |                           |                       |
| 3. Understands the different safety risks for each age group and alters the environment accordingly                                      |                           |                             |                        |                         |                           |                       |
| 4. Understands the different medications, dosages and possible side effects for each age group and administers medications appropriately |                           |                             |                        |                         |                           |                       |

The information I have provided in this knowledge and skills checklist is true and accurate to the best of my knowledge.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date