2015 Multi-Sport Camps

Confirmation Letter

Dear parent/guardian,

Thank you for booking your place on one of our 2015 multi-sport camps. Here is some information about the camp/s, including what to expect and what to bring. Please also refer to the Frequently Asked Questions document which is available on our website or from reception.

What to expect:

Our 2015 camps promise to be full of variety and fun and will feature athletics, basketball, gymnastics, golf and badminton, among many others. Each of our camps will include a distinct theme - from Disney to Halloween, which will be revealed a month before the first day of each camp. A sample programme will also be available on our website a week before the camp starts. For any other additional information on any of our camps you may also refer to *www.nationalcentreinverclyde.org.uk*

During camp, the children will be divided into groups based on age and experience, although there may be times when all children work together on a task or in a fun competition.

All of our coaches are qualified and members of the PVG Scheme managed by Disclosure Scotland and have been involved in our previous camps, so are well-seasoned camp coaches.

The focus of our camps is having fun, making new friends and learning along the way. We hope that your child leaves the camp enthused by sport, but most importantly, having had a great time! Each child who attends for the full week will receive a free gift and a certificate at the end of the week.

Please bring:

- ✓ We hope that the rain stays away, but as this is Scotland, please pack layers and waterproofs, a hat etc. in case the weather takes a turn for the worst. However, if it's very rainy we will be indoors.
- ✓ A packed lunch, sufficient snacks for the day and a water bottle. There will be plenty of water breaks and many opportunities to refill the bottle each day.
- ✓ There are a few vending machines selling drinks and snacks so your child may want to bring some pocket money just in case.

We will provide:

- ✓ All equipment
- ✓ Water/juice
- ✓ First aid

Drop-off & collection information:

Please bring your child to the **New Hall**, located in the Sportshall building at the start of each day. This facility is opposite reception and will be well sign-posted to direct you there. All children must be signed in and out by their parent/guardian (unless previously arranged).

Children should not be left unsupervised at the Centre. We've listened to your feedback so we're keeping early registration from 8.45am (until 9.15am). At 9.00am our coaches will lead a fun warm up and the first session will then start at 9.30am. Children must be collected within 15 minutes of the camp ending and will not be allowed to leave with anyone other than the person who brought them, unless previously arranged.

For further information, please refer to the Frequently Asked Questions pdf or for any additional questions give the Centre a bell on 01475 674666 or email *in.enquiries@sportscotland.org.uk*

We look forward to seeing you soon!
The Inverclyde team ☺

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