

EDMONDS SENIOR CENTER ACTIVITY CALENDAR 425-774-5555 www.edmondssc.org November 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<div>1</div> <div>8:30 W Enhance Wellness LO Pinochle VR Woodcarving - drop-in</div> <div>9:00 CR Basic Foot Care B Bridge Intermediate</div> <div>10:00 L Yoga</div> <div>11:00 DR Delinquents</div> <div>12:00 DR Ice Cream Social GenCare LO Mah Jongg</div> <div>1:00 CR China Painting DR Sound Singer's L Modern World History</div> <div>1:30 DR Dance Sampler PRS Wii Bowling</div>	<div>2</div> <div>8:00 BL Tai Chi</div> <div>8:30 CR Woodcarving W Enhance Wellness</div> <div>9:00 A Bastyr Clinic B Bastyr Clinic CL Bastyr Clinic DR Gotzze</div> <div>9:30 BL Enhanced Fitness</div> <div>10:00 DR Dance w/ The J Natural L Current Events Discussion</div> <div>10:30 BL Soft Exercise</div> <div>10:45 LO Bible Study</div> <div>12:00 PRS Ping Pong</div> <div>1:00 BL Bingo L Legal Advisor CRW Haircuts LO Pinochle VR Ukulele</div> <div>1:30 A Bastyr Clinic B Bastyr Clinic CL Bastyr Clinic CR No Fear Watercolor</div>	<div>3</div> <div>8:30 A Specialized Foot Care W Enhance Wellness</div> <div>9:00 E Employment office LO Poker</div> <div>9:30 CR Swedish</div> <div>10:00 B German PRS No Fear Watercolor</div> <div>11:00 DR Entertainer</div> <div>12:30 DR Scrabble</div> <div>1:00 BL Senior Swinger's CR Spanish Level 2</div> <div>1:30 PRS Wii Bowling</div> <div>2:00 VR Parkinson's Movement & Dance</div> <div>2:45 CR Spanish Level 1</div>	<div>4 8:30 DR Community Breakfast</div> <div>8:30 W Enhance Wellness</div> <div>9:00 CR Friendship Quilters DR Gotzze B Monthly Writers Group</div> <div>9:30 BL Enhanced Fitness</div> <div>10:00 LO Support for the Mature Adult BL Soft Exercise</div> <div>11:00 DR Nick Baker</div> <div>12:00 LO Go</div> <div>1:00 DR Friday Dance Nice N Easy L Movie "I'll See You In My Dreams"</div> <div>DR Ping Pong</div> <div>1:30 LO No Fear Drawing</div> <div>2:00 PRS Yoga</div>
<div>7</div> <div>8:00 BL Tai Chi</div> <div>8:30 W Enhance Wellness PRS Poker</div> <div>9:00 L Library Committee CR Community Acupuncture DR Gotzze</div> <div>9:30 BL Enhanced Fitness</div> <div>10:00 LO Cribbage Club VR Friendly Folk Dance CL Computer Fundamentals B No Fear Mosaic</div> <div>10:30 BL Soft Exercise</div> <div>11:00 DR Nick Baker</div> <div>11:30 BL Duplicate Bridge</div> <div>12:00 PRS Ping Pong CR Driftwood Sculpture</div> <div>1:30 B No Fear Portraits</div> <div>3:30 BL Learn to Line Dance</div>	<div>8</div> <div>8:30 W Enhance Wellness LO Pinochle VR Woodcarving - drop-in</div> <div>9:00 CR Basic Foot Care B Bridge Intermediate</div> <div>10:00 L Yoga CL Computer Fundamentals A Dental Hygiene</div> <div>11:00 DR Delinquents</div> <div>12:00 DR Ice Cream Social RBRH LO Duplicate Bridge B Mah Jongg</div> <div>1:00 CL Chronic Pain Support Group CR China Painting DR Sound Singeer's L Modern World History</div> <div>1:30 DR Dance Sampler PRS Wii Bowling</div>	<div>9 12:00 DR Candidates Speak</div> <div>8:00 BL Tai Chi</div> <div>8:30 CR Woodcarving W Enhance Wellness</div> <div>9:00 A Bastyr Clinic B Bastyr Clinic CL Bastyr Clinic DR Gotzze</div> <div>9:30 BL Enhanced Fitness</div> <div>10:00 DR Dance w/ The J Natural L Current Events Discussion</div> <div>10:30 BL Soft Exercise</div> <div>10:45 LO Bible Study</div> <div>12:00 PRS Ping Pong</div> <div>1:00 BL Bingo LO Pinochle VR Ukulele</div> <div>1:30 A Bastyr Clinic B Bastyr Clinic CL Bastyr Clinic CR No Fear Watercolor</div>	<div>10 7:00 Hike 10:00 RAS</div> <div>8:30 A Specialized Foot Care W Enhance Wellness</div> <div>9:00 E Employment office LO Poker</div> <div>9:30 CR Swedish</div> <div>10:00 B German PRS No Fear Watercolor</div> <div>11:00 DR Entertainer</div> <div>12:30 DR Scrabble</div> <div>1:00 BL Senior Swinger's CR Spanish Level 2</div> <div>1:30 PRS Wii Bowling</div> <div>2:00 VR Parkinson's Movement & Dance</div> <div>2:45 CR Spanish Level 1</div>	<div>11</div> <div>Closed Veteran's Day</div>
Dine out Group Sat Nov 12 1Pm Spaghetti Factory 2509 196th ST SW Lynnwood		Nov 16 1-3 Chef Cook-Off		Nov 5 9-4 Holiday Bazaar
Nov 26 12:15-8:30 Trip				
A: Room A B: Room B BL: Ballroom CL: Computer Lab CR: Ceramics CRW: Ceramics Room West DR: Dining Room E: Employment Office L: Library LO: Lounge LY: Lobby PR: Pool Room PRS: Pool Room South SR: Staff Room VR: View Room VRN :View Room North VRS: View Room South W: Wellness Office WS: Woodshop				

<p>14 1:00 L Workshop</p> <p>8:00 BL Tai Chi 8:30 W Enhance Wellness PRS Poker 9:00 L Library Committee DR Gotzze 9:30 BL Enhanced Fitness 10:00 LO Cribbage Club E Financial Services CL Internet 101 B No Fear Mosaic VR Friendly Folk Dance 10:30 BL Soft Exercise 11:00 DR Nick Baker CRW Table Massage BL Duplicate Bridge 12:00 PRS Ping Pong CR Driftwood Sculpture 1:00 LO Diabetes Support Group 1:30 B No Fear Portraits 3:30 BL Learn to Line Dance</p>	<p>15 10:00 CR Workshop 1:00 B Grassroots</p> <p>8:30 W Enhance Wellness LO Pinochle VR Woodcarving - drop in 9:00 B Bridge Intermediate 10:00 L Yoga CL Internet 101 11:00 DR The Delinquents 12:00 LO Mah Jongg 1:00 CR China Painting CL ESML Support Group L Modern World History DR Sound Singers CL 1-on-1 Computer Help 1:30 DR Dance Sampler PRS Wii Bowling</p>	<p>16 Turn in Ballots until 5PM 8:45 Trip 3:30 DR Board Meeting</p> <p>8:00 BL Tai Chi 8:30 CR Woodcarving W Enhance Wellness 9:00 A Bastyr Clinic B Bastyr Clinic CL Bastyr Clinic DR Gotzze 9:30 BL Enhanced Fitness 10:00 DR Dance w/ Be J Natural L Current Events Discussion 10:30 BL Soft Exercise 10:45 LO Bible Study 12:00 PRS Ping Pong 1:00 BL Bingo Bonanza CRW Haircuts L AARP Driving LO Pinochle DR Ukulele 1:30 A Bastyr Clinic B Bastyr Clinic CL Bastyr Clinic CR No Fear Watercolor</p>	<p>17</p> <p>8:30 A Specialized Foot Care W Enhance Wellness 9:00 E Employment Office LO Poker 9:30 CR Swedish 10:00 B German PRS No Fear Watercolor 11:00 DR Entertainer 12:30 DR Scrabble B Mah Jongg 1:00 BL Senior Swinger's CR Spanish Level 2 L AARP Driving 1:30 PRS Wii Bowling 2:00 VR Parkinson's Movement and Dance CL Download Music, Movies, eBooks, 2:45 CR Spanish Level 1</p>	<p>18 12:00 DR Thanksgiving Lunch</p> <p>8:30 W Enhance Wellness 9:00 DR Gotzze CR Friendship Quilters 9:30 BL Enhanced Fitness 10:00 L New Members Lunch LO Support for the Mature Adult 10:30 CL How to Use a Smart Phone BL Soft Exercise 11:00 DR <i>Nick Baker</i> 11:30 CL Tablets 101 12:00 DR Go 12:45 CR <i>Writer's Round Table</i> 1:00 BL Friday Fling Dance Nice'n Easy Movie "Wild Oats" 1:30 DR Ping Pong LO No Fear Drawing 2:00 PRS Yoga</p>
<p>21 9:00 Casino 1:00 L Workshop</p> <p>8:00 BL Tai Chi 8:30 W Enhance Wellness PRS Poker 9:00 L Library Committee DR Gotzze CR Community Acupuncture 9:30 BL Enhanced Fitness 10:00 LO Cribbage Club VR Friendly Folk Dance B No Fear Mosaic 10:30 BL Soft Exercise 11:00 DR Nick Baker 11:30 BL Duplicate Bridge 12:00 PRS Ping Pong CR Driftwood Sculpture 1:30 B No Fear Portraits 3:30 BL Learn to Line Dance</p>	<p>22 9:00 CL Open Enrollment</p> <p>8:30 W Enhance Wellness LO Pinochle VR Woodcarving - drop in 9:00 B Bridge Intermediate 10:00 L Yoga 11:00 DR The Delinquents LY Eyeglass Care 12:00 LO Mah Jongg 1:00 CR China Painting DR Sound Singer's L Modern World History 1:30 BL Dance Sampler PRS Wii Bowling</p>	<p>23</p> <p>8:00 BL Tai Chi 8:30 CR Woodcarving W Enhance Wellness 9:00 DR Gotzze A Bastyr Clinic B Bastyr Clinic CL Bastyr Clinic 9:30 BL Enhanced Fitness 10:00 DR Dance w/ Be J Natural L Current Events Discussion 10:30 BL Soft Exercise 10:45 LO Bible Study 12:00 PRS Ping Pong 1:00 BL Bingo LO Pinochle DR Ukulele 1:30 CR No Fear Watercolor A Bastyr Clinic B Bastyr Clinic CL Bastyr Clinic</p>	<p>24</p> <p>Closed Thanks giving</p>	<p>25</p> <p>Closed Thanks- giving</p>
<p>28 1:00 L Workshop</p> <p>8:00 BL Tai Chi 8:30 W Enhance Wellness PRS Poker 9:00 L Library Committee DR Gotzze 9:30 BL Enhanced Fitness 10:00 LO Cribbage Club VR Friendly Folk Dance B No Fear Mosaic 10:30 BL Soft Exercise 11:00 DR Nick Baker CRW Table Massage 11:30 BL Duplicate Bridge 12:00 PRS Ping Pong CR Driftwood Sculpture 1:30 B No Fear Portraits 3:30 BL Learn to Line Dance</p>	<p>29</p> <p>8:30 W Enhance Wellness LO Pinochle VR Woodcarving - drop in 9:00 B Bridge Intermediate 10:00 L Yoga 11:00 DR The Delinquents LO Mah Jongg 1:00 CR China Painting DR Sound Singer's L Modern World History CL 1 on 1 Computer Help 1:30 BL Dance Sampler PRS Wii Bowling</p>	<p>30 9:00 Trip 1:00 L Movie</p> <p>8:00 BL Tai Chi 8:30 CR Woodcarving W Enhance Wellness 9:00 DR Gotzze A Bastyr Clinic B Bastyr Clinic CL Bastyr Clinic 9:30 BL Enhanced Fitness 10:00 DR Dance w/ Be J Natural L Current Events Discussion 10:30 BL Soft Exercise 10:45 LO Bible Study 12:00 PRS Ping Pong 1:00 BL Bingo LO Pinochle DR Ukulele 1:30 CR No Fear Watercolor A Bastyr Clinic B Bastyr Clinic CL Bastyr Clinic</p>		