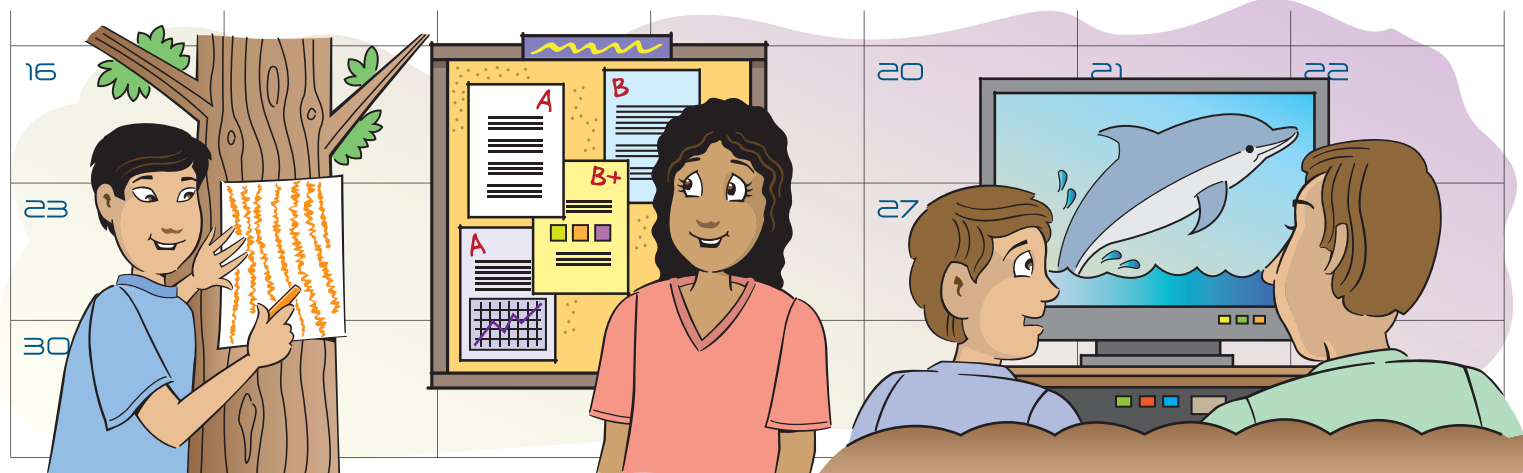


Parent & Child Activity Calendar

Elementary School

Robert P. Ulrich Elementary School
Cheryl Bailey, Principal



THE
PARENT
INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Start a family savings jar. Everyone can decide what the goal will be and how they will contribute.	2 Talk with your child about ways to handle stress. Exercising and talking to someone are good options.	3 Choose a number, then have your child list all the things she can think of that come in that number.	4 Give your child a gift certificate good for one special activity with you.	5 Take a "counting walk" together. Pick something to count (cars, signs, flowers, birds, bikes) and keep track.
6 Make up a secret code with your child. Use it to write notes this week.	7 Pick a category and a letter. Ask your child to name as many items as he can that fit in that category and start with that letter.	8 If your child could be a famous person in history, who would she be? Why?	9 Post a new vocabulary word and its definition on the bathroom mirror. Change it every three or four days.	10 Resist the urge to overschedule your child. Kids need "down time" to think, imagine and play.	11 Have a music-sharing night. Share your favorite music with each other. Talk about how it makes you feel.	12 Head to the library and ask your child to check out a book about a career he finds interesting.
13 Put various objects on a tray. Have your child close her eyes and name as many as she can remember.	14 Ask your child to name something he has done in his life that he is proud of.	15 Read a textbook assignment with your child. Then ask her to tell you about it in her own words.	16 Talk about how your family can do something for others this holiday season.	17 Just for fun, serve a "backwards dinner." Eat dessert first.	18 Does your child have homework to do over the weekend? Make sure he schedules time to complete it.	19 Plan an indoor campout. Make a tent from a blanket. Eat s'mores and read stories.
20 Enjoy some outdoor physical activity as a family today.	21 Ask your child what she would do if she were invisible for a day.	22 Allow a few minutes after the light is off at bedtime for a quiet conversation with your child.	23 Ask your child if he ever had a dream that really scared him. What was it about?	24 Learn a tongue twister. At dinner, challenge everyone to repeat it three times fast.	25 When you read aloud, choose an exciting place to stop. Ask, "What do you think will happen next?"	26 Make a weather chart. How much warmer was it late this afternoon than this morning?
27 Make puppets by drawing faces on the bottom flap of a small paper bag.	28 Watch the news with your child. Choose a "Person of the Week." Read more about that person.	29 At bedtime tonight, tell your child a story about yourself when you were her age.	30 Learn the sign language alphabet with your child. Use it to help him practice spelling words today.	November 2016		