South London and Maudsley NHS
NHS Foundation Trust

TRAINEE CLINICAL PSYCHOLOGIST

JOB DESCRIPTION

1. GENERAL INFORMATION

Job Title: Trainee Clinical Psychologist

Grade: Band 6 (Starting at Agenda for Change spine point 21)

Hours: The post holder will be expected to work on a full time basis flexibly in line with the normal hours of operation required by the training programme and host placement.

Responsible to: Nominated line manager at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN), King's College London and clinical placement supervisors for clinical work undertaken on placement.

Accountable to: Programme Director of Doctorate in Clinical Psychology Training Programme IOPPN.

Base: IoPPN although the post holder will also be required to work in clinical placements in a number of NHS Trusts and non-NHS placement providers.

2. JOB SUMMARY

1. To undertake and meet the requirements of a structured programme of learning including personal study, academic work, research, placement learning and assessment leading to the award of the Doctorate in Clinical Psychology.

2. To undertake specialised psychological assessments, treatments and other types of clinical intervention with individual clients, carers, families and groups of clients; staff training; research and development activity.

3. To work independently on a day-to-day basis under supervision and subject to review at regular intervals, in accordance with Health and Care Professions Council (HCPC) and British Psychological Society (BPS) guidelines; supervision will usually be offered by a qualified clinical psychologist (although other qualified healthcare professionals may also contribute).

3. MAIN DUTIES AND RESPONSIBILITIES

3.1 Clinical:

1. To undertake structured interviews, psychological assessments (including psychometric tests, assessment of risk and safety) and observations of individuals and groups.

2. To develop psychological formulations of clinical problems and assist in the delivery of care plans, which include psychological treatment and/or management of clients' problems.

3. To design, implement and modify as appropriate, bespoke psychological interventions with clients, carers, families, and groups.

4. To provide reports and communicate in a skilled and sensitive manner concerning the assessment, formulation and treatment plans of clients.

5. To liaise with other health and social care staff, from a range of agencies, in the care provided to clients

6. To participate in the consultation and engagement of service users in planning and delivering services which meet the needs of local diverse communities

7. To participate in enabling other staff, service users and carers from diverse backgrounds to flourish by participating in creating a psychologically safe environment.

8. To work in accordance with NHS and placement providers' policies and regulations, as well as those of relevant professional bodies.

9. To work in a variety of settings including the client's own home, in-patient, residential and day centre facilities.

10. To be aware of the active duty of care owed to clients and the need to respond appropriately to evidence of abuse.

3.2 Teaching, Training and Supervision

1. To participate in regular clinical supervision in accordance with HCPC, BPS guidelines and criteria and University requirements.

2. In conjunction with supervisor and University Tutor, to plan and prioritise own workload, research, and individual and group sessions.

3. May plan and deliver formal training sessions and/or supervision on psychological aspects of health care to mixed groups of relatives, care staff and other professional staff.

3.3 Research, Audit and Service Evaluation

1. To plan, monitor and evaluate own work, using clinical outcomes assessments, small-scale research methodology and statistical procedures.

2. To plan and undertake formal Doctoral research, as agreed with the University programme staff and to disseminate results.

3. To develop an advanced knowledge base and practical skill in the design, implementation and statistical analysis of a wide variety of types of research.

4. To plan and undertake clinical audits, service evaluations or practice based research, using appropriate methodology and statistical procedures as appropriate, as agreed with the clinical supervisor(s).

5. To enhance own knowledge of clinical psychology, specific client groups and types of psychological difficulty through reading, literature searches and personal study.

6. To develop competence in advanced statistical software (such as SPSS) for the analysis of clinical research and research data.

7. To comply with the requirements of research governance and evidence-based practice.

3.4 Information/ communication

1. To maintain appropriate records of own work, in electronic and / or hard copy, in line with placement provider, NHS and Social Care policies alongside professional guidelines.

2. To maintain relevant administrative systems of own work, electronic and / or hard copy, in line with relevant guidelines.

3. To submit statistical information, activity and quality data of own work as required by the University programme, placement provider, regional, national bodies or NHS.

3.5 General

1. To follow the advice and policies of the placement provider, including knowledge, awareness of, and compliance with the legal framework relevant to the placement and client group.

2. To be familiar with and abide by confidentiality and information handling and storage guidelines of the placement provider and University.

3. To participate in regular developmental reviews with the Programme Director or his/her representative, identifying CPD needs, agreeing objectives, identifying training needs and formulating a personal plan.

4. To attend and participate in administrative and service planning meetings. as determined by the clinical supervisor(s).

5. To undertake any other duties as requested by the Programme Director, such as participation in trainee and staff selection procedures, or service on programme and national committees.

6. To participate in evaluation and monitoring of the University programme and associated placements as required by the health service commissioners, the university, the HCPC, BPS and QAA.

7. To conduct self in accordance with the HCPC (Guidance on Conduct and Ethics for Students), British Psychological Society and University codes of conduct.

8. To ensure mandatory training is kept up-to-date, as specified by the programme.

Other Information:

Confidentiality

Confidentiality/data protection regarding all personal information and Trust / placement provider activity must be maintained at all times (both in and out of working hours) in accordance with professional codes of conduct and relevant legislation such as the Data Protection Act. The post holder should ensure that they are familiar with and adhere to all Trust / placement provider Information Governance policies and procedures. Any breach of confidentiality will be taken seriously and appropriate disciplinary action may be taken.

Equal Opportunities

Promote the concepts of equality of opportunity and managing diversity Trust / placement provider wide.

Health and Safety

Employees must be aware of the responsibilities placed upon them under the Health and Safety at Work Act 1974, paying due regard to health and safety in the workplace and management of risk to maintain a safe working environment for service users, visitors and employees.

Infection Prevention and Control

Employees must be aware of their responsibilities to protect service users, visitors and employees against the risks of acquiring health care associated infections, in accordance with Trust / placement provider policy.

Professional standards and performance review

Maintain consistently high professional standards and act in accordance with the relevant professional code of conduct. Employees are expected to participate in the performance review process.

Service/Department standards

Support the development of performance standards within the Service/Department/ placement provider to ensure the service is responsive to and meeting the needs of its service users.

Finance

All Trust staff will comply with the financial processes and procedures.

Safeguarding Children & Vulnerable Adults

Employees must be aware of the responsibilities placed on them under the Children Act 1989, 2004 and the Trust's / placement provider's safe guarding vulnerable adults policy.

Code of Conduct

The post holder is required to adhere to the standards of conduct expected of all NHS managers set out in the Code of Conduct for NHS managers.

SUMMARY

This job description is an outline of the key tasks and responsibilities of the post and the post holder may be required to undertake additional duties appropriate to the pay band. The post may change over time to reflect the developing needs of the Trust and its services, as well as the personal development of the post holder.

DATE OF PREPARATION: 29/05/2015