



# Campus Recreation

UNIVERSITY OF COLORADO COLORADO SPRINGS

## JOB DESCRIPTION – NUTRITION ANALYST

### University and Campus Recreation Profile

The University of Colorado at Colorado Springs (UCCS) is a burgeoning, regional academic and research university with a rapidly growing student enrollment of 9,750; 40 % of which are first-generation college students. The university offers 36 bachelors, 19 masters and 5 doctoral degree programs through its six colleges, with a student-to-faculty ratio of 18:1. UCCS is ranked 9<sup>th</sup> amongst Western regional public universities and 9<sup>th</sup> best undergraduate engineering program in the nation according to *U.S. News & World Report*, and *GI Jobs* ranks UCCS within the top 15 % of military friendly colleges and universities.

Pikes Peak, America's Mountain as it is known, forms a breathtaking backdrop for the LEED Gold Certified UCCS Recreation Center, serving between 550 and 600 students and faculty/staff daily. Campus Recreation and staff are committed to student development, diversity and sustainability, all while encouraging healthy lifestyles through extensive programs and services. Like the university itself, Campus Recreation is undergoing considerable growth, currently in the construction phase of an 84,000 SF artificial turf field to open spring 2014, and planning phases of the recreation center expansion to open summer 2015. The recreation center expansion will increase fitness activity space from 54,000 to 118,000 SF.

### Job Responsibilities

- Analyze student and faculty/staff 3-day dietary intake using guidelines set forth by the American Dietetics Association. Conduct pre- and post-consultations following initial intake
- Utilize ESHA's "Food Processor" software to enter and analyze dietary intake, goal setting and nutrition-based education and recommendations
- Make nutrition and dietary recommendations to students and faculty/staff considered "healthy". Collaborate with the registered dietician at the Department of Health Sciences as well as the registered dietician at UCCS' Peak Nutrition Clinic regarding special populations
- Design individualized exercise programs for students, faculty/staff and clients based on personal health and fitness goals, and a variety of ability and skill levels
- Assist the Associate Director and Personal Training Program Assistant with the 8-week in-house "Become a Personal Trainer" training program
- Track payroll, record participation data and complete incident/accident reports
- Make recommendations related to nutrition programming, purchases and budget
- Attend and participate in continued education workshops and sessions
- Assist with UCCS, Campus Recreation, fitness and nutrition related special events, presentations and health fairs

### Required Qualifications

- Current status as junior or senior in UCCS' Nutrition or Sports Nutrition program
- Personal trainers must commit to 10-12 hrs/wk

### Preferred Qualifications

- Graduate level students highly preferred
- Registered dietician (RD) credentials highly preferred
- Previous paid experience as nutrition analyst highly preferred

## **Compensation**

\$9/hr non-certified

\$12/hr RD certified

Performance based raises issued at the university and department's discretion