

INTERSTATE REHAB LLC
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JOB DESCRIPTION

JOB TITLE: STAFF PHYSICAL THERAPIST

REVIEW DATE	REVISED DATE

STATEMENT OF PURPOSE

Under the general direction of the Director of Physical Therapy, he/she administers physical agents utilized in physical therapy as prescribed by a referring physician. The Staff Physical Therapist supervises Physical Therapy Assistants and Physical Therapy Aides. The Staff Physical Therapist is responsible to the Director of Physical Therapy.

ESSENTIAL FUNCTIONS OF THE JOB

1. Administers physical therapy per physician orders:
 - a. Notes diagnosis of patient and takes all precautions for observing indications and contraindications.
 - b. Applies physical agents as ordered; oversee the therapeutic exercise programs and instructs ambulatory procedures, as indicated.
 - c. Explains what patients should feel and precautions to be alerted to hospital departments.
 - d. Checks frequently on patient during treatment period to satisfy patient needs.
 - e. Returns equipments and supplies to proper storage area. Makes treatment table ready for next patient if an Out-Patient.
 - f. Makes telephone calls to referring physician for clarification, elaboration and progress of treatment orders.

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2. Observes and evaluates treatment effects:
 - a. Recommends change to physician, if needed.
 - b. Discusses condition and treatment course of patient with Staff Physical Therapist, Assistants and Physician.
 - c. Attempts to analyze patient's psychological and physical needs and deals with them accordingly.
3. Maintains records pertinent to patient treatments:
 - a. Initial Notes
 - b. Treatment Plan
 - c. Daily S-O-A-P recording
 - d. Patient Education
 - e. Discharge Summary
4. Trains personnel:
 - a. Assists Director of Physical Therapy in on-the-job training of Physical Therapy Assistants and Physical Therapy Aides.
 - b. Assists the Director of Education with Body Mechanics In-Services as needed in conjunction with the In-Service Director.
5. Studies current trends and new developments in physical therapy by survey of literature and attendance at professional meetings, seminars and/or conferences.
6. Ensures compliance with policies and procedures regarding department operations, hospital, fire, safety and infection control.
7. Maintaining standards as set down by the American Physical Therapy Association regarding treatment procedure and professional ethics.
8. Must be familiar with the review and practice of Universal Precautions Standards and Hazardous Materials Protocol.

EXPERIENCE AND EDUCATION

1. Must have a current Physical Therapy license in the State of California.
2. Must know and utilize the theory of Physical Medicine.
3. Must have knowledge of machine operation and maintenance and repairs of the same.
4. Must be able to apply the modalities used in Physical Therapy with full knowledge of their effect.
5. Must have a good knowledge of human anatomy, physiology and the effect of treatment procedure on the body function and stature.
6. Must have basic knowledge of disease process in the human body, causative factors and values of physical therapy and the values of physical therapy agents and its relief.
7. Must have full knowledge of sterile techniques and its modification on physical therapy as detailed in the Infection Control Manual.
8. Must be familiar with the hospital policy, function and procedures relative to physical therapy and related fields.
9. Must have a current CPR Card.
10. Must meet and maintain Continuing Competency Regulations of the California Code of Regulations Sections 1399.90 – 1399.99

1399.91. Continuing Competency Required.

(a) As required by this article, a licensee must accumulate 30 hours of continuing competency hours in each license cycle. A licensee must submit evidence of completing those hours to the board in order to renew his or her license. In order to implement this requirement:

- (1) For licenses that expire between October 31, 2010 and October 31, 2011, if the renewal is submitted prior to the expiration of the original license, 15 hours of continuing competency shall be completed.
- (2) For licenses that expire on and after November 1, 2011, the full 30 hours shall be completed.

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(b) For first-time license renewals, if the renewal is submitted prior to the expiration of the original license, the continuing competency hour requirements shall be one-half of the normal cycle. The requirements of 1399.93 shall apply to any renewal under this subsection.

(c) For those licensees accumulating "continuing education units" or "CEUs" under the continuing education requirements of APTA and CPTA, one CEU is equal to ten hours.

NOTE: Authority: Sections 2615 and 2676, Business and Professions Code.

Reference: Section 2676 and 2684, Business and Professions Code.

SKILLS REQUIREMENTS

1. Verbal ability is necessary (both receptive and expressive) to understand oral and written instructions stated in the physical therapy and medical terminology and to exchange such information with patients and physical therapy staff.
 - a. English language is imperative - the hospital does have a list of interpreters to assist with patient needs.
2. Written communication is necessary for daily documentation in the patient's chart and for patient education as needs dictate.
3. Ability to interact well with other physical therapy department personnel, hospital staff and patients;
 - a. Sensitive to patients' psychological and physiological needs to facilitate the rehabilitation process.
4. Ability to work with people and maintain control during critical situations:
N.B. Hospital Codes varies from facility to facility.
 - a. Code Blue
 - b. Code Strong
 - c. Code Red
5. Proper telephone etiquette and demeanor is to be maintained at all times.
6. Ability to properly schedule Out-Patient appointments so as to maximize physical therapy staff efficiency.

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PHYSICAL DEMANDS/WORKING CONDITIONS

1. The nature of Physical Therapy may make heavy physical demands upon personnel. It is imperative that staff members be in good physical condition and have an excellent grasp of proper body mechanics.
2. Types of activities required in rendering physical therapy may include, but are not limited to the following:

a. Sitting	e. Squatting	i. Pushing	m. Carrying
b. Walking	f. Climbing	j. Pulling	
c. Standing	g. Kneeling	k. Reaching	
d. Bending	h. Thrusting	l. Lifting	

All of these may be compounded when a patient or piece of equipment needs specific activity done to facilitate proper rendering of physical therapy.

3. Near visual acuity and depth perception are required to properly render physical therapy.
4. Hand manipulation is required:
 - a. Sample grasping - holding onto linen supplies, carrying light objects (up to 10 lb.), or holding a bottle of lotion for either a massage or ultrasound therapy treatment.
 - b. Power grasping - holding, carrying and setting up traction equipment; lifting patients. Lifting weight ranges up to 450 lb. Using individual or team lift techniques as deemed necessary.
 - c. Pushing and Pulling - most of our heavier equipment is on rolling charts, we do assist nursing staff with moving beds (with or without patients) up to about 1200 lb. (a patient in either Clinatron or Flexicare Bed).
 - c. Fine manipulation is required for proper massage technique; joint mobilization; application of TENS electrodes, application of specific braces and other devices.
5. The nature of physical therapy does require staff to reach for items (linen and supplies) that are located above the shoulder and below the shoulder.
6. The nature of physical therapy does require much lifting and positioning of patient in order to properly render physical therapy.

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- a. The patient's diagnosis will help determine the needed requirements of each patient; i.e., CVA; fractured hip; marked obesity; Alzheimer disease.
 - b. The patient's ability to follow commands also enters into the amount of lifting and positioning required.
- 7. Patient weight ranges up to 450 lb.; equipment weight ranges up to 150 lb.
- 8. The nature of physical therapy does expose the staff to infectious diseases; cleaning agents and possibility of toxic and/or hazardous spills. This requires the practice of Universal Precautions at times and to be familiar with the contents of the Hazardous Material Manual.

ACKNOWLEDGMENT

I have read this job description and agree to its contents. I realize that duties may be requested of me that are not specifically stated herein. I agree to perform these duties as directed by my immediate supervisor and when called upon, I agree to assist in the formulation of a revised job description, should the need arise in the opinion of my supervisor and the director of personnel.

I understand and agree to uphold the written responsibilities listed in, but not limited to, this job description for the best of my abilities. I understand that in order to fulfill my duties and responsibilities of my job description, my hours required at work may exceed that of a typical staff employee. I also understand that the intent of this description is to provide a representative summary of the major duties and responsibilities performed by incumbents of this position. Incumbents may be required to perform job-related tasks other than those specifically presented in this description. I understand that my job description is to be used as a guide for conduct in the employment setting and is not a contract or offer of a contract of employment terms and cannot be relied upon as such.

EMPLOYEE NAME (PRINT):_____

EMPLOYEE SIGNATURE:_____

DATE:_____