



**The University of Arizona
2013-2014 Cheerleading Tryouts**

INFORMATION PACKET

- Check List
- Timeline
- General Information (Mission, Skills, Commitment, and Benefits)
- Evaluation Details
- Sample Score Sheets
- Application
- Application Questions
- Reference
- Assumption of Risk, Indemnity and Release from Liability Form
- Student Tryout Medical Release

THE UNIVERSITY OF ARIZONA ***2013-14 CHEERLEADING TRYOUT CHECKLIST***

Please make sure to submit all paperwork by:

Friday, April 12, 2013, by 5:00PM
in The Jim Click Hall of Champions, ROOM N302.

This checklist will assist you in knowing what paperwork must be submitted in order to tryout. Please submit this checklist along with your paperwork.

Application Form _____

Application Questions _____

Assumption of Risk, Indemnity and Liability Release _____

Student Tryout Medical Release _____

Verification of Enrollment & Unofficial Transcript _____

- **Current UA Student:**

- Log into UAccess
- Select "My Academics"
- Select Request Enrollment Verification /Print
- Select Unofficial Transcript/Print

- **High School Student :**

- Copy of current high school transcript
- UA Acceptance Letter

Letter of Recommendation and Form (1) _____

(In signed back flap sealed envelope)

(Not applicable if member of the 2012-13 team)

\$30 **NON-REFUNDABLE** Application Fee _____

(Not applicable if member of the 2012-13 team)

(Cash, Credit, Check, or Money Order)

(Please Print Legibly)

Last Name: _____ First Name: _____

THE UNIVERSITY OF ARIZONA ***2013-14 CHEERLEADING TRYOUTS***

TIMELINE

APPLICATION DEADLINE: Monday, April 12, 2013

All paperwork must be completed and submitted to The Jim Click Hall of Champions, Community Relations Office, (McKale Memorial Center) Room N302, **by 5:00PM**. If sending via mail, please make sure all paperwork is **received** by April 12th. No applications will be accepted after this date, so please plan ahead! Please mail to:

The University of Arizona – Cheerleaders & Mascots
Attn: Ramon Murillo III/Roberta Quiroz
1 National Championship Drive
McKale Memorial Center, RM N302
Tucson, AZ 85721-0096

FIRST ROUND: Friday, April 19, 2013 (4:00 PM – 8:00 PM)

3:30 PM	Check –In, Gather on the court at McKale Memorial Center
4:00 PM	Introductions, Partner Stunt Demonstration and Safety Overview
4:20PM	Partner Stunts
5:30PM	Tumbling
8:00 PM	Candidates who advance to the Second Round will have their names posted on the McKale Ticket Office Doors (facing south)

SECOND ROUND: Saturday, April 20, 2013 (8:00 AM - 5:00 PM)

8:00 AM	Interviews (Hall of Champions, Room N302)
1:00 PM	Meet on McKale Floor Game Day Material- Learn Fight Song and Chants
2:00 PM	Partner Stunts
3:00PM	Tumbling
3:30 PM	Fitness Test
5:00PM	Candidates who advance to the Final Round will have their names posted on the McKale Ticket Office Doors (facing south)

FINAL ROUND - TRYOUT: Sunday, April 21, 2013 (9:30 AM - 11:30 AM and 1:00 PM – 5:00 PM)

9:30AM	Gather on McKale court Review Details for Final Round Tryout Tryout Demonstration
10:00AM	Game Day Material Review
10:30AM	Partner Stunt/Tumbling Practice Break
1:00 PM	Return to McKale
1:30 PM	Begin Final Tryouts (fight song, sideline, partner stunts, and tumbling)
6:00 PM	Congratulations 2013-14 University of Arizona Cheerleaders! (Names posted on McKale Ticket Office Doors – facing south)

The University of Arizona Cheerleaders

GENERAL INFORMATION

Mission:

A non-competitive co-ed team that will promote crowd interaction and school spirit through cheering, motions, tumbling skills, stunts, dance, and interactive crowd participation. Act as a representative of the University of Arizona student body and alumni at University functions and public appearances.

Positions:

Flyer: Middle or top person in all pyramids and partner stunts.

Base: Bottom level of all pyramids and bottom level of all partner stunts.

Skill Requirements (For First Round):

(Based on candidate pool of talent)

Flyer:

Toss Chair
Toss Hands, Off Front
Toss Hands, Extension, Off Front
Toss Hands, Liberty, Off Front
Standing Back Handspring
Standing Back Tuck
Running Round-off Back Handspring Back Tuck
(*On basketball court, NOT spring or cheer floor*)

Base:

Toss Chair
Toss Hands, Off Front
Toss Hands, Extension, Off Front
Toss Hands, Liberty, Off Front
Tumbling is not required but recommended

Skill Requirements (For Second Round):

(Based on candidate pool of talent)

Flyer:

Toss Extension, Cradle
Toss Hands, Heel Stretch, Off Front
Standing Back Tuck (performed in a tuck line)
Standing Handspring Back Tuck (on cheer floor)
Round-off Back Tuck (on basketball court)

Base:

Toss Extension, Cradle
Toss Hands, Heel Stretch, Off Front

Skill Requirements (For Final Round Tryout):

(Based on candidate pool of talent)

Flyer:

Toss Extension, Stretch, Full down
(w/ 2 bases, excluding optional stunt partner)
*Optional Partner Stunt Sequence
Chant
2 stunts with transition
Fight Song
* 3 Different Skill Level
*Advanced Running Tumbling Pass
Toss Shoulder stand

* Please see sample score sheets for options.

Base:

Toss Extension, Stretch, Full Down
(w/ 2 flyers, excluding optional stunt partner)
*Optional Partner Stunt Sequence
Chant
Fight Song
* 3 Different Skill Level

Tumbling is not required but recommended

Requirements/Commitment:

- Cheer at **all** home Arizona Football, select number of Men's and Women's Basketball, and Women's Volleyball Games.
- Attend community service appearances throughout the year.
- Maintain a minimum of a 2.0 **semester and cumulative** grade point average.
- Attend a minimum of 3 weekly morning practices and 2-3 conditioning practices per week (6AM – 8AM, subject to change).
- Must be a full-time student at The University of Arizona (12 units or more for undergraduate degrees, 6 units for graduate degrees).
- Must be available for Training Camp practices and workouts beginning late-July/early August 2013.
- Membership fee of \$200 per year.
- Must attend Universal Cheerleaders Association (UCA) Summer College Spirit Camp.
- Must participate in fundraising and raise between \$300-\$500 per member by January 31st.
- Must provide 4-10 names of people who can receive fundraising letter for the program.
- Must possess strong leadership skills.
- Must be accountable, timely, responsible, and have excellent time management skills.
- Must be positive and respect teammates, self, Coach, and Advisor.
- All students are subject to the academic and behavioral policies of the University, including but not limited to the Student Code of Conduct, and anti-hazing policies. This includes Athletic Department, Pac- 12 Conference, and NCAA policies.

Benefits:

- Nike Attire (warm-ups, practice t-shirts, shorts, travel duffle bag, shoes, etc.).
- Affiliation with one of the Top Athletics Departments in the country.
- Opportunity to travel for away Arizona Football games, Post-season Men's and Women's Basketball, and Volleyball Final Four.
- Ability to see a nutritionist and have a custom nutritional plan developed.
- Use of Athletics Department Strength and Conditioning Center and a customized training program provided by a Strength Coach.
- Access to Athletics Department team physicians and athletic trainers in the Kasser Medical Treatment Center. Medical coverage for team related injury.
- Use of the Athletics Department Academic Center with 50-work station computer lab.
- Assistance with career resume writing.

Squad Size & Practice Squad:

Squad Size: The 2013-2014 team will consist of 20-24 members (10-12 flyers and 10-12 bases).

**The University of Arizona 2013-14 Cheerleading Tryouts
Evaluation Details**

FIRST ROUND – Friday, April 19, 2013.

The Head Cheerleading Coach and expert cheerleading and gymnastics representatives will make an elimination on the first evening of tryouts. An informal evaluation will occur based on the following skills/areas:

Flyer:

- Appearance and Physical Fitness/Safety of Members: (out of 5 possible points)
- Toss Chair, off front: (out of 5 possible points)
- Toss Hands, off front: (out of 5 possible points)
- Toss Hands Extension, off front: (out of 5 possible points)
- Toss Hands Liberty, off front: (out of 10 possible points)
- Standing Back Handspring: (out of 5 possible points)
- Standing Back Tuck: (out of 10 possible points)
- Running Round-Off Back Handspring Back Tuck: (out of 5 possible points)
(On basketball court, NOT spring or cheer floor)

SUBTOTAL – 50

Base:

- Appearance and Physical Fitness/Safety of Members: (out of 5 possible points)
- Toss Chair, off front: (out of 5 possible points)
- Toss Hands, off front: (out of 5 possible points)
- Toss Hands Extension, off front: (out of 5 possible points)
- Toss Hands Liberty, off front: (out of 10 possible points)
- Standing back tuck (optional): (out of 10 possible points)
- Running Round-Off Back Handspring Back Tuck (optional): (out of 5 possible points)

SUBTOTAL –30 (without tumbling)

SECOND ROUND – Interviews, Game Day Material, Partner Stunts, Tumbling & Fitness – Saturday, April 20, 2013.

The Head Cheerleading Coach and Advisor will conduct interviews and make evaluations based on the best interest of the overall University, the Athletics Department, and the UA Cheerleading Program. In addition, fitness tests will be conducted in the areas of aerobic endurance, upper and lower body strength, abdominal repetition, and flexibility. Candidates will also receive evaluations on their application question responses and letter of recommendation.

Interview questions:	100 points
Application questions:	10 points
Letter of Recommendation:	10 points
Fitness Test:	10 points
Game Day Material:	10 points
Toss Extension, Cradle:	10 points
Toss Hands, Heel Stretch, Off Front:	10 points
Standing Tuck Roll Off (tuck line):	10 points
Standing Handspring Back Tuck:	5 points
Round-off Back Tuck:	5 points

TOTAL **180 points**

Final Tryout – Sunday, April 21, 2013.

The final tryout will occur on the last day of tryouts where candidates will be evaluated by a panel of 5-8 judges including expert cheerleading and gymnastics representatives, the Head Cheerleading Coach, Advisor, and an Athletics and/or University representative. The evaluation will be based on the following:

Sideline Chant:	15 possible points
Fight Song:	20 possible points
Tumbling:	25 possible points
Stunts:	80 possible points
Overall Impression	20 possible points
Total:	160 possible points

***Please review the sample score sheets for further details.**

INJURED RETURNING MEMBERS

Previous University of Arizona Cheerleaders who have been injured during the course of the past season **and** are not cleared to tryout through the University team physician will be eligible to complete a similar tryout process once they are cleared to return. It is at the sole discretion of the Head Cheerleading Coach and Advisor whether to add them to the team once they have fully completed the tryout process.

TRYOUT APPEARANCE

The University of Arizona Cheerleaders are expected to present themselves in a professional and collegiate manner at all times. All candidates trying out must wear athletic attire appropriate for a cheerleading tryout:

- **Females:** T-shirts or tank tops (preferably red, blue or white) are required each day of tryouts (you may NOT wear only a sports bra). Any apparel that says Arizona Cheerleading should NOT be worn. Natural make should be worn and hair should be in either a pony tail or half-up, half-down with a bow. Cheer shoes are recommended for stunt purposes. Finger Nails must be athletic length (short enough to where you cannot see the tips of the finger nails while the individual's palms are facing them). In addition, females must wear red, clear, or neutral color nail polish (or none). Jewelry of any kind is prohibited.
- **Males:** T-shirts (preferably red, blue or white) are required each day of tryouts. Any apparel that says Arizona Cheerleading should NOT be worn. Cheer shoes are recommended, but basketball, running, or cross training sneakers are also acceptable. Facial hair should be well-groomed and non-excessive. Jewelry of any kind is prohibited.

Failure to adhere to the above listed requirements will result negatively in the scores for overall impression. Candidates must be well-groomed and maintain a collegiate appearance.

PARTNER STUNTS

It is your responsibility to select your partner for the Final Round of tryouts. **You may NOT bring your own partner to tryouts.** Only those trying out will be allowed to stunt. However, based on the number of bases trying out, additional designated alumni collegiate cheerleaders (selected by the Head Cheerleading Coach and Advisor) may be available. Those individuals stunting with more than five different partners will be evaluated first (for their own evaluation) during the partner stunts portion of the final round tryout. Based on the number of candidates in the Final Round; a set number of maximum partners will be determined. A returning member (2012-13 UA Cheerleader) will not be allowed to stunt with more than three veterans.

THE UNIVERSITY OF ARIZONA CHEERLEADERS

2013 - 2014 Tryouts Application

Please print

Full Legal Name: _____ Position: **FLYER** **BASE**

(Please circle)

Parent(s) Name(s): _____

UA Student Identification Number: _____ - _____ - _____

Date of Birth: _____ Email Address: _____

	Permanent Address (Parents)	Current Address (if UA student)
Street		
City		
State		
Zip Code		
Phone		
Cell Phone		

Primary Insurance Company: _____

Insurance Address: _____

Insurance Policy Number: _____ **Height:** _____ **Weight:** _____

Shoe Size (exact): Women: _____ Men: _____

Emergency Contact: _____ Phone: _____

Please Circle Your Size:

Warm-ups	XS	S	M	L	XL	XXL
T-shirts	XS	S	M	L	XL	XXL
Sweatshirt	XS	S	M	L	XL	XXL
Polo	XS	S	M	L	XL	XXL
Shorts	XS	S	M	L	XL	XXL
Sports Bra (female)	XS	S	M	L	XL	XXL
Compression Shorts (male)	XS	S	M	L	XL	XXL

UA STUDENTS

College/School (i.e., BPA, Arts and Sciences etc.): _____

College Major: _____

SO JR SR GRAD)

Fall 2011 Semester GPA: _____ Cumulative GPA: _____

HIGH SCHOOL STUDENTS

School: _____

Cumulative GPA: _____

(Please make sure you provide your UA Verification of Acceptance and a copy of your current high school transcript).

Please list any previous cheerleading experience (if applicable).

Please list any honors and awards you have received, or any leadership positions you have held (high school or college).

Please list your membership in any clubs/organizations (high school or college).

MY SIGNATURE BELOW CONFIRMS THAT I AM CURRENTLY ENROLLED AS A FULL-TIME STUDENT AT AN ACCREDITED HIGH SCHOOL, COLLEGE, AND OR UNIVERSITY.

PRINT NAME

DATE

DATE

.....
NON-REFUNDABLE APPLICATION FEE: \$40

Please make checks payable to The University of Arizona Cheerleaders & Mascots Program.

CASH _____ CHECK # _____ CREDIT CARD _____ (a UA representative will call for credit card information)

FOR OFFICE USE ONLY:

Total: _____	Date Received: _____	HOC Staff Initials: _____
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7. *What are some of your hobbies (other than cheerleading)?*
8. *What does responsibility and accountability mean to you? Why is being responsible important when you are part of a team?*
9. *How do you adapt to change and give an example of a time you dealt with change?*
10. *The University of Arizona Cheerleading Team is a non-competitive co-ed squad with no scholarships offered at this time. As a member you would be required to cheer at **all** home football, volleyball, men's and women's basketball games, and attend all practices (including strength & conditioning), complete community service appearances, participate in program fundraising, and have a positive attitude while supporting your teammates. (Vacations during holidays are not excused until game schedules are set).*

YES, I understand the above listed commitment _____

NO _____

The University of Arizona 2013-14 Cheerleading Tryouts
REFERENCE – (10 points)

Cheerleading applicants should complete this form and the reference should mail this form with their letter of recommendation to the address listed below. Recommendations cannot be from family members, current UA Cheerleader/Mascots, UA Cheerleading and Mascot Head Coach, or UA Cheerleading and Mascot Advisor.

Recommendation letters must be received by Friday, April 12, 2013. If not received by this date, the application will be denied. Recommenders must enclose this signed form along with their letter of recommendation. Please send letter of recommendation and form in a sealed envelope with recommender's signature on the sealed back flap. Send to:

The University of Arizona
Attn: Roberta Quiroz/Ramon Murillo III
UA Cheerleaders & Mascots
1 National Championship Drive, Room N301
Tucson, AZ 85721

It is not necessary to send more than one (1) letter of recommendation.

Cheerleading Applicant's Name: _____

Recommender Name: _____

Student Amendment Waiver: Cheerleading Applicant **must** check one of the following boxes.



I waive my right of access provided by the Family Educational Rights and Privacy Act of 1974 to view this recommendation form, letter or attachments that have been written by _____ (name of reference) for my application to The University of Arizona Cheerleaders & Mascots Program.



I do not waive my right of access to view this recommendation form, letter or attachments written by _____ (name of reference) for my application to The University of Arizona Cheerleaders & Mascots Program.

Applicant's Signature: _____ Date: _____

Recommendation letter should cover the following areas:

- **Maturity, Composure, and Communication:** Please comment on the applicant's maturity level, self-confidence, stress management, listening skills and ability to work with others including peers and supervisors.
- **Initiative, Responsibility, and Creativity:** Please comment on the applicant's motivation and resourcefulness in situations, commitment to fulfill expectations, and ability to act responsibly.
- **Social Sensitivity:** Please comment on this person's sensitivity to and understanding of reactions and feelings of individuals and groups.
- **Organization, Time Management:** Please comment on the applicant's ability to organize ideas and work, be responsible for delegation of tasks to a group, take control of situations, and to maintain balance between cheerleading duties, academic responsibilities, extracurricular activities, and job responsibilities.
- **Concerns:** Please comment on any reservation you may have concerning this applicant's ability to perform cheerleading duties. Please address any weaknesses or areas which need improvement.

The University of Arizona
Department of Intercollegiate Athletics 2013-14 Cheerleading Tryouts
Medical Treatment Authorization/Liability Release

Please print

Full Legal Name: _____

Parent(s) Name(s): _____

Date of Birth: _____ Email Address: _____

Home Phone #: _____ Cell #: _____

Emergency contact: _____

Emergency Contact #: _____

School Name: _____ Grade/Year _____

Permanent Address: _____

City _____ State _____ Zip Code _____

Stunting experience: None All-Girl Co-ed FLYER or BASE

Do you currently cheer or have you had past cheerleading experience?

ASSUMPTION OF RISK, INDEMNITY, AND RELEASE FROM LIABILITY:

In consideration for access to the services, clinics and facilities provided by The University of Arizona Department of Intercollegiate Athletics, its officers, directors, employees, agents and volunteers, on behalf of the Arizona Board of Regents, its officers, directors, employees, agents and volunteers (collectively referred to as the "University"):

1. I acknowledge the existence of risks in connection with my use of the equipment, facilities, clinics and services provided by the University. My participation in physical education, exercise activities, clinics and other University activities is purely voluntary, and I elect to participate with full knowledge of the risks of injury or illness. I accept full responsibility for any injuries or illness that I may sustain in the course of such activities. More specifically, I acknowledge and accept the following risks:

- a. Possible accidents, injuries, medical disorders, pain and suffering, lost income and medical expenses resulting from my use of the University's equipment, facilities, premises, clinics and other activities, including negligent instruction, supervision or failure to warn by the University.
- b. Possible injuries and medical disorders arising out of such activities include, but are not limited to, heart attack, stroke, heat stroke or exhaustion, sprains, broken bones, torn muscles, torn ligaments, nerve damage, eye injury, tendonitis and brain or spinal cord injuries, which may result in paralysis, permanent loss of bodily functions, disability or death.
- c. The risks listed herein may be caused by my own actions or inactions, the actions or inactions of others participating in such activities, the conditions under which such activities take place, or the negligence of the University.

- d. The following is a description and examples of additional significant non-obvious dangers and risks that may be associated with the cheerleading clinic: Physical activity that involves inversion and rotation of the body that could result in serious accidents, injuries or medical disorders.
2. I declare that I am in good health and physical condition, and that I am physically and mentally able to participate in the activities listed above. I acknowledge the existence of certain rules and procedures concerning my participation in clinics and the use of equipment, facilities and premises, and I agree to abide by those rules and procedures. I agree to inspect the equipment and facilities prior to participating, and to immediately report any unsafe conditions to the University. I agree that if at any time I believe the conditions of the equipment or facilities to be unsafe, I will immediately discontinue use of such equipment or facilities and notify the University. If I am injured, I authorize the University to obtain or provide emergency medical treatment, if necessary, and I will be responsible for the costs of such treatment.
3. I hereby release, discharge, and covenant not to sue the University, from any claims, liability, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by: (a) defective or dangerous equipment, facilities or University premises; or (b) the negligence of the University related to instruction, supervision, failure to warn, or the maintenance of the equipment or facilities, including negligent rescue operations or emergency medical treatment. I further agree that if I or anyone on my behalf makes a claim against the University, I will indemnify, save, and hold harmless the University from any litigation expenses, attorneys' fees, loss, liability, damages, or costs that are incurred as the result of such claims.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

_____ Witness: _____
 Printed Name of Participant:

_____ Date: _____
 Participant's Signature (only if age 18 or over)

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF THE ACTIVITIES DESCRIBED ABOVE AND ACCEPT THE RISKS DESCRIBED ABOVE. I AM AWARE OF THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITIES. I HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE THE UNIVERSITY, FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE UNIVERSITY, AND I FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A NEGLIGENCE CLAIM AGAINST THE UNIVERSITY, I WILL INDEMNITY, SAVE, AND HOLD HARMLESS THE UNIVERSITY FROM ANY LITIGATION EXPENSES, ATTORNEYS' FEES, LOSS LIABILITY, DAMAGES, OR COSTS THAT ARE INCURRED AS THE RESULT OF SUCH CLAIMS.

_____ Witness: _____
 Printed Name of Parent/Guardian

 Address

_____ Date: _____
 Parent/Guardian's Signature (only if participant is under the age of 18)

THE UNIVERSITY OF ARIZONA
STUDENT TRYOUT MEDICAL RELEASE

In order to tryout for the Cheerleading Program at The University of Arizona, we must be sure there is no health reason to prohibit you from doing so. For permission to tryout you must obtain a physical examination on your own from a licensed physician (MD or DO). Please bring this completed form at the time of tryouts. Failure to do so will prohibit you from trying out. You do not need a complete physical at this time, only a statement from your physician. If/Once you are named to the 2013-14 team roster, you will need to report to the Kasser Medical Treatment Center McKale to undergo the complete Intercollegiate Physical Examination.

In addition, participation in athletics as well as the tryout for any sport carries an inherent danger. The University of Arizona does not assume any responsibility for any injury you may suffer during the 2013-14 UA Cheerleading tryout dates.

If you have any questions, please contact the Kasser Medical Treatment Center at (520) 621-4674.

I, _____ have read and understand the above mentioned statement and accept all responsibility for any injuries incurred during the tryout period.

PRINT NAME

Signature DATE

Please print your name in the space provided and have your physician sign and provide the appropriate information below.

I know of no reason that _____
Last Name, First Name
should not be allowed to tryout for The University of Arizona Cheerleading Team.

PHYSICIAN NAME: _____

PHONE: _____

SIGNATURE _____ **MD/DO**

DATE: _____

SAMPLE FINAL ROUND SCORE SHEET

Candidate # _____
Flyer Base

**Arizona Cheerleading Tryouts
2013-2014**

Judge # _____
Initials _____

SIDELINE CHANT (15 points)	
Motions (placement, sharpness)	____/5
Crowd Leading(voice, projection, genuine spirit)	____/5
Knowledge of Material/Choreography (remembers material/recovery)	____/5
TOTAL	____/15

FIGHT SONG (20 points)	
Motions (placement, sharpness)	____/5
Knowledge of Material/Choreography (memory/recovery)	____/5
Standing Back Tuck Incorporation	____/5
Toss Chair Incorporation	____/5
TOTAL	____/20

Tumbling (25 points)	
Standing Back Tuck (technique/height)	____/10
Running Round-Off Back Handspring Back Tuck (technique/height)	____/8
Optional Running Pass Round-off two back-handsprings to back tuck(3) Round-off back-handspring layout(5) Round-off back-handspring full(7)	____/7
TOTAL	____/25

SAMPLE FINAL ROUND SCORE SHEET

Candidate # _____
Flyer Base

**Arizona Cheerleading Tryouts
2013-2014**

Judge # _____
Initials _____

Partner Stunts (points)	
Toss Extension, Off the front dismount Partner #1	_____/10
Toss Extension, Off the front dismount Partner #2	_____/10
Hands heel stretch, full twisting cradle dismount	_____/15
Toss shoulder stand	_____/5
Choose from the following options. 1) Hands liberty, cradle, pop out, windmill, double bounce bump-and-go extension cradle (30 possible points if executed with proper technique) 2) Toss target heel stretch, full twisting cradle, barrel roll out, double bounce, hands arabesque, full twisting cradle(40 possible points if executed with proper technique) 3) Full up target liberty, cradle, wrap-around, double bounce target stretch double twisting cradle(50 possible points if executed with proper technique)	_____/50
TOTAL	_____/80
Overall Impression (Enthusiam, sportsmanship, collegiate appearance)	_____/20