

Physical Education Lesson Plan Rubric

Please use the scores from the Physical Education Lesson Plan Rubric Scoring Guide to complete this cover sheet.

	Unacceptable 1	Acceptable 2	Exemplary 3
Content Knowledge			
Identify key elements of motor skill performance and include appropriate motor skill sequences. (1.1)	1	2	3
Demonstrate knowledge of state and national standards (1.6)	1	2	3
Growth and Development			
Identify and develop instruction based on factors that influence progression and developmental readiness. (2.2)	1	2	3
Diverse Learners			
Identify and select appropriate instructional strategies that meet the needs of diverse learners. (3.1)	1	2	3
Management and Motivation			
Explain managerial routines that allow for a well-ordered learning environment. (4.1)	1	2	3
Organize lesson to best utilize available time, space, and equipment to ensure effective learning experience. (4.2)	1	2	3
Planning and Instruction			
Identify and develop appropriate instructional goals and objectives. (6.1)	1	2	3
Identify and select instructional strategies to enhance student learning based on content, student needs and safety. (6.3)	1	2	3
Design learning experiences for effective instruction. (6.4)	1	2	3
Apply pedagogical knowledge in developing an effective learning environment. (6.5)	1	2	3
Select and identify learning experiences that allow for curriculum integration. (6.6)	1	2	3
Select and utilize appropriate teaching resources and curriculum materials. (6.7)	1	2	3
Identify and develop appropriate instructional cues. (6.9)	1	2	3
Select and utilize direct and/or indirect teaching styles. (6.10)	1	2	3
Completeness of lesson plan.	1	2	3
Written clarity and correctness of lesson plan.	1	2	3
Learner Assessment			
Select and use a variety of appropriate assessment techniques. (7.2)	1	2	3
Include student self and/or peer assessment. (7.3)	1	2	3

Score: _____ To calculate student teacher's score, determine the mean score of only those criteria that are applicable. Add up all the numbers and divide the total by how many criteria you referenced.

Comments:

Student teacher: _____

Cooperating Teacher: _____

Note: The student teacher can only have a maximum of four unacceptable scores on the lesson plan rubric. More than four is an automatic failing grade.

Grading Guide		
	Average Points	Category
A =	2.7 - 3.0	Exemplary
B =	2.3 - 2.6	Good
C =	2.0 - 2.2	Acceptable
D =	1.1 - 1.9	Need Improvement
F =	0.0 - 1.0	Unacceptable

Physical Education Lesson Plan Rubric Scoring Guide

	1 Unacceptable	2 Acceptable	3 Exemplary	Score
Content Knowledge				
Identify key elements of motor skill performance and include appropriate motor skill sequences. (1.1)	Teacher candidate does not demonstrate knowledge of key elements of motor skills to allow for effective sequence of movement performance	Teacher candidate demonstrates knowledge of key elements of motor skills and uses them to effectively facilitate movement performance.	Teacher candidate demonstrates knowledge of key elements of motor skills and is able to combine skills in a wide range of activities to enhance movement skill development	
Demonstrate knowledge of state and national standards (1.6)	Teacher candidate demonstrates a lack of knowledge of state and national content standards for physical education.	Teacher candidate demonstrates a lack of knowledge of state and national content standards for physical education.	Teacher candidate demonstrates extensive knowledge of state and national content standards for physical education and utilizes them in planning and lesson implementation purposes.	
Growth and Development				
Identify and develop instruction based on factors that influence progression and developmental readiness. (2.2)	Teacher candidate does not utilize factors that influence student readiness and therefore develops inappropriate developmental learning opportunities for students.	Teacher candidate identifies factors that influence student readiness and develops appropriate learning opportunities for all students.	Teacher candidate identifies factors that influence student readiness; develops appropriate learning opportunities; and individualizes instructional techniques for students with greater readiness.	
Diverse Learners				
Identify and select appropriate instructional strategies that meet the needs of diverse learners. (3.1)	Teacher candidate does not identify appropriate instructional strategies to meet the needs of a variety of learners.	Teacher candidate demonstrates the ability to identify appropriate instructional strategies to meet the needs of a variety of learners.	Teacher candidate demonstrates ability to fully identify appropriate instructional strategies based on a variety of student needs and use them to accommodate individual learning styles.	
Management and Motivation				
Explain managerial routines that allow for a well-ordered learning environment. (4.1)	The teacher candidate does not explain managerial routines that establish a well-ordered learning environment.	The teacher candidate explains managerial routines that lead to a well-ordered learning environment.	The teacher candidate develops and explains effective managerial routines that lead to a well-ordered learning environment and maximizes student learning.	
Organize lesson to best utilize available time, space, and equipment to ensure effective learning experience. (4.2)	Teacher candidate does not organize lesson to make the best use of available time, space and equipment to ensure an effective learning experience.	Teacher candidate organizes lesson to effectively use available time, space and equipment to ensure an effective learning experience.	Teacher candidate organizes and explains effective strategies for using available time, space and equipment to ensure an effective learning experience, while maximizing student engagement time.	

	1 Unacceptable	2 Acceptable	3 Exemplary	Score
Planning and Instruction				
Identify and develop appropriate instructional goals and objectives. (6.1)	Teacher candidate does not identify or develop appropriate instructional goals and objectives.	Teacher candidate identifies and develops appropriate instructional goals and objectives.	Teacher candidate identifies and develops appropriate instructional goals and objectives utilizing a wide range of learning activities.	
Identify and select instructional strategies to enhance student learning based on content, student needs and safety. (6.3)	Teacher candidate does not identify or select instructional strategies to enhance student learning.	Teacher candidate identifies and selects instructional strategies to enhance student learning based on content, student needs and safety.	Teacher candidate identifies and selects instructional strategies to enhance student learning based on content, student needs and safety and applies them to a wide range of learning activities.	
Design learning experiences for effective instruction. (6.4)	Teacher candidate does not design learning experiences for effective instruction.	Teacher candidate effectively designs learning experiences that are developmentally appropriate, safe, and lead to effective instruction.	Teacher candidate effectively designs a variety of learning experiences that are developmentally appropriate, safe, and lead to effective instruction.	
Apply pedagogical knowledge in developing an effective learning environment. (6.5)	Apply pedagogical knowledge in developing an effective learning environment	Teacher candidate demonstrates ability to apply pedagogical knowledge in developing an effective learning environment	Teacher candidate demonstrates ability to consistently apply pedagogical knowledge in developing an effective learning environment in a wide range of learning activities	
Select and identify learning experiences that allow for curriculum integration. (6.6)	Teacher candidate does not select or identify learning experiences that allow for curriculum integration.	Teacher candidate selects and identifies learning experiences that allow for integration of multiple subject areas within the physical education environment.	Teacher candidate consistently selects and identifies developmentally appropriate learning experiences that allow for integration of multiple subject areas within the physical education environment.	
Select and utilize appropriate teaching resources and curriculum materials. (6.7)	Teacher candidate does not select or utilize appropriate resources and curriculum materials.	Teacher candidate selects and utilizes appropriate resources and curriculum materials.	Teacher candidate selects and utilizes appropriate resources and curriculum materials in a wide range of learning activities.	
Identify and develop appropriate instructional cues. (6.9)	Teacher candidate does not identify or develop appropriate instructional cues	Teacher candidate identifies and develops appropriate instructional cues to facilitate competent motor skill performance.	Teacher candidate identifies and develops appropriate instructional cues to facilitate proficient motor skill performance for refined skill development.	
Select and utilize direct and/or indirect teaching styles. (6.10)	Teacher candidate does not select or utilize a variety of direct or indirect teaching styles	Teacher candidate selects and utilizes a variety of direct or indirect teaching styles to facilitate student learning.	Teacher candidate selects and utilizes a variety of direct and indirect teaching styles to facilitate student learning in a variety of learning activities.	
Completeness of lesson plan.	Teacher candidate is missing components of the lesson plan.	Teacher candidate includes all components of the lesson plan.	Teacher candidate includes all components of the lesson plan in a well-organized manner making it teacher-friendly.	

	1 Unacceptable	2 Acceptable	3 Exemplary	Score
Written clarity and correctness of lesson plan	Teacher candidate has numerous grammatical errors or mistakes making the lesson plan hard to understand and/or follow.	Teacher candidate has few, if any, grammatical errors or mistakes and the lesson plan is easy to understand and/or follow.	Teacher candidate has no grammatical errors or mistakes and the lesson plan is well-written, organized and easy to understand and/or follow.	
Learner Assessment				
Select and use a variety of appropriate assessment techniques. (7.2)	Teacher candidate does not select or use any assessment techniques	Teacher candidate selects and utilizes a variety of appropriate assessment techniques to provide student feedback.	Teacher candidate selects and utilizes a variety of appropriate assessment techniques from all learning domains to provide student feedback.	
Include student self and/or peer assessment. (7.3)	Teacher candidate does not utilize student self or peer assessment.	Teacher candidate utilizes student self and peer assessment.	Teacher candidate utilizes student self and peer assessment in a variety of learning activities for reflection and self-analysis.	

Score: _____ **Note:** To calculate teacher candidate's score, determine the mean score of only those criteria that are applicable. Mark all non-applicable boxes "NA". Add up all the scores from all the applicable boxes and divide the total by how many criteria you referenced.

Teacher Candidate: _____ Cooperating Teacher: _____

Date: _____

Grading

Guide

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A	= 2.7 - 3.0	Exemplary
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