

Appendix B

Physical Education: Kindergarten Sample Teacher Planning Tools

Sample Planning Chart for Kindergarten Physical Education

Course: _____

Section: _____

Theme	Min. # Activities/ Category	Min. # Classes/ Category	Max. # Classes/ Activity	Activities
Games – Space, Directions and Body Awareness				_____ _____ _____
Games – Locomotor Skills				_____ _____ _____
Games – Non - Locomotor Skills				_____ _____ _____
Games – Manipulative Skills (Projecting and Receiving Small Objects)				_____ _____ _____
Games – Manipulative Skills (Projecting and Receiving Large Objects)				_____ _____ _____
Games – Manipulative Skills (Projecting and Receiving with Implements)				_____ _____ _____
Games – Manipulative Skills (Accompanying Apparatus)				_____ _____ _____
Body Management and Orientation				_____ _____ _____

Sample Yearly Plan for Physical Education _____

Class/Section: _____

Class/Lesson	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
Themes and Activities																									
Facilities/ Resources																									
Contacts/ Information																									
Notes																									
Class/Lesson	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55
Theme and Activities																									
Facilities/ Resources																									
Contacts/ Information																									
Notes																									

Sample Unit Plan

Course: _____ Grade/Class: _____ Dates: _____

Theme: _____ # of Lessons: _____

Lesson	Specific Outcomes	Sample Learning/ Teaching Strategies and Activities	Assessment Strategies
1			
2			
3			
4			
5			
6			
7			

- All **Specific Curriculum Outcomes** and listed on pages 36 and 37 of the guide. Write the number that represents the outcome in the box provided.

Sample Physical Education Lesson Plan Template

Class: _____ Lesson/Unit: _____ Date: _____

General Outcomes	Psychomotor (Moving/Doing)	Cognitive (Understanding/Applying)	Affective (Cooperation/ Responsibility)
Specific Outcomes			

<u>Introduction/Warm Up</u>	Assessment Strategies
<u>Sample Learning and Teaching Strategies and Activities</u>	
<u>Closure/Cool-down</u>	
<u>Equipment</u>	Safety Considerations

Sample Year Plan for Physical Education _____, Class/Section: _____

Month					
Theme(s)					
Activities					
General Outcomes					
Key Stage Outcomes					
Specific Outcomes					
Facilities/ Resources					

- In this guide, the 6 General Curriculum Outcomes (GCO's) are listed on page 31. Write the number of the outcome you will address in the box provided.
- In this guide, the Key Stage Curriculum Outcomes (KSCO's) are listed on page 32. Write the number of the outcome you will address in the box provided.
- In this guide, the Specific Curriculum Outcomes (SCO's) are listed on pages 36 and 37. Write the number that represents the outcome in the box provided.