

## ***Appendix B***

### ***Physical Education: Kindergarten Sample Teacher Planning Tools***

## Sample Planning Chart for Kindergarten Physical Education

Course: \_\_\_\_\_

Section: \_\_\_\_\_

Theme	Min. # Activities/ Category	Min. # Classes/ Category	Max. # Classes/ Activity	Activities
Games – Space, Directions and Body Awareness				_____ _____ _____
Games – Locomotor Skills				_____ _____ _____
Games – Non - Locomotor Skills				_____ _____ _____
Games – Manipulative Skills (Projecting and Receiving Small Objects)				_____ _____ _____
Games – Manipulative Skills (Projecting and Receiving Large Objects)				_____ _____ _____
Games – Manipulative Skills (Projecting and Receiving with Implements)				_____ _____ _____
Games – Manipulative Skills (Accompanying Apparatus)				_____ _____ _____
Body Management and Orientation				_____ _____ _____

**Sample Yearly Plan for Physical Education** \_\_\_\_\_

**Class/Section:** \_\_\_\_\_

<b>Class/Lesson</b>	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
<b>Themes and Activities</b>																									
<b>Facilities/ Resources</b>																									
<b>Contacts/ Information</b>																									
<b>Notes</b>																									
<b>Class/Lesson</b>	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55
<b>Theme and Activities</b>																									
<b>Facilities/ Resources</b>																									
<b>Contacts/ Information</b>																									
<b>Notes</b>																									

## Sample Unit Plan

Course: \_\_\_\_\_ Grade/Class: \_\_\_\_\_ Dates: \_\_\_\_\_

Theme: \_\_\_\_\_ # of Lessons: \_\_\_\_\_

Lesson	Specific Outcomes	Sample Learning/ Teaching Strategies and Activities	Assessment Strategies
1			
2			
3			
4			
5			
6			
7			

- All **Specific Curriculum Outcomes** are listed on pages 36 and 37 of the guide. Write the number that represents the outcome in the box provided.

## Sample Physical Education Lesson Plan Template

Class: \_\_\_\_\_ Lesson/Unit: \_\_\_\_\_ Date: \_\_\_\_\_

General Outcomes	Psychomotor (Moving/Doing)	Cognitive (Understanding/Applying)	Affective (Cooperation/Responsibility)
Specific Outcomes			

<b><u>Introduction/Warm Up</u></b>	<b>Assessment Strategies</b>
<b><u>Sample Learning and Teaching Strategies and Activities</u></b>	
<b><u>Closure/Cool-down</u></b>	
<b><u>Equipment</u></b>	<b>Safety Considerations</b>

**Sample Year Plan for Physical Education \_\_\_\_\_, Class/Section: \_\_\_\_\_**

<b>Month</b>					
<b>Theme(s)</b>					
<b>Activities</b>					
<b>General Outcomes</b>					
<b>Key Stage Outcomes</b>					
<b>Specific Outcomes</b>					
<b>Facilities/ Resources</b>					

- **In this guide, the 6 General Curriculum Outcomes (GCO’s) are listed on page 31. Write the number of the outcome you will address in the box provided.**
- **In this guide, the Key Stage Curriculum Outcomes (KSCO’s) are listed on page 32. Write the number of the outcome you will address in the box provided.**
- **In this guide, the Specific Curriculum Outcomes (SCO’s) are listed on pages 36 and 37. Write the number that represents the outcome in the box provided.**