

Minute to Win It!

Score Sheet 2011

Event	Team Score
1. Fitness Word Scrabble: Number of fitness words created in a minute	
2. Pedometer Fitness: Top 3 scores + low 3 scores equals team score	
3. Baggo Bean Bag Toss: number of bean bags tossed into the hole in a minute.	
4. Hula Hoop Spin Backs: number of hoops tossed and spun back across the line in 1 minute	
5. Running Man: each half of team gets 1 minute to make the man run to handles.	
6. Block Towers: highest number levels of tower built by both half of the teams	
7. Team Jump Rope: highest number of consecutive jumps from both groups added together	
8. Dice Roll: total of number of numbers 3-18 that a team can roll in minute but you can only roll a number once	
9. Tchoukball Relay Toss: number of toss and catch each half of teams can successfully do in the minute	
10. Noodle Bits: How many noodle bits can you catch in the bucket in one minute. One teammate pops the other catches.	
Total Team Score	

Team Name _____ Team Final Score _____