

SEPTEMBER 2016 Meals & Food Banks - A Project of the Hunger Relief Action Coalition

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEALS FOR INDIVIDUALS & FAMILIES IN NEED Addresses & Food Banks List Included			<u>St Joseph's Hospitality Centre</u> 9:30am-11am & 12pm-2pm Monday-Friday *ID required* Daily fee: \$0.50 breakfast; \$1.00 lunch Monthly fee: \$10 breakfast; \$15 lunch; \$25 both		<u>The Salvation Army Emergency Services Vehicle</u> Tuesdays 5:45-6:10pm @ My Sister's Place (Dundas/William) Women Only Tuesdays 6:15-6:45pm @ Coffee House (371 Hamilton Road @ Redan) Tuesdays 7-7:30pm @ Covent Garden Market	
<u>Youth Action Centre</u> 8am-10am & 3pm-6pm Monday-Friday @ 332 Richmond Street 226-777-0116 (Youth 16-24 yrs)	<u>Ark Aid Street Mission</u> Monday-Saturday @ 7pm Sunday - times as posted @ 696 Dundas Street CLOSED ON HOLIDAYS	<u>Fellowship Centre St. Paul's</u> 11:30am-12:30pm Monday, Wednesday, Friday @ 472 Richmond Street (Adults 20yrs and over)	<u>Streetlight Bus</u> 7pm-9pm Tues & Thurs <u>First Baptist Church</u> @ 568 Richmond Street (Youth 16-25yrs)	1 4pm-6pm - Beth Emmanuel	2 5:30pm - Metropolitan United	3 9am-11am - St. James Westminster 5pm-6pm - St John
4 5:15pm - Centre of Hope 5:30pm-6:30pm - Trinity United	5 LABOUR DAY	6 5:30pm-7pm - Rowntree	7 11am-1pm - Salvation Army Highbury/Huron 5:15pm - Centre of Hope	8 4pm-6pm - Beth Emmanuel 5:30-6:30pm - First Baptist	9 5:30pm - Metropolitan United	10 8:45am-10:30am - Wesley Knox 9am-10:30am - St. Luke's Anglican 5pm-6pm - St John
11 9am-9:30am - The Salvation Army - Westminster Park Community Church 5:15pm - Centre of Hope	12 5pm-5:30pm - The Salvation Army - Westminster Park Community Church 5:30pm-6:30pm - St Michaels	13 5:30pm-7pm - Rowntree	14 11am-1pm - Salvation Army Highbury/Huron 5:15pm - Centre of Hope	15 4pm-6pm - Beth Emmanuel	16 5:30pm - Metropolitan United	17 9am-10:30am - Rowntree 9am-10:30am - St. Alban's 9am-11am - Calvary United 9am-11am - All Saints 5pm-6pm - St John
18 9am-9:30am - The Salvation Army - Westminster Park Community Church 5pm-6pm - St. Martin of Tours 5:15pm - Centre of Hope	19 5pm-5:30pm - The Salvation Army - Westminster Park Community Church 5:30pm-6:30pm - St Michaels	20 7:30am-10:30am - Church of the Ascension 5:30pm-7pm - Rowntree	21 11am-1pm - Salvation Army Highbury/Huron 5:15pm - Centre of Hope	22 4pm-6pm - Beth Emmanuel	23 5:30pm - Metropolitan United	24 9am-10:30am - St. Martin of Tours 9am-11am - St. Andrew Memorial 11:30am-1:30pm - Fairmont United 5pm-6pm - St John
25 9am-9:30am - The Salvation Army - Westminster Park Community Church 5:15pm - Centre of Hope 5:30pm - Lawyers Feed the Hungry (St. Paul's Cathedral) 5:30pm-6:30pm - Wesley Knox	26 5pm-5:30pm - The Salvation Army - Westminster Park Community Church 5:30pm-6:30pm - St Michaels	27 5:30pm-7pm - Rowntree	28 11am-1pm - Salvation Army Highbury/Huron 5:15pm - Centre of Hope	29 4pm-6pm - Beth Emmanuel	30 5:30pm - Metropolitan United	<u>My Sister's Place</u> Mon-Fri 12pm-1pm @ 566 Dundas Street 519-679-9570 (Women only 16yrs & older)