

Confidential Psychological Evaluation

Name: Laura Croft
Date of Birth: December 2, 1975
Date of Interview: September 21, 2001
Chronological Age: 25 years, 9 months, 19 days
Race/Gender: Caucasian/Female
Examiner's Name: Ima Clinician
Date of Report: September 25, 2001

Reason for Referral

The purpose of this assessment was to obtain background information for Ms. Croft.

Behavioral Observations:

Ms. Croft appeared at the interview on time. She willingly accompanied the examiner to the testing room. She was dressed casually in sweatpants and sweatshirt, and her hygiene appeared to be appropriate. She demonstrated good posture, appeared to be in good health, and showed no difficulties with ambulation. Ms. Croft was of average height and weight. She was oriented to person, place, time, and purpose, and had good eye contact throughout the evaluation. English is her primary language and she is right-handed. She spoke with normal volume, rate of speech, and voice tone. There were no signs of incoherence, blocking, circumstantiality, or loosening of associations. Rapport was easily established, and Ms. Croft appeared eager during the evaluation, approaching each task with relish. Her thought content was logical and was consistent with the topic of discussion. There were no indications of hallucinations or delusions. Her attention span was excellent and she had a pleasant and friendly mood. She answered the questions that were asked of her spontaneously and elaborated when appropriate. While she appeared to be very motivated during the testing and appeared to give full effort on all tests, she also knew her limits and was not shy about saying that she could not complete a problem. Therefore, it appears that this evaluation is a valid indicator of Ms. Croft's background. The information she presented appears to be mostly reliable.

Background Information

Emotional/Psychological History. Ms. Croft reported that she is typically in a happy mood. She stated that she is proud of herself and her accomplishments, as she has adjusted well to becoming a wife, mother, and college student. When asked how a friend would describe her, Ms. Croft replied, "hard-working, reliable, and optimistic."

Ms. Croft stated that she has never received therapy or been hospitalized and reported no history of abuse. Upon direct questioning, Ms. Croft denied any current or past suicidal ideation.

Ms. Croft reported no family history of mental illness. However, she indicated that her biological father suffers from alcoholism. She stated that he began to abuse alcohol when he returned from the Vietnam War. Ms. Croft denies that her family has any other history of substance abuse problems.

Alcohol and Drug Use. Ms. Croft stated that she began using alcohol in high school. She stated that, during this time, she drank heavily, consuming at least seven drinks each night of the weekend. Ms. Croft reported that, in addition to drinking, she also began smoking both cigarettes and marijuana during high school. She stated that she was from a very small, rural town and using alcohol and drugs was her main source of entertainment. However, Ms. Croft reported that her lifestyle changed when she married at age 20. She indicated that she no longer smokes or uses drugs and she drinks alcohol only once a year, on the Fourth of July. Ms. Croft, however, indicated that she uses caffeine on a daily basis, as she reported that she drinks a cup of coffee each morning.

Ms. Croft revealed a family history of alcohol addiction. She reported that her father is an alcoholic. She stated that he drinks to the point of drunkenness every day.

Family History. Ms. Croft reported that she currently lives with her husband and her three-year-old daughter in an apartment in Bowling Green, KY. Ms. Croft stated that she has been happily married since

1996. She revealed that her husband is currently attending a technical school to receive Microsoft training and certification and also owns and operates a small computer repair business. Ms. Croft described her relationship with her immediate family as very close and loving, and stated that her husband is supportive of her decision to attend college classes to obtain a Bachelor's degree.

Ms. Croft reported that, when she was growing up, she had a close relationship with her mother. She indicated that her relationship with her father, however, was distant. She stated that he began drinking heavily after he returned from serving in the Vietnam War, and that her mother, being very religious, disapproved of the drinking. Ms. Croft stated that her parents eventually divorced when she was in the ninth grade. She indicated that, after the divorce, her father moved away. Ms. Croft revealed that she has stayed in contact with her father by telephone and indicated that she sees him two or three times a year, normally during the holiday season. Ms. Croft stated that, after the divorce, her mother soon remarried. Ms. Croft described her stepfather as distant. She stated that her stepfather's first wife died in a vehicular accident and that he had difficulties forming close relationships. Ms. Croft reported that, after the birth of her daughter, her relationship with her stepfather greatly improved. She said that he is now very involved in her life and is currently helping her finance her college education. Ms. Croft revealed that she has two stepsisters and two half sisters with whom she speaks every few weeks. She stated that she has good relationships with all but one of her sisters. Ms. Croft stated that the oldest half-sister has never fully accepted Ms. Croft as a member of the family; however, Ms. Croft reported that she moved out when Ms. Croft was about the age of 16 years and that they are better able to "get along" now.

Social History. Ms. Croft stated that she had several close friends when she was a child. However, she indicated that, when she married her husband, her friendships began to fade as she spent most of her time with her husband and daughter. Ms. Croft stated that, since her daughter began playing soccer in the community, she now socializes with the other mothers from her daughter's team. She indicated that she has also recently joined an honor society on the Western Kentucky University campus. However, she stated she enjoys spending most of her time with her family and four dogs at home.

Medical History. Ms. Croft reported that she has been relatively healthy throughout her life. However, she indicated that, during her pregnancy, she developed gestational diabetes. Ms. Croft stated that, throughout her pregnancy, she was required to test her blood sugar levels after each meal. She reported that, while she currently does not have diabetes, she is at-risk for developing the disease and she has her blood tested every six months. Additionally, Ms. Croft indicated that she suffers from seasonal allergies; she stated that she treats her allergies with over-the-counter medications.

Ms. Croft also revealed a history of stomach problems during her early 20s that was finally found to result from issues with her gall bladder. She reported that she underwent gall bladder surgery to correct the problem in 1998, and has indicated that she has had no major pain or other related symptoms since.

Ms. Croft denied any other surgeries, accidents, or serious illnesses. She denied ever fainting.

Educational History. Ms. Croft reported that she is currently a sophomore in college at Western Kentucky University (WKU). She revealed that she is pursuing a degree in early childhood education. She stated that she has good relationships with all of her professors and has made mostly B's and a few A's in her coursework. She indicated that she hopes to someday become a college professor because she enjoys giving class presentations and the university atmosphere.

Ms. Croft reported that she graduated from Montgomery Central (Clarksville, Tennessee) High School in 1998. She stated that she was an Honor Roll student in high school, and made As and Bs in her coursework. She reported that she was a member of the school drama club and revealed that she was a cheerleader during her sophomore, junior, and senior years. She denied attending special education classes, being suspended or expelled, or being retained.

Employment History. Ms. Croft reported that she is employed part-time at the WKU Bookstore, but stated that she is mainly focusing on her schoolwork. She revealed that, prior to beginning college, she was a

substitute teacher for two years. She stated that she enjoyed the work and decided to get her degree to increase her pay.

Legal History. Ms. Croft denied a history of legal problems. She revealed that she had one speeding ticket in the past three years.

SUMMARY

Ms. Croft is a 25-year-old Caucasian female who has been happily married for five years and has a three-year-old daughter. She is currently working on a bachelor's degree in Education at WKU. She aspires to someday become a college professor. She reported that she has good relationships with most members of her family; however, her relationships with her father and stepfather were somewhat problematic. She reported a few medical issues, including gestational diabetes and gall bladder problems. She indicated that she has few medical concerns at this time. Ms. Croft has a fairly extensive alcohol and drug use history, but currently is not reporting any problematic use patterns. Ms. Croft was open and candid during the interview and seemed to enjoy discussing her history. No indicators of abnormal behaviors were present. No documented mental illness was present for Ms. Croft or her family; however, her father developed an alcohol addiction after returning from the Vietnam War.

Thank you for this referral.

Ima Clinician

Date