

MAY FAIR  
KITCHEN

## BREAKFAST MENU

### CONTINENTAL FROM THE BUFFET

Natural and fruit yoghurts

Fresh Fruit Selection

Gallia melon, honeydew and watermelon,  
selection of berries, orange and grapefruit

Bakery

Croissants, muffins, Danish pastries,  
whole meal and white toast, bread rolls

Cereals

Cornflakes, Bran Flakes, Coco Pops, Fruit n' Fibre,  
All Bran flakes, Special K and Bircher Muesli

Selection of Cold Cuts

Roast Ham, Salami, Parma Ham and Smoked salmon

Selection of Cheeses

Cheshire Cheese, Cheddar and Cottage

### ENGLISH BREAKFAST YOUR CHOICE OF ONE OF THE FOLLOWING

Two pan-fried farm eggs with back bacon, Cumberland pork sausage,  
field mushrooms, vine tomato and roasted potatoes

Three egg omelette, regular or white, with your choice of fillings

Scrambled eggs with smoked salmon on English muffin

Eggs Benedict/Eggs Royale/Eggs Florentine

Waffle/pancakes with maple syrup

Porridge with milk/water

Low fat and low cholesterol choice

Egg white omelette with courgettes and tomato

Selection of fresh juices

Apple, orange and grapefruit

Coffee or tea

*May Fair Kitchen Breakfast*

*£29.50*

*Continental Breakfast*

*£22.50*