

Baby Sign Language Academy

Baby Sign Language Chart



ALL DONE/ FINISHED

Place both open hands in front of your chest, palms facing in, fingers pointing up. Turn your hands with a quick movement to end with your palms facing out.



BED

Rest your head on your hands, palms together, fingers closed. This sign can also be done with one hand: head rests on open palm. It's like you're laying your head on a pillow.



BABY

Bend your arms and place one on top of the other, palms facing up, and move from side to side two times. It looks just like you are rocking a baby in your arms.



BIRD

Place your index finger and thumb close to your mouth and open and close them with a double movement. Think of a bird's beak.



BALL

Hold your hands in front of you, palms facing each other and fingers apart. Curve your fingers and tap your fingertips and thumbs together twice. Imagine holding a ball in your hands.



BOOK

Bring the palms of both open hands together in front of your body, fingers together, angled forward. Open and close your hands with a double movement. Imagine opening and closing a book.



BATH

Both hands form the A handshape (make a flat fist, thumb rests alongside the bent index finger), palms facing in. Place on each side of the chest and move up and down with a short, double movement. Think of washing yourself.



BOY

Form your hand into the shape of a flattened O and bring it to the side of your forehead, palm facing left. Open and close with a double movement. Imagine touching the visor of a cap.



BEAR

Cross your arms over your chest, hands curved. With a double movement, gently scratch your fingers up and down near your shoulders. Imagine a bear scratching itself.



BROTHER

Both hands form the L handshape by bending the middle, index, and pinky fingers into the palms and extending the thumb and index fingers. Start with one L hand at your forehead and bring it down in front of you, placing it on the top of your other L hand.



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CAT

With your open hand near your cheek, palm facing left, pinch your thumb and index finger together and move it toward your ear. Repeat motion, opening and closing your thumb and index finger each time. Imagine stroking the whiskers of a cat.



FOOD

Form your hand into a flattened O shape, fingertips facing toward you. Bring your hand to your mouth and tap your mouth with a double movement. Imagine putting food in your mouth.



DADDY

Tap the thumb of your open hand on your forehead two times. This sign can also be done by placing the thumb of your open hand on your forehead and wiggling your fingers.



GIRL

Brush the thumb of your flattened fist, palm facing left, down the cheek with a double movement.



DIAPER

With the middle and index fingers of each hand pointing down, tap the thumbs with a double movement near each side of the waist. Think of the location of the tabs or pins on a diaper.



GRANDMA

Place the thumb of your open hand, palm facing left, on your chin and bounce it outward in an arc twice. Represents two generations.



DOG

Pat the side of your upper thigh then snap your fingers. The sign is also often done by patting the thigh with a double movement or just snapping the fingers. It's a natural gesture for calling a dog.



GRANDPA

Place the thumb of your open hand, palm facing left, on your forehead and bounce it outward in an arc twice. Represents two generations.



EAT

Form your hand into a flattened O shape, fingertips facing toward you. Bring your hand to your mouth with a single movement. Imagine putting food in your mouth.



HELP

With both hands in front of your body, place the pinky finger side of a flattened fist on top of the other hand, palm flat and facing up. Raise both hands up at the same time. It looks as if the flat hand is helping to lift the other one up.



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HURT/PAIN

Put your hands in front of you with your index fingers extended and slightly apart. Move the index fingers toward each other with a slight twisting motion two times. Sign can also be done by tapping the tips of the index fingers together twice. Make the sign near the location of the pain to show where it hurts.



MOMMY

The thumb of your open hand taps the chin twice. Sign can also be made by placing the thumb of the open hand on your chin and wiggling your fingers.



LOVE

Cross both hands in front of your heart, palms facing toward you. The sign is often made with the hands closed in fists, either flat or with the thumb lying on top of the closed fingers, but can also be done with the hands open as well.



MORE

With your hands out in front of you, form each hand into a flattened O shape, palms facing down and fingertips facing each other. Tap the fingertips together with a double movement.



LOVE: I LOVE YOU

First make the sign for I or ME by pointing your extended index finger toward yourself. Next make the sign for LOVE (shown above), then make the sign for YOU by pointing your extended index finger in the direction of the person you are referring to.



PLAY

Bring both hands about chest width apart in front of your body. Bend the index, middle, and ring fingers into the palm, leaving the pinky and thumb extended. Simultaneously shake your hands with a twist of the wrists using a double movement.



LOVE: ILY - I LOVE YOU ACRONYM

With your palm facing outward, bend your middle and ring fingers in to your palm, leaving your thumb, pinky and index fingers extended. This is a combination of the ASL letters I, L, & Y.



PLEASE

Your open hand, palm facing in, rubs your chest in a circular motion.



MILK

Open and close your hand into a fist twice. Represents the action of milking a cow.



POTTY/TOILET

Start with your hand in front of your shoulder, palm facing out. Close your hand with your thumb sticking out between the index and middle fingers and shake it from side to side twice.



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SISTER

Brush the thumb of the right, flattened fist, palm facing left, down the cheek, then change it to an L handshape by extending your index finger and thumb, and bring it down in front of you, placing it on top of your other L hand.



THANK YOU

Move the fingertips of your open hand, palm facing in, fingers together and pointing up, forward from your mouth then down, ending with your hand angled up in front of your chest.



SORRY

Rotate your fist, either flat or with the thumb laying on top of the closed fingers, palm facing in, over your heart with a repeated circular motion.



WATER

With your open hand, palm facing left, fingers spread and pointing up, pinch your pinky and thumb together, forming your hand into the W handshape. Tap the index finger side of your W hand near the side of your mouth with a double movement.

