

africaid
**whizzkids
united**

**BE
SMART!**

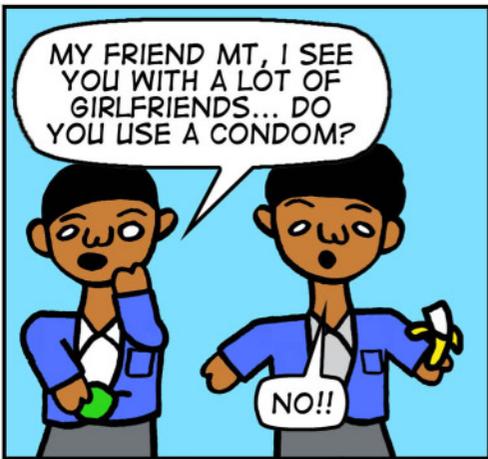
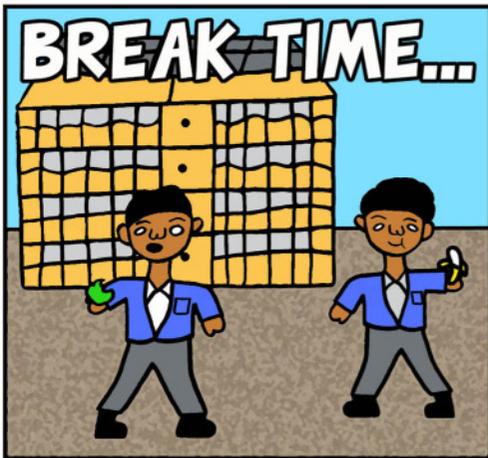
**BE
SAFE!**

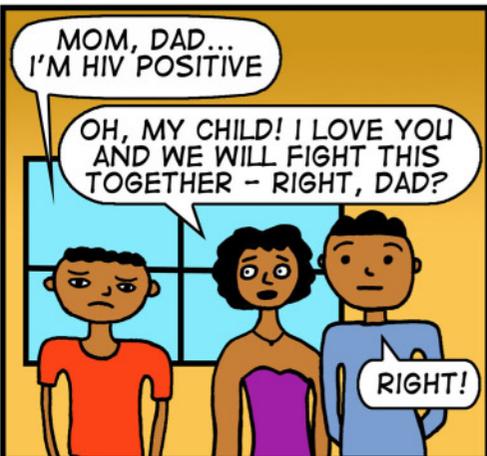
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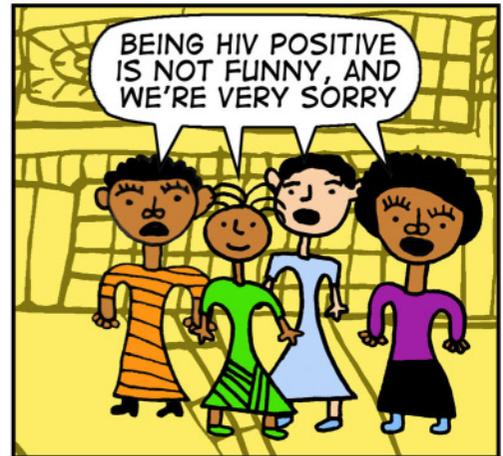
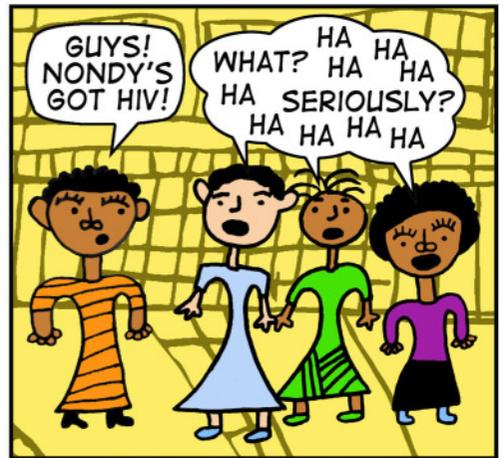
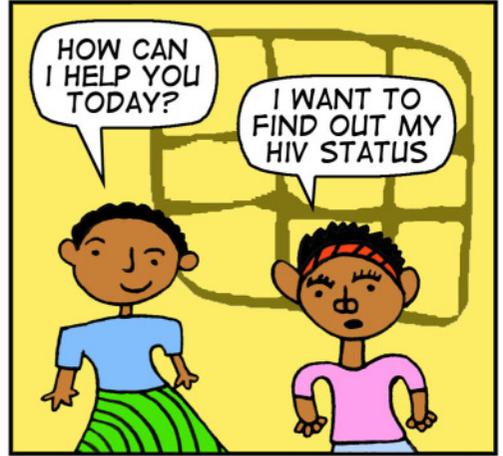
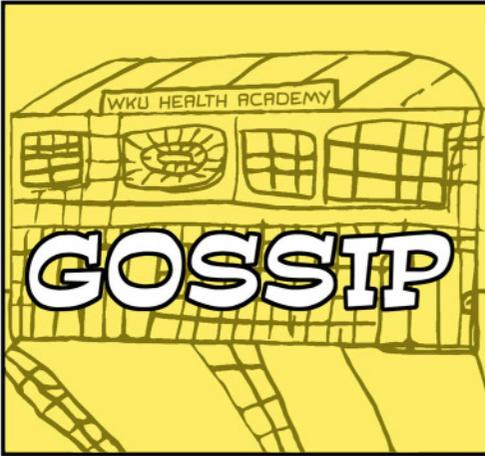
hiv



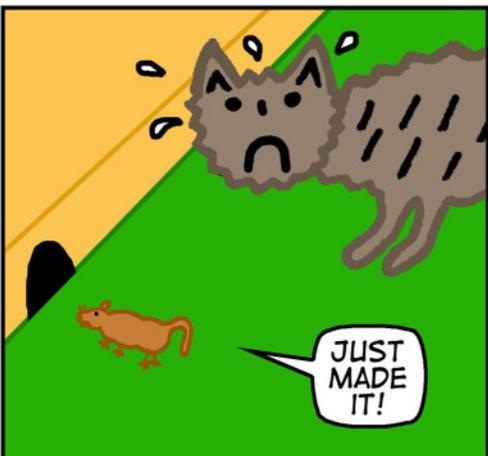
READ ALL ABOUT HOW
WKU IS TACKLING **HIV**
THROUGH FOOTBALL AND
COMICS WORKSHOPS!







CAT AND MOUSE IN THE HOUSE





Young people are the major casualties of HIV infection across Africa. **WhizzKids United (WKU)**, founded in 2005 by **Africaid**, has revolutionised the way youth HIV prevention information is delivered. Instead of the formal education approach based on the ABC message (Abstain, Be faithful, Condomise), WKU has 'broken out' onto the football pitch to use football as an analogy to teach the life skills that young people need to stay safe and prevent the spread of HIV/AIDS.



Football for Life:

Key messages from WKU



Set **goals** in life and plan the right **tactics** to achieve them



Know your **team** (friends, family, WKU staff) - they can help you overcome challenges



Know how to **tackle** HIV & AIDS with the help of staff at the **WKU Health Academy**

WKU HEALTH ACADEMY

WhizzKids United's Health Academy was launched in 2010 to provide a complete football-led package of prevention, care, treatment and support services. To date, 35000 young people have benefited from WKU's programmes.

Since 2012, WKU has also been running a series of comics-drawing workshops. The workshops are a safe environment for the young people to share with counsellors their feelings about HIV, opening the way for more effective support and healthcare provision. They also learn how to create stories relevant to others in their community.

WKU is keen to extend its work with young people with or at risk of HIV, but needs funding to do so. To find out more or to make a donation, please visit our website: www.whizzkidsunited.org or find us on Facebook: www.facebook.com/WhizzKidsUnited



WKU Health Academy
Selby Msimang Rd
Edendale
Pietermaritzburg 3216
South Africa
(in front of Edendale
Hospital)

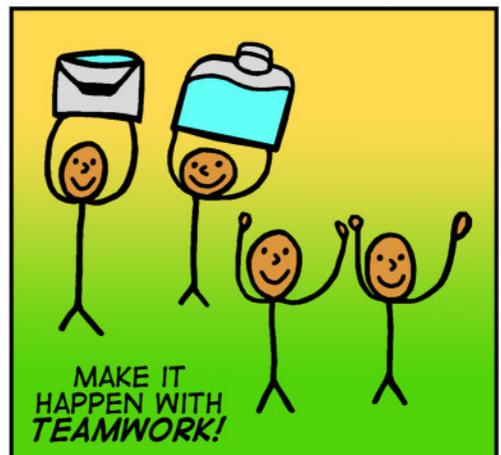
Tel: 033 395 4683
Open Mon-Fri 7am-6pm
(in winter 5pm) plus some
Saturdays, please enquire

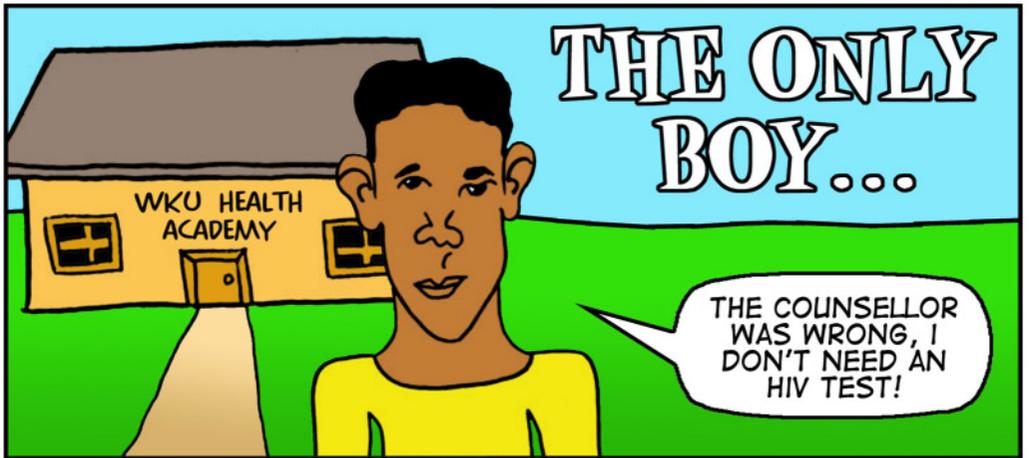


The friendly staff at the Health Academy

**Everyone welcome,
no appointment needed!**

THE WASTED WATER





THE COUNSELLOR
WAS WRONG, I
DON'T NEED AN
HIV TEST!



I'VE
BEEN
CIRCUMCISED
AND I ONLY
SLEEP WITH
YOUNG
HIGH SCHOOL
GIRLS!



BUT THE
COUNSELLOR
DID SAY
THAT
CIRCUMCISION
DOESN'T
FULLY
PROTECT
ME...



HEY, MARLON!
I'VE JUST BEEN FOR
MY 3-MONTHLY HCT,
AND I'VE TESTED
HIV POSITIVE!



YOU'RE THE
ONLY BOY
I'VE EVER
SLEPT WITH
...SO I'VE
CAUGHT IT
FROM YOU!

WHAT IS HiV LIKE?



**"IT KILLS THE SOLDIERS
OF THE BODY"**

**"HiV IS LIKE
AN OCTOPUS"**

**"IT'S LIKE
A COBRA,
BECAUSE IT'S
DANGEROUS"**

The stories in this booklet were written and drawn by 15-20 year-olds at a WKU Youth Development Workshop at the WKU Academy, Edendale, Pietermaritzburg. The workshop was part of a research collaboration between WhizzKids United, RSA and Cardiff University, UK. The pages of artwork were digitally coloured and lettered by an award-winning British cartoonist so that the comic-strips can be read clearly and look their best.



Acknowledgements: Dr Elisabeth El Refaie for her original research and the workshop materials; Upside Comics and Ian Williams for input on the materials; Marcus McGilvray, Ben Edwards and the WKU team for delivering the workshop; Meal A Day and Bic for sponsoring the workshop; Liverpool FC Foundation for sponsoring WhizzKids United; Steve Marchant for colouring and designing the booklet; Cardiff University for practical and financial help; but most of all, the WhizzKids themselves for drawing the comic strips and for sharing their feelings about HIV.

LOLA'S STORY

WHEN I WAS DIAGNOSED HIV POSITIVE, I CRIED FOR DAYS

HIV +



SO I WENT TO GET SOME COUNSELLING

ALWAYS TAKE YOUR MEDICATION



MY PARENTS ARE VERY SUPPORTIVE

WE'RE HERE FOR YOU, LOLA



NOW I VISIT SCHOOLS TO TEACH CHILDREN ABOUT HIV



THEY NEED TO LEARN ABOUT HIV AND HOW TO STAY HEALTHY

DON'T TAKE RISKS WITH YOUR HEALTH



I'VE GOT HIV, BUT MY LIFE ISN'T OVER, IT'S JUST BEGUN...

