



the parent ♥ child  
interaction center ♥ LLC

## TIME-OUT STICKER CHART

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Your child receives one sticker for each half-day that they do the following:

- 1) Receive no time-outs
- 2) Accept time-out (example: walk to time-out, stay in time-out)

Each day that your child receives 2 stickers, reward with one of the following:

- 1) Piece of candy
- 2) Small mystery toy
- 3) Special time with you (example: you will play a video game with your child, take your child for a special walk, watch a TV program with your child, play "go fish" with your child, or provide 5 extra minutes of special playtime)
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_

Each week, add up the stickers. If your child receives \_\_\_\_ stickers, you will give your child one of these larger rewards (example: \$2, movie, restaurant, McDonald's playground, sleepover):

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_