



Fun in the Sun Beach Day Checklist

	Beach Gear		Food & Drink		Other Items
	Swim Suits		Water - Lots of it!		Tank full of gasoline
	Towels		Juice Boxes		iPods for the drive
	Sun Screen		Soft Drinks for Mom & Dad		Books for the drive
	Hats		Fruit Tray (Grapes, Melon)		Camera
	Sand Toys		Buns / Wraps / Baguettes		Video Camera
	Balls, Frisbees, Water Toys		Cheese		Dry clothes for after swimming
	Deck of Cards		Assorted Cold Cuts		Undergarments
	Life Jacket or Floaties		Crackers		Cash for parking & snack bar
	Goggles		Hummus or Other Dip		Pajamas for a late drive home
	Beach Blanket		Assorted Nuts		Cooler
	Crocs or Flip Flops		Baby Carrots		Sturdy bag for other food
	Sweaters for an evening walk		Pretzels		Basket for beach & water toys
			Granola Bars		Ice for the cooler
			Mini Muffins or Cup Cakes		

Getting all these items prepared and packed the day before helps us get an early start to our adventures when the schedule is free and the hot weather is in the forecast. I put as much as I can right in the car the night before and just save the refrigerated and frozen items to pop in the cooler at the last minute.

We always start our trip with a drive-through coffee shop stop for breakfast to get the fun started and avoid the delay of making, eating, and cleaning up from breakfast.

Dinner? We just pack plenty of cold cuts, breads and snacks. Sometimes we feel like going out for dinner in the town we are visiting, other times we head home in time for dinner, but most often the kids are just happy to keep grazing on the remaining lunch items and snacks with a top-up of fries from the snack bar.

Hope you feel organized & inspired for an easy, fun, classic summer adventure with your gang!