



www.ohbabyfitness.com

Phone: 888-264-1782

Fax: 888-966-0408

Oh Baby! Fitness' Medical Consent Policy

Oh Baby! Fitness REQUIRES ALL pregnant women and new moms whose babies are less than 12 weeks old to present a completed Medical Consent Form to participate in any Oh Baby! Fitness class.

MEDICAL CONSENT FORM

I, _____, am aware that _____ wishes
[print caregiver's name] [print participant's name]

to participate in an Oh Baby! Fitness exercise class.

I know of no reason why she should not participate.

Caregiver's Signature: _____

Date: _____

Caregiver's Phone #: _____

Please note any special restrictions here: _____

Please bring this completed medical consent form to your first Oh Baby! Fitness class or upload to your profile on our website. Only one form needed for entire pregnancy or mom & baby classes, unless a change in health occurs. New consent form needed for each new pregnancy and after birth of baby to participate in mom & baby class. Doctors/caregivers can fax consent forms to 888-966-0408