

Jo Mar Laboratories

AMINO ACID TASTE CHART

(An unofficial guide)

AMINO ACID	GOOD-SWEET	NEUTRAL	BAD
L-Alanine	sweet		
Alpha Keto Glutaric Acid			extra acidic - sour
L-Arginine			bitter
L-Arginine Pyroglutamate			salty
L-Asparagine	tasteless		
L-Aspartic Acid		tangy	
Acetyl L-Carnitine CL			sour
L-Carnitine	sweetish		
L-Carnosine		bland slight bitter	
L-Citrulline		bland sweet salty	
Chondroitin Sulfate		salty	
Creatine Monohydrate		bland	
L-Cysteine Anhydrous Hcl			extra sour sulphur
N-Acetyl L-Cysteine			tangy sour sulphur
L-Cystine		bland	
GABA	tangy-sweet		
Glucosamine Sulfate			bitter sweet salty
L-Glutamic Acid	sweet-sour		
L-Glutamine		extra bland	
Glutathione (Tri-peptide)			sour sulphur
Glycine	extra sweet		
L-Histidine			bitter
Inosine			bitter
L-Isoleucine			very bitter
L-Leucine		bitter	
L-Lysine HCL		salty-bitter	
L-Methionine		bitter-tangy	
Organic Sulphur (MSM)		bitter	
L-Ornithine HCL	tangy-sweet		
L-Phenylalanine			bitter
DL-Phenylalanine	sweet-tasty		
L-Proline		sweet-bitter	
L-Serine	extra sweet		
Taurine		sour	
L-Threonine		bland-sweet	
L-Tryptophan		bitter	
L-Tyrosine		bland	
L-Valine			bitter-sweet

Formulas:

21 Blend			sweet-sour-sulphur
Glutathione Blend			tangy- sweet-sour
GR			bitter-sour
GR # 2		tangy-sweet	
BCAA			bitter
Balancer	sweetish-tasty		
H-7		bitter-bland	
WAC	sweetish-tasty		
Alcohol Protection			extra sour-bitter
Joint Formula		bland-salty	