



Hill's Body Fat Index (BFI) Risk Chart for Dogs

3 steps to determine ideal weight

- 1** Weigh the pet
- 2** Determine the pet's BFI risk category using images and descriptors below
- 3** Establish ideal weight using current weight & the risk category on the table below

20	16-25% body fat	30	26-35% body fat	40	36-45% body fat	50	46-55% body fat	60	56-65% body fat	70	>65% body fat
Low risk		Mild risk		Moderate risk		Serious risk		Severe risk		Extreme risk	
Ribs Slightly prominent. Easily felt. Thin fat cover.		Ribs Slightly to not prominent. Can be felt. Moderate fat cover.		Ribs Not prominent. Very difficult to feel. Thick fat cover.		Ribs Not prominent. Extremely difficult to feel. Very thick fat cover.		Ribs Not prominent. Impossible to feel. Extremely thick fat cover.		Ribs Unidentifiable. Impossible to feel. Extremely thick fat cover.	
Shape from above Well proportioned lumbar waist.		Shape from above Detectable lumbar waist.		Shape from above Loss of lumbar waist, broadened back.		Shape from above Markedly broadened back.		Shape from above Extremely broadened back.		Shape from above Extremely broadened back, bulging mid-section.	
Shape from the side Abdominal tuck present.		Shape from the side Slight abdominal tuck.		Shape from the side Flat to bulging abdomen.		Shape from the side Marked abdominal bulge.		Shape from the side Severe abdominal bulge.		Shape from the side Very severe abdominal bulge.	
Shape from behind Clear muscle definition, smooth contour.		Shape from behind Losing muscle definition, rounded appearance.		Shape from behind Rounded to square appearance.		Shape from behind Square appearance.		Shape from behind Square appearance.		Shape from behind Irregular or upside down pear shape.	
Tail base bones Slightly prominent. Easily felt.		Tail base bones Slightly to not prominent. Can be felt.		Tail base bones Not prominent. Very difficult to feel.		Tail base bones Not prominent. Extremely difficult to feel.		Tail base bones Not prominent. Impossible to feel.		Tail base bones Unidentifiable.	
Tail base fat Thin fat cover.		Tail base fat Moderate fat cover.		Tail base fat Thick fat cover. May have a small fat dimple.		Tail base fat Very thick fat cover. Fat dimple or fold present.		Tail base fat Extremely thick fat cover. Large fat dimple or fat fold.		Tail base fat Extremely thick fat cover. Large fat folds or pads.	

Current weight (kg)	Ideal body weight (kg)					
	20% body fat	30% body fat	40% body fat	50% body fat	60% body fat	70% body fat
4	4.0	3.5	3.0	2.5	2.0	1.5
5	5.0	4.4	3.8	3.1	2.5	1.9
6	6.0	5.3	4.5	3.8	3.0	2.3
7	7.0	6.1	5.3	4.4	3.5	2.6
8	8.0	7.0	6.0	5.0	4.0	3.0
9	9.0	7.9	6.8	5.6	4.5	3.4
10	10.0	8.8	7.5	6.3	5.0	3.8
12	12.0	10.5	9.0	7.5	6.0	4.5
14	14.0	12.3	10.5	8.8	7.0	5.3
16	16.0	14.0	12.0	10.0	8.0	6.0
18	18.0	15.8	13.5	11.3	9.0	6.8
20	20.0	17.5	15.0	12.5	10.0	7.5
22	22.0	19.3	16.5	13.8	11.0	8.3
24	24.0	21.0	18.0	15.0	12.0	9.0
26	26.0	22.8	19.5	16.3	13.0	9.8
28	28.0	24.5	21.0	17.5	14.0	10.5
30	30.0	26.3	22.5	18.8	15.0	11.3
33	33.0	28.9	24.8	20.6	16.5	12.4
36	36.0	31.5	27.0	22.5	18.0	13.5
39	39.0	34.1	29.3	24.4	19.5	14.6
42	42.0	36.8	31.5	26.3	21.0	15.8
45	45.0	39.4	33.8	28.1	22.5	16.9
48	48.0	42.0	36.0	30.0	24.0	18.0
51	51.0	44.6	38.3	31.9	25.5	19.1
55	55.0	48.1	41.3	34.4	27.5	20.6
59	59.0	51.6	44.3	36.9	29.5	22.1
63	63.0	55.1	47.3	39.4	31.5	23.6
67	67.0	58.6	50.3	41.9	33.5	25.1
71	71.0	62.1	53.3	44.4	35.5	26.6
75	75.0	65.6	56.3	46.9	37.5	28.1
79	79.0	69.1	59.3	49.4	39.5	29.6

Ideal body weights are calculated using current weight. Body Fat Index may vary slightly by breed and individual.



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