

# Discharge Summary For Newborn

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**Newborn Name:** Baby Girl Doe

**Mother's Name:** Jane Doe

**Patient ID:** 4567890123

**Date of Birth:** October 10, 2024

**Discharge Date:** October 13, 2024

**Attending Pediatrician:** Dr. Sarah Lee

**Hospital Name:** Community Health Hospital

## **Reason for Admission:**

Normal spontaneous vaginal delivery at 38 weeks gestation.

## **Birth History:**

- Gestational Age: 38 weeks
- Birth Weight: 3200 grams
- Birth Length: 50 cm
- Apgar Scores: 8 at 1 minute, 9 at 5 minutes

## **Hospital Course:**

Baby Doe remained with mother throughout the hospital stay, breastfeeding initiated within the first hour post-delivery. The baby was observed for routine newborn care, including metabolic screening and hearing tests, all of which were normal. No significant jaundice observed. Baby and mother trained for successful breastfeeding.

## **Condition at Discharge:**

Stable – Baby is feeding well on breast milk, has normal stool and urine output, and no complications noted.

**Feeding:**

Exclusive breastfeeding on demand, approximately every 2-3 hours.

**Medications:**

Vitamin D supplementation 400 IU daily.

**Allergies:**

No known allergies.

**Follow-up Care:**

- Pediatric follow-up appointment with Dr. Sarah Lee on October 20, 2024, at Community Pediatric Clinic.
- Schedule further routine immunizations per pediatric immunization guidelines.

**Home Care Instructions:**

- Continue breastfeeding on demand.
- Monitor for signs of dehydration (fewer than six wet diapers in 24 hours).
- Check daily for any signs of jaundice.
- Keep the newborn warm and practice safe sleeping guidelines.

**Safety Measures:**

- Follow SIDS prevention guidelines: Place the baby on her back to sleep, use a firm sleep surface, keep soft objects away from the sleeping area.
- Ensure a smoke-free environment.

**Instructions for Emergency:**

- Contact a pediatrician if the baby shows signs of lethargy, refuses to feed, has a fever above 100.4°F, or if there are any concerns about breathing.

**Summary of Counseling Provided to Parent(s):**

Parents were educated about newborn care including feeding, sleeping, hygiene, and signs of illness. They were also informed about postpartum care for the mother.

**Copy to:**

- Primary Care Pediatrician
- Obstetrician