

# Birthstone Chart

Month	Traditional Birthstone Colour	Traditional Birthstone	Healing Stone Properties	Semi-Precious Birthstone Colour	Semi-Precious Gemstones	Healing Stone Properties
January	Deep Red	Garnet	Promotes vitality, memory and positive energy	Soft Pink	Rose Quartz	Promotes love, strengthens friendships and opens the mind to beauty
February	Purple	Amethyst	Promotes peace and clarity, improves concentration	White	Onyx	Promotes harmony, increases stamina and self confidence
March	Light Aqua Blue	Aquamarine	Promotes peace and gentleness in relationships and love	Dark Red	Bloodstone	Promotes courage, creativity and understanding
April	Clear	Diamond	Promotes wisdom, enlightenment and self-confidence	Clear	Quartz	Promotes calmness, relaxation and enlightenment
May	Emerald Green	Emerald	Promotes hope, enlightenment and perceptiveness	Apple Green	Chrysoprase	Promotes calmness and clarity of thought
June	White Luster	Pearl	Promotes wisdom and contentment	White Luster	Moonstone	Promotes love and sensitivity.
July	Red	Ruby	Promotes good luck, love and encouragement	Orange	Carnelian	Promotes vitality, courage and stability
August	Olive Green	Peridot	Promotes peace, happiness and vitality	Orange & White	Sardonyx	Promotes optimism and confidence
September	Royal Blue	Sapphire	Promotes faith, loyalty and willpower	Indigo Blue	Lapis Lazuli	Promotes inspiration, strength and wisdom
October	White Luster	Opal	Promotes inner harmony, luck and soothes the psyche	Pink or Green	Tourmaline	Promotes unity, tranquility and relaxation
November	Golden Yellow	Yellow Topaz	Promotes calmness, joy and optimism	Pale Yellow	Citrine	Promotes individuality, self confidence and determination
December	Pale Turquoise Blue	Blue Topaz	Promotes self expression and artistic inspiration	Turquoise Blue	Turquoise	Promotes optimism, self confidence and endurance