



CAMPING FOOD CHECKLIST

www.ThePassportKids.com

DAY 1 MEAL PLAN

BREAKFAST

- Eggs & Bacon/Breakfast Sausage
- Fruit
- Coffee/Tea
- Milk/Juice

LUNCH

- Sandwiches
- Veggies & Dip
- Fruit

SUPPER

- Hamburgers
- Potato Salad
- Veggies & Dip
- Fruit

DAY 2 MEAL PLAN

BREAKFAST

- Muffins & Yogurt
- Fruit
- Coffee/Tea
- Milk/Juice

LUNCH

- Smokies / Sausage
- Veggies & Dip
- Fruit

SUPPER

- BBQ Chicken
- Pork & Beans
- Salad (Green or Coleslaw)
- Fruit

DAY SNACKS

- Veggies & Dip
- Fruit
- Granola Bars, Chips, Trail Mix, etc

CAMPFIRE SNACKS

- S'mores
- Banana Boats
- Campfire Pies
- Campfire Popcorn
- Hotdogs



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DRY FOOD

- ☐ Hotdog Buns
- ☐ Hamburger Buns
- ☐ Sandwich Bread / Buns
- ☐ Muffins
- ☐ Chips
- ☐ Trail Mix or Nuts
- ☐ Granola Bars
- ☐ Campfire Popcorn
- ☐ Candy Snacks
- ☐ S'mores - Graham Crackers, Marshmallows, Chocolate

MEAT

- ☐ Hamburgers
- ☐ Hotdogs
- ☐ Bacon or Breakfast Sausage
- ☐ Lunch Meat
- ☐ Chicken
- ☐ Smokies or Sausages

- If possible, freeze any meat that you can this will help with keeping things fresh and act as ice packs in your cooler.

FRUITS & VEGETABLES

- ☐ Apples / Oranges / Pears
 - ☐ Bananas * Good for Banana Boats
 - ☐ Pre-Cut Veggies - carrots, broccoli, etc.
 - ☐ Cucumber
 - ☐ Lettuce
 - ☐ Tomatoes
 - ☐ Premade Potato Salad, Coleslaw, etc
 - ☐ Veggie Dip
- Try for fruits that have a peel so you don't need to be washed and/or fruit that can get bumped around and durable.
 - Pre-cut and wash all veggies if you can prior to going camping

DAIRY

- ☐ Milk
- ☐ Butter
- ☐ Eggs
- ☐ Cheese Slices
- ☐ Yogurt



CONDIMENTS & MISC.

- ## DRINKS

- Use cans, boxes or bottles to make it easier for camping. Most campgrounds have recycling services.

YOUR EXTRAS

[illegible]