



CAMPING FOOD CHECKLIST

www.ThePassportKids.com

DAY 1 MEAL PLAN

BREAKFAST

- Eggs & Bacon/Breakfast Sausage
- Fruit
- Coffee/Tea
- Milk/Juice

LUNCH

- Sandwiches
- Veggies & Dip
- Fruit

SUPPER

- Hamburgers
- Potato Salad
- Veggies & Dip
- Fruit

DAY 2 MEAL PLAN

BREAKFAST

- Muffins & Yogurt
- Fruit
- Coffee/Tea
- Milk/Juice

LUNCH

- Smokies / Sausage
- Veggies & Dip
- Fruit

SUPPER

- BBQ Chicken
- Pork & Beans
- Salad (Green or Coleslaw)
- Fruit

DAY SNACKS

- Veggies & Dip
- Fruit
- Granola Bars, Chips, Trail Mix, etc

CAMPFIRE SNACKS

- S'mores
- Campfire Popcorn
- Banana Boats
- Hotdogs
- Campfire Pies



CAMPING FOOD CHECKLIST

www.ThePassportKids.com

DRY FOOD

- Hotdog Buns
- Hamburger Buns
- Sandwich Bread / Buns
- Muffins
- Chips
- Trail Mix or Nuts
- Granola Bars
- Campfire Popcorn
- Candy Snacks
- S'mores - Graham Crackers, Marshmallows, Chocolate

MEAT

- Hamburgers
- Hotdogs
- Bacon or Breakfast Sausage
- Lunch Meat
- Chicken
- Smokies or Sausages

- If possible, freeze any meat that you can this will help with keeping things fresh and act as ice packs in your cooler.

FRUITS & VEGETABLES

- Apples / Oranges / Pears
- Bananas * Good for Banana Boats
- Pre-Cut Veggies - carrots, broccoli, etc.
- Cucumber
- Lettuce
- Tomatoes
- Premade Potato Salad, Coleslaw, etc
- Veggie Dip

- Try for fruits that have a peel so you don't need to be washed and/or fruit that can get bumped around and durable.
- Pre-cut and wash all veggies if you can prior to going camping

DAIRY

- Milk
- Butter
- Eggs
- Cheese Slices
- Yogurt

