

VELS	Year	Blueprint	MIPs and MIPs Best Practice Framework
Level 6 – Physical, Personal and Social Learning Personal Learning Strand – Dimension: Manage Personal Learning	9, 10	Phase 2 (A) Personal Management 3.2 Learn to respond to change and growth	MIPs Aim: Develop Skills to manage their pathways throughout their working lives Best Practice Framework 3: Pathways and Planning Process

PERSONAL TIMELINE AND VOCATIONAL TREE

Teachers' notes

Outcome

Identify factors that influence career options.

Rationale

One of the major influences of student decisions on vocational pathways is that of family and friends.

Many events happen during our lives which play an important role in shaping the way we are today and often affect our career choices.

Task description

1. Teacher facilitates general whole-class discussion on timelines and outlines the requirements of the 'My personal timeline' and 'Family and friends vocational tree' worksheets and the instructions for completing the research.
2. Students individually complete the 'Family and friends vocational tree' over approximately a week.

As some students may come from a background of prolonged unemployment, the activity should be discussed with the students individually. If students wish to keep this information confidential or private, the teacher should respect this decision.

Both of the worksheets can form part of the student's portfolio and contribute to a student's MIPs plan.

Extension activities and Local Standards

- Students can complete a 'preferred future' vocational tree planner for themselves, or investigate someone they admire, for example a sports person, musician, or actor, and look for some similarities to their own background.
- Students may take the completed worksheets to a career counselling session with the school psychologist/career counsellor if they wish.
- Family members or friends may be invited to the class to give a talk about the work they have done and how it has changed over the years.
- Invite a local psychologist, school nurse, welfare coordinator or rehabilitation counselor to talk to the students about the effects of stress and/or injury on mental and physical well being.

Suggested resources

- Copies of 'My personal timeline' and 'Family and friends vocational tree' worksheets and instructions for completing the research
- A3 paper, textas, scissors, magazines and glue for timeline design
- myfuture website at <http://www.myfuture.edu.au>
- Job Guide – in print (Section 1) or online at <http://jobguide.dest.gov.au/>
- MindMatters website at <http://online.curriculum.edu.au/mindmatters/>

Career competencies

This activity links to the Identifying step in <http://myfuture.edu.au>.

Personal Timeline and Vocational Tree - Instructions

My personal timeline

There are many different personal experiences that make up individual lives – experiences that, at the time, affect our feelings and attitudes about many things.

Listing major events on a separate piece of paper first may help you, for example starting school, the birth of a brother or sister, learning to walk and talk, moving home or overseas travel.

Record the events – both positive and negative – along either side of a vertical line which represents your own life from birth to the present. This can remain confidential if you wish.

Remember it is important to keep the events in your timeline in the correct order – complete it as things actually happened.

Family and friends vocational tree

You usually have the opportunity to observe and learn from the vocational pathways of your family members and close friends or friends of the family, and their choices will often influence yours.

Complete a vocational tree and list the various types of work the members of your family and friends have had.

To do this, you may need help from your family, or you may need to contact others.

In your research, try to include:

- all employment your family members and friends have had (some may have had more than one type of work)
- the educational and training levels of each family member and friend
- unpaid work, such as household duties, if one of your parents takes care of cooking meals, cleaning, washing and looking after the house.

Personal timeline and vocational tree

Activity 1: My personal timeline

On the back of this sheet, draft out a personal timeline of significant events in your life. Some ideas for your personal timeline can include

Your Name

Your Date of Birth

Your Place Of Birth

Your Mum And Dads Names & Occupations At The Time Of Your Birth

Your Brothers And Sisters

Any Places You Have Lived Or Traveled To

Your Kindergarten Friends

Your Primary School Friends

Any Sporting Interests Or Achievements

Any Creative Interests, Achievements Or Performances

Any Positive Things That Have Happened In Your Life *Any Negative Things That Have Happened In Your Life*

When you are happy with your draft, transfer your timeline onto a large sheet of paper. You can be as creative as you want – you can draw, write, create a collage etc.

Personal timeline and vocational tree

Activity 2: My Family and Friends Vocational Tree

My name: _____

Use this to draft out your family or friends Vocational Tree. When you are happy, write it out on a A3 poster. Be as creative as you like. You may wish to include photos, pictures, downloads etc.

My family and friends vocational tree

Note: If you wish, you may discuss this information with your teacher or friends, or you can keep it to yourself.

1. Carefully examine your vocational tree. Do any patterns emerge? What are they?

2. Are there reasons for the patterns? What are they?

3. Does your family expect you to choose a particular occupation? If so, what is the occupation and how strongly does your family feel about this?

4. What effects are these patterns and family expectations likely to have on your choice of occupation?

