

CAREER ASSESSMENT GUIDE ACTIVITY

Directions: The following pages contain an alternate interest inventory. These activities may be more appropriate for students who have previously taken "People, Data, Things and Ideas."

This activity needs to be preceded with a discussion on the concepts of career planning and the importance of self-assessment in the process. As with all interest inventories, this is not a test to tell anyone what they should or should not choose for an occupation. Interest inventories and activities are tools to help students organize and clarify their perceptions about themselves.

The following activity is based on the Guide for Occupational Exploration originally published by the U.S. Department of Labor. You do NOT need the book for the following activities. If you do have one available, you may want to refer to it during your class presentations.

The purpose of the Career Assessment Guide is to help students see themselves in relation to career areas. The twelve career interest areas correspond to the interest factors identified from research in interest measurements conducted by the U.S. Employment Service. Each of the twelve interest areas is further divided into 66 work groups based on similar capabilities of the worker.

This interest-driven activity will help students to better relate their likes, abilities, personality, and work values to a career area. As the students finish the exercise, instruct them to explore their career interest area further by finding the corresponding career cluster in *Career Choices in NC*. The career clusters that relate to each career interest area are listed on the worksheet.

"Choices Not Chances" is the summary activity for the Career Assessment Guide and a possible addition to a student's portfolio.

Directions:

1. Read the description of the twelve interest areas.
2. For each interest area, check each space under interests, skills, and personality/temperaments that describes YOU!
3. Total your checks for each interest area in the Total ✓ 's column.
4. Look in *Career Choices in NC*, Career Briefs to find further information about careers that interest you.
5. Fill out Choices not Chances.

The 12 Career Interest Areas can help you match your interests with possible careers. Each Career Interest Area has hundreds of occupations. People change careers several times during their life, and many jobs are created every year. By selecting the Career Interest Area that suits you best, you can be ready for the changing world of work. (NOTE: See the Guide for Occupational Exploration, which is categorized by the corresponding numerical digit for further information about each interest area and subgroup.)

ARTISTIC – 01		BUSINESS DETAIL - 07	
Literary Arts	01.01	Interviewing, Admin. Det.	07.01
Visual Arts	01.02	Mathematical Detail	07.02
Performing Arts/Drama	01.03	Financial Detail	07.03
Performing Arts/Music	01.04	Oral Communications	07.04
Performing Arts/Dance	01.05	Coordinating & Sched.	07.05
Craft Arts	01.06	Clerical Machine Oper.	07.06
Elemental Arts	01.07	Clerical Handling	07.07
Modeling	01.08		
SCIENTIFIC – 02		SELLING - 08	
Physical Sciences	02.01	Technical Sales	08.01
Life Sciences	02.02	General Sales	08.02
Medical Sciences	02.03	Vending	08.03
Laboratory Technology	02.04		
PLANTS & ANIMALS – 03		ACCOMMODATING - 09	
Managerial Work	03.01	Hospitality Service	09.01
General Supervision	03.02	Barber & Beauty Ser	09.02
Animal Training/Service	03.03	Passenger Services	09.03
Elemental Work/ Pl.&An.	03.04	Customer Services	09.04
		Attendant Services	09.05
PROTECTIVE – 04		HUMANITARIAN - 10	
Safety & Law Enforcement	04.01	Social Services	10.01
Security Service	04.02	Nursing/Therapy/ Special Teaching	10.02
		Child/Adult Care	10.03
MECHANICAL – 05		LEADING/INFLUENCING - 11	
Engineering	05.01	Mathematics/Statistics	11.01
Managerial Work	05.02	Education/Library Ser.	11.02
Engineering Technology	05.03	Social Research	11.03
Air/Water Vehicle Oper.	05.04	Law	11.04
Craft Technology	05.05	Business Administration	11.05
Systems Operation	05.06	Finance	11.06
Quality Control	05.07	Services Administration	11.07
Land/Water Vehicle Op.	05.08	Communications	11.08
Material Control	05.09	Promotion	11.09
Crafts	05.10	Regulation Enforcement	11.10
Equipment Operation	05.11	Business Management	11.11
Elemental Work/Mech.	05.12	Contracts & Claims	11.12
INDUSTRIAL – 06		PHYSICAL PERFORMING - 12	
Production Technology	06.01	Sports	12.01
Production Work	06.02	Physical Feats	12.02
Quality Control	06.03		
Elemental Work/Ind.	06.04		

CAREER ASSESSMENT GUIDE

ARTISTIC – 01	INTERESTS What you enjoy	ABILITIES What you can do or will develop	
People who choose artistic careers have an interest in creative expression of feelings or ideas. You can satisfy this interest in several of the creative or performing arts fields including literary, visual, performing, or crafts.	<input type="checkbox"/> writing <input type="checkbox"/> photography <input type="checkbox"/> dance <input type="checkbox"/> music <input type="checkbox"/> drama <input type="checkbox"/> TOTAL	<input type="checkbox"/> perform before an audience <input type="checkbox"/> express ideas in writing <input type="checkbox"/> compose music <input type="checkbox"/> photograph, ideograph <input type="checkbox"/> express ideas using computer software <input type="checkbox"/> TOTAL	
PERSONALITY What describes you	WORK VALUES What is important to you	TOTAL	CAREER CLUSTERS TO CONSIDER
<input type="checkbox"/> creative <input type="checkbox"/> artistic <input type="checkbox"/> expressive <input type="checkbox"/> versatile <input type="checkbox"/> inventive <input type="checkbox"/> TOTAL	<input type="checkbox"/> creativity <input type="checkbox"/> flexible hours <input type="checkbox"/> independence <input type="checkbox"/> public attention <input type="checkbox"/> recognition <input type="checkbox"/> TOTAL	<input type="checkbox"/>	Writers, Artists, Entertainers, Communications, Specialists, Athletes, Engineers, Surveyors and architects
SCIENTIFIC – 02	INTERESTS What you enjoy	ABILITIES What you can do or will develop	
People who have an interest in scientific careers enjoy discovering, collecting, and analyzing information. This includes research and development of new knowledge in mathematics, physical or life sciences, medicine and veterinary medicine.	<input type="checkbox"/> collecting data <input type="checkbox"/> analyzing information <input type="checkbox"/> science projects and experiments <input type="checkbox"/> using a microscope <input type="checkbox"/> performing first aid or medical treatment <input type="checkbox"/> TOTAL	<input type="checkbox"/> use logic to deal with many kinds of problems <input type="checkbox"/> use chemical formulas <input type="checkbox"/> follow technical instructions <input type="checkbox"/> use measurable data to make decisions <input type="checkbox"/> use laboratory equipment <input type="checkbox"/> TOTAL	
PERSONALITY What describes you	WORK VALUES What is important to you	TOTAL	CAREER CLUSTERS TO CONSIDER
<input type="checkbox"/> inquisitive <input type="checkbox"/> logical <input type="checkbox"/> organized <input type="checkbox"/> reliable <input type="checkbox"/> structured <input type="checkbox"/> TOTAL	<input type="checkbox"/> helping others <input type="checkbox"/> intellectual <input type="checkbox"/> stimulation <input type="checkbox"/> prestige <input type="checkbox"/> research work <input type="checkbox"/> recognition <input type="checkbox"/> TOTAL	<input type="checkbox"/>	Natural, Computer & Mathematical Scientists, Health Professionals & Technicians

PLANTS & ANIMALS – 03	INTERESTS What you enjoy	ABILITIES What you can do or will develop	
People involved in plants and animals occupations have an interest in activities involving plants and animals, usually in an outdoor setting. This can be done by working in farming, forestry, fishing, or training and caring for animals. With management skills, one could own, operate, or manage farms or related businesses or services.	<input type="checkbox"/> being outdoors <input type="checkbox"/> cultivating <input type="checkbox"/> harvesting <input type="checkbox"/> training animals <input type="checkbox"/> bathing/rooming pets <input type="checkbox"/> caring for animals <input type="checkbox"/> TOTAL	<input type="checkbox"/> use tools & equipment <input type="checkbox"/> perform strenuous activities <input type="checkbox"/> understand & apply procedures <input type="checkbox"/> follow instructions exactly <input type="checkbox"/> perform duties requiring manual dexterity <input type="checkbox"/> TOTAL	
PERSONALITY What describes you	WORK VALUES What is important to you	TOTAL	CAREER CLUSTERS TO CONSIDER
<input type="checkbox"/> patient <input type="checkbox"/> endure outdoor work <input type="checkbox"/> empathetic with animals <input type="checkbox"/> accurate <input type="checkbox"/> factual <input type="checkbox"/> TOTAL	<input type="checkbox"/> adventure <input type="checkbox"/> independence <input type="checkbox"/> leadership <input type="checkbox"/> environmental work <input type="checkbox"/> seasonal work <input type="checkbox"/> TOTAL	_____	Agriculture, Fish & Forestry Workers
PROTECTIVE - 04	INTERESTS What you enjoy	ABILITIES What you can do or will develop	
People in protective occupations have an interest in using authority to protect people and property. You can satisfy this interest by working in law enforcement, fire fighting, and related fields. You may enjoy mental challenge, intrigue, and investigation of crimes or fires. Some examples include security guard, warden, park ranger, or custom officer.	<input type="checkbox"/> helping people or leading a group activity <input type="checkbox"/> safeguarding/defending people's property <input type="checkbox"/> working with the public's needs <input type="checkbox"/> handling emergency situations <input type="checkbox"/> TOTAL	<input type="checkbox"/> work under pressure <input type="checkbox"/> work with laws & regulations <input type="checkbox"/> think clearly and react quickly in emergencies <input type="checkbox"/> deal with various people <input type="checkbox"/> keep physically fit <input type="checkbox"/> TOTAL	
PERSONALITY What describes you	WORK VALUES What is important to you	TOTAL	CAREER CLUSTERS TO CONSIDER
<input type="checkbox"/> responsive to others' needs <input type="checkbox"/> inquisitive <input type="checkbox"/> helpful toward other people <input type="checkbox"/> a leader <input type="checkbox"/> understanding <input type="checkbox"/> TOTAL	<input type="checkbox"/> adventure <input type="checkbox"/> authority <input type="checkbox"/> public contact <input type="checkbox"/> leadership <input type="checkbox"/> community service <input type="checkbox"/> TOTAL	_____	Service Occupations

MECHANICAL – 05	INTERESTS What you enjoy	ABILITIES What you can do or will develop	
People in mechanical occupations enjoy applying mechanical principals to practical situations using machines, hand tools, or techniques. You may enjoy working with ideas about things that would lead to choices in engineering and technical fields. Working directly with things would lead to occupations in crafts, trades, building or repairing objects. This category also includes interests in driving or operating vehicles, mining or construction.	<input type="checkbox"/> building models <input type="checkbox"/> fixing broken items <input type="checkbox"/> using tools <input type="checkbox"/> designing, sketching, drafting <input type="checkbox"/> construction projects <input type="checkbox"/> TOTAL	<input type="checkbox"/> perform detailed work with accuracy <input type="checkbox"/> use blueprints <input type="checkbox"/> measure, cut and work on materials <input type="checkbox"/> repair or adjust TVs, radios, or phones <input type="checkbox"/> solve math problems with ease <input type="checkbox"/> TOTAL	
PERSONALITY What describes you	WORK VALUES What is important to you	TOTAL	CAREER CLUSTERS TO CONSIDER
<input type="checkbox"/> inquisitive about how things operate <input type="checkbox"/> creative <input type="checkbox"/> resourceful with materials or methods <input type="checkbox"/> prefer to work with your hands <input type="checkbox"/> mathematical <input type="checkbox"/> TOTAL	<input type="checkbox"/> work with machines or equipment <input type="checkbox"/> work with numbers <input type="checkbox"/> creativity <input type="checkbox"/> variety of duties <input type="checkbox"/> work with hands <input type="checkbox"/> TOTAL	_____	Engineers, Surveyors, and Architects. Other Technologists and Technicians. Construction and Extractive Workers
INDUSTRIAL - 06	INTERESTS What you enjoy	ABILITIES What you can do or will develop	
People with an interest in industrial occupations enjoy repetitive, concrete, organized activities in a factory setting. This includes the mass production of goods, manual work, operating and taking care of machinery. This can also lead to positions in setting up machinery and equipment and supervising other workers.	<input type="checkbox"/> assembling products or things <input type="checkbox"/> operating machinery <input type="checkbox"/> repetitive activities <input type="checkbox"/> working with your hands and with hand tools <input type="checkbox"/> TOTAL	<input type="checkbox"/> use eyes & hands to do precise work <input type="checkbox"/> read and follow directions to assemble something <input type="checkbox"/> operate mechanical equipment <input type="checkbox"/> apply math skills to count, measure, or keep records <input type="checkbox"/> follow instructions precisely <input type="checkbox"/> TOTAL	
PERSONALITY What describes you	WORK VALUES What is important to you	TOTAL	CAREER CLUSTERS TO CONSIDER
<input type="checkbox"/> prefer to work with machines rather than people <input type="checkbox"/> prefer limited public contact <input type="checkbox"/> prefer indoors <input type="checkbox"/> action oriented <input type="checkbox"/> steadfast and strong <input type="checkbox"/> TOTAL	<input type="checkbox"/> physical work routine <input type="checkbox"/> work with hands <input type="checkbox"/> work with machines and equipment <input type="checkbox"/> active workplace <input type="checkbox"/> TOTAL	_____	Production Working Occupations Precision Production Occupations <input type="checkbox"/> TOTAL

BUSINESS DETAIL – 07	INTERESTS What you enjoy	ABILITIES What you can do or will develop	
People in business detail occupations have an interest in organized, clearly defined activities requiring accuracy and attention to details, primarily in an office setting. The variety of interests and occupations include billing, computing or financial record keeping, telephone services, supervision of others, and operation of business machines such as computers and cash registers.	<input type="checkbox"/> organizing papers and files <input type="checkbox"/> computing costs and other calculations <input type="checkbox"/> keeping records <input type="checkbox"/> typing letters, papers, and lists <input type="checkbox"/> answering telephones & greeting people TOTAL	<input type="checkbox"/> accurate with basic math <input type="checkbox"/> operate business machines <input type="checkbox"/> speak and write clearly and accurately <input type="checkbox"/> follow procedures <input type="checkbox"/> get along well with coworkers TOTAL	
PERSONALITY What describes you	WORK VALUES What is important to you	TOTAL	CAREER CLUSTERS TO CONSIDER
<input type="checkbox"/> accurate with numbers or files <input type="checkbox"/> logical <input type="checkbox"/> practical <input type="checkbox"/> organized <input type="checkbox"/> pay close attention to details <input type="checkbox"/> TOTAL	<input type="checkbox"/> working with numbers <input type="checkbox"/> organized environment <input type="checkbox"/> routine methods & tasks <input type="checkbox"/> public contact <input type="checkbox"/> working with machines and equipment <input type="checkbox"/> TOTAL	_____	Executive and Administrative Managers. Clerical and Administrative Support Occupations.
SELLING - 08	INTERESTS What you enjoy	ABILITIES What you can do or will develop	
People with an interest in selling occupations enjoy bringing others to a point of view by personal persuasions, using sales and promotional techniques. Sales occupations include an interest in complex technical equipment to sell to stores, offices, and homes This category also includes occupations in legal work, negotiations and advertising.	<input type="checkbox"/> meeting new people <input type="checkbox"/> shopping <input type="checkbox"/> advising people on new products, services or ideas <input type="checkbox"/> demonstrating teaching new skills to others <input type="checkbox"/> negotiating transactions and agreements TOTAL	<input type="checkbox"/> persuade others <input type="checkbox"/> demonstrate or exhibit products <input type="checkbox"/> talk easily with strangers <input type="checkbox"/> assist people in locating the best products or services <input type="checkbox"/> treat people respectfully even in difficult situations TOTAL	
PERSONALITY What describes you	WORK VALUES What is important to you	TOTAL	CAREER CLUSTERS TO CONSIDER
<input type="checkbox"/> outgoing <input type="checkbox"/> extroverted <input type="checkbox"/> friendly <input type="checkbox"/> congenial <input type="checkbox"/> sociable <input type="checkbox"/> TOTAL	<input type="checkbox"/> competition <input type="checkbox"/> flexible hours <input type="checkbox"/> independence <input type="checkbox"/> persuading others <input type="checkbox"/> public contact <input type="checkbox"/> TOTAL	_____	Marketing and Sales Occupations

ACCOMMODATING – 09	INTERESTS What you enjoy	ABILITIES What you can do or will develop	
People in accommodating careers have interests in catering to the wishes and needs of others, usually on a one-on-one basis. Careers in this area include hospitality services such as working in hotels, restaurants, and airplanes. Also included are cosmetology, ticket taking, ushering, and customer service jobs.	<input type="checkbox"/> caring for others <input type="checkbox"/> meeting and greeting people <input type="checkbox"/> trying new hair styles <input type="checkbox"/> working with the public <input type="checkbox"/> serving food <input type="checkbox"/> TOTAL	<input type="checkbox"/> talking easily with strangers <input type="checkbox"/> using math to total costs and make change <input type="checkbox"/> use a variety of hand tools <input type="checkbox"/> give directions and information as needed <input type="checkbox"/> handle emergency situations <input type="checkbox"/> TOTAL	
PERSONALITY What describes you	WORK VALUES What is important to you	TOTAL	CAREER CLUSTERS TO CONSIDER
<input type="checkbox"/> outgoing <input type="checkbox"/> sociable <input type="checkbox"/> responsive to needs of others <input type="checkbox"/> sympathetic <input type="checkbox"/> congenial & friendly <input type="checkbox"/> TOTAL	<input type="checkbox"/> routine methods & tasks <input type="checkbox"/> working with you hands <input type="checkbox"/> creativity <input type="checkbox"/> public contact <input type="checkbox"/> physical work <input type="checkbox"/> TOTAL	_____	Service Occupations
HUMANITARIAN - 10	INTERESTS What you enjoy	ABILITIES What you can do or will develop	
People in humanitarian careers have an interest in helping others with their mental, spiritual, social, physical or vocational concerns. Careers in their area include nursing, therapy, ministry, social services, and auxiliary health care such as aides, orderlies, and technicians.	<input type="checkbox"/> caring for the sick <input type="checkbox"/> listening to a friend’s problems <input type="checkbox"/> teaching religious activities <input type="checkbox"/> community or volunteer services <input type="checkbox"/> TOTAL	<input type="checkbox"/> gain trust & confidence of others <input type="checkbox"/> understand people’s feelings <input type="checkbox"/> define problems and offer solutions <input type="checkbox"/> work fast in an emergency <input type="checkbox"/> communicate with various types of people <input type="checkbox"/> TOTAL	
PERSONALITY What describes you	WORK VALUES What is important to you	TOTAL	CAREER CLUSTERS TO CONSIDER
<input type="checkbox"/> sympathetic and caring <input type="checkbox"/> responsive to needs of others <input type="checkbox"/> helpful to people around you <input type="checkbox"/> cheerful <input type="checkbox"/> TOTAL	<input type="checkbox"/> helping others <input type="checkbox"/> variety of duties <input type="checkbox"/> independence <input type="checkbox"/> influencing others <input type="checkbox"/> creativity <input type="checkbox"/> TOTAL	_____	Social Scientists, Social Workers, Religious Workers, Lawyers, Teachers, Librarians, and Counselors.

<p>LEADING-INFLUENCING– 11</p> <p>People in this group have an interest in leading and influencing others with their verbal or numerical abilities. Careers in this area include teaching, finance, law, social research, public relations, business administration, and management.</p>	<p>INTERESTS What you enjoy</p> <p><input type="checkbox"/> analyze and interpret information</p> <p><input type="checkbox"/> present information to a group</p> <p><input type="checkbox"/> write reports</p> <p><input type="checkbox"/> teach or supervise others</p> <p><input type="checkbox"/> lead activities</p> <p><input type="checkbox"/> TOTAL</p>	<p>ABILITIES What you can do or will develop</p> <p><input type="checkbox"/> direct others’ activities</p> <p><input type="checkbox"/> speak to groups or classes</p> <p><input type="checkbox"/> communicate well, written or verbally</p> <p><input type="checkbox"/> work fast in an emergency</p> <p><input type="checkbox"/> communicate with various types of people</p> <p><input type="checkbox"/> TOTAL</p>	
<p>PERSONALITY What describes you</p> <p><input type="checkbox"/> leader</p> <p><input type="checkbox"/> assertive</p> <p><input type="checkbox"/> self-confident</p> <p><input type="checkbox"/> positive</p> <p><input type="checkbox"/> assistive</p> <p><input type="checkbox"/> TOTAL</p>	<p>WORK VALUES What is important to you</p> <p><input type="checkbox"/> authority</p> <p><input type="checkbox"/> authority</p> <p><input type="checkbox"/> competition</p> <p><input type="checkbox"/> independence</p> <p><input type="checkbox"/> leadership</p> <p><input type="checkbox"/> persuading others</p> <p><input type="checkbox"/> TOTAL</p>	<p>TOTAL</p> <p>_____</p>	<p>CAREER CLUSTERS TO CONSIDER</p> <p>Executive & Administrative Managers, Social Scientists, Social Workers, Religious Workers, Lawyers, Writers, Artists, Entertainers, Communication Specialists, Athletes, Teachers, Librarians & Counselors</p>
<p>PHYSICAL PERFORMING - 12</p> <p>Workers in this group compete in professional athletic or sporting events, coach players, and officiate at games. They also give individual and group instruction, and recruit players for professional collegiate teams or in a recreational settings.</p>	<p>INTERESTS What you enjoy</p> <p><input type="checkbox"/> participating in athletic events</p> <p><input type="checkbox"/> teaching & instructing</p> <p><input type="checkbox"/> physical fitness –</p> <p><input type="checkbox"/> observing</p> <p><input type="checkbox"/> athletic games</p> <p><input type="checkbox"/> coaching</p> <p><input type="checkbox"/> TOTAL</p>	<p>ABILITIES What you can do or will develop</p> <p><input type="checkbox"/> make quick decisions and enforce them</p> <p><input type="checkbox"/> master rules and play accordingly</p> <p><input type="checkbox"/> proficiently play a sport</p> <p><input type="checkbox"/> teach others your skills and abilities</p> <p><input type="checkbox"/> organize individuals into a team</p> <p><input type="checkbox"/> TOTAL</p>	
<p>PERSONALITY What describes you</p> <p><input type="checkbox"/> agile</p> <p><input type="checkbox"/> athletic</p> <p><input type="checkbox"/> quick thinking</p> <p><input type="checkbox"/> organized</p> <p><input type="checkbox"/> team oriented</p> <p><input type="checkbox"/> TOTAL</p>	<p>WORK VALUES What is important to you</p> <p><input type="checkbox"/> authority</p> <p><input type="checkbox"/> competition</p> <p><input type="checkbox"/> recognition</p> <p><input type="checkbox"/> prestige</p> <p><input type="checkbox"/> travel</p> <p><input type="checkbox"/> TOTAL</p>	<p>TOTAL</p> <p>_____</p>	<p>CAREER CLUSTERS TO CONSIDER</p> <p>Writers, Artists, Communication Specialists and Athletes</p>

CAREER ASSESSMENT GUIDE ACTIVITY (Cont.)

RELATED SCHOOL SUBJECTS

Directions: Think about the school subjects you enjoy and do well in. They may lead to possible career choices for you.

If you enjoy and do well in...	Career Interest Area	Occupations to Explore Further
Art	Artistic	Commercial Artist, Designers, Reporters, Architects
Auto Technology	Mechanical Industrial	Mechanics, Auto Body Repairers, Machinist
Business	Business Detail	Tax Preparers, Typist, Secretaries, Receptionists
Carpentry/Wood Technology	Mechanical	Carpenters, Brickmasons, Painters, Roofers
Computer Science	Scientific	Systems Analysts, Technical Writers, Programmers
Drafting/Engineering	Mechanical Industrial	Engineers, Drafters, Surveyors, Engineering Technicians
Foreign Language	Artistic Humanitarian Leading-Influencing	Teachers, Musicians, Home Health Aides, Social Workers
Health/Health Occupations	Scientific Humanitarian	Nurses, Physical Therapists, Dieticians
Home Economics	Accommodating Selling Humanitarian	Child Care Workers, Cooks, Orderlies, Waiters
Horticulture/Agriculture	Plants and Animals Scientific	Biological Technologists, Veterinarians
Industrial Arts	Artistic Mechanical	Photographers, Cabinet Makers
Language Arts/English	Business Detail Selling Humanitarian Leading-Influencing	Writers, Editors, Public Relations Specialists, Advertising Agents
Mathematics	Scientific Mechanical Business Detail Leading-Influencing	Actuaries, Statisticians, Teachers, Financial Managers
Marketing	Selling	Cashiers, Real Estate Agents, Retail Salespersons
Music	Artistic	Composers, Dancers, Choreographers, Musicians
Physical Education	Physical Performing	Athletes, Coaches, Officials
Science	Scientific Humanitarian	Biological Scientists, Chemists, Physicians, Pharmacy Assistants
Social Studies	Protective Leading-Influencing	Police Officers, Lawyers, Paralegals

CAREER ASSESSMENT GUIDE ACTIVITY (Cont.)

CHOICES NOT CHANCES

Directions: Use the Career Assessment Guide to summarize your findings

Summary and Action Plan

1. Career Interest Areas that best suit me at this time are:
(check areas with most ✓'s from worksheet.)

- | | | | |
|--|-------------------------------------|--|---|
| <input type="checkbox"/> Artistic | <input type="checkbox"/> Protective | <input type="checkbox"/> Business Detail | <input type="checkbox"/> Humanitarian |
| <input type="checkbox"/> Scientific | <input type="checkbox"/> Mechanical | <input type="checkbox"/> Selling | <input type="checkbox"/> Leading –
Influencing |
| <input type="checkbox"/> Plants &
Animals | <input type="checkbox"/> Industrial | <input type="checkbox"/> Accommodating | <input type="checkbox"/> Physical
Performing |

2. Occupations and related occupations that interest me are:

3. School subjects that will help me prepare for my career goals are:

4. Skills I will need to develop:

5. Action Plan: Things I need to do:

- Talk to someone working in a career area I am interested in
- Go to career center/library for more information
- Check what places can train me for these choices
- Update my 4-year plan
- Talk to my counselor/EEC about my choices

6. Suggestion: Put this Summary and Action Plan in your career portfolio for further reference.